



## April 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>CALENDAR LEGEND</b> Sign up Required <input checked="" type="checkbox"/> <b>Special Programs</b> <b>Club Room and Elevator Bookings</b> <b>Outings</b> Technology*	<b>ROOM LEGEND</b> A - Alcove B - Bistro CR - Club Room G - Gym GR - Games Room L - Lobby LIB - Library P - Pool SC - Spiritual Centre T - Theatre PDR - Private Dining Room			<b>Dress Up Days</b> <b>Celebrate Easter Weekend in fun Easter colours!</b>  <b>Friday, Apr 3 – Wear Purple</b> <b>Saturday, Apr 4 – Wear Yellow</b>  <b>Sunday, Apr 5 – Wear Blue</b> <b>Monday, Apr 6 – Wear Pink</b>	<b>Dress Up Days</b> <b>Cogir's Green Week! Dress in Green: April 13<sup>th</sup> to April 17<sup>th</sup>!</b>  <b>Earth Day Dress Up Days! Wear Flowers</b> <b>Wear Blue, Green and Brown!</b> <b>Wear Multi-Colours!</b>	<b>Cogir's Green Week in Motion!</b> Get Active in April! The week of <b>April 13–17</b> we're encouraging all residents to get up, get active, and have fun. <b>See the activities listed in GREEN on the calendar!</b> Don't forget to <b>wear green</b> throughout the week!
			<b>1</b> 9:30/10:30 Limo Trips to <b>Cherryhill Mall (L)</b> <input checked="" type="checkbox"/> 10:30 Morning Coffee & Word Games with Emily (B) 1:00 Bridge Club (GR) 1:30 TEP – Level 1 (G) 2:00 TEP – Level 2 (G) 2:30 TEP – Level 3 (G) 3:00 Bible Study: <i>This is my Son</i> (T) 7:00 Movie (T) <b>PM Move In – Welcome Isabelle!</b> <b>Club Room Booked 12-4</b> <b>Vendor Visit - Flowers Fairs &amp; Gifts – 10am-2pm</b>	<b>2</b> 9:30 VON Exercise (G) <b>9:30/10:30 Limo Trips to Shoppers and Freshco (L)</b> <input checked="" type="checkbox"/> 10:30 Swim Fit (P) 1:00 Fit Minds (CR) 1:00 Billiards (GR) <b>2:30 Rainbow Easter Bunny Painting with Michelle (CR)</b> 6:45 Bingo (CR)	<b>3 Good Friday</b> <b>Wear Purple Today!</b> 1:00 Bridge Club (CR) 1:00 Ladies Billiards & Beer (GR) <b>2:00 Easter Ice Cream Sundaes with Julie (B)</b> 7:00 Movie & Popcorn (T)	<b>4</b> <b>Wear Yellow Today!</b> <b>10:30 Pansy Planting with Laura (Kew Gardens)</b> <input checked="" type="checkbox"/> 1:30 Men's Billiards & Beer (GR) <b>2:00 Painting Ceramic Gnomes with Christine from 2Hands (CR)</b> <input checked="" type="checkbox"/> 3:00 Cards & Games (GR) 7:00 Movie (T) <b>Club Room and Pool Booked 9a-1p</b>
			<b>5 Easter Sunday</b> <b>Wear Blue Today!</b> 1:00 Creative Hands Club (CR) 2:00 Euchre (GR) <b>4:00 Easter Banquet Dinner with Wine (Dining Room) – Seating at 4pm, Dinner Service at 4:30pm</b> 7:00 Worship Service (SC) 7:00 TV Series (T) Fun Facts Booklet Pick up in the Lobby	<b>6 Easter Monday</b> <b>Wear Pink Today!</b> <b>10:30 Qi Gong with Kim (G)</b> <b>10:30 Bus Trip to Shoppers and Remark (L)</b> <input checked="" type="checkbox"/> 2:00 Cribbage (GR) <b>2:00 Cam Grant Performs (T)</b> 3:15 VON Exercise (G) 6:45 Bingo (CR)	<b>7 World Health Day</b> 10:00 Exercise with Emily (G) <b>10:30 Bus Trip to Giant Tiger (L)</b> <input checked="" type="checkbox"/> 11-12 Tuck Shop (L) <b>1:00 Mindfulness with Enya (Kew Gardens)</b> 1:00 Billiards (GR) <b>2:00 Healthy Snacks! Make Your Own Trail Mix (B)</b> 7:00 Poker (GR) 7:00 Movie (T) <b>Afternoon Move In – Fl 6 - Welcome Gloria!</b>	<b>8</b> 10:00 Java Music Club (A) <b>10:30 Bus Trip to YMCA Walking Track (L)</b> <input checked="" type="checkbox"/> 1:00 Exercise with Emily (G) 1:00 Bridge Club (GR) <b>2:00 Bring and Brag (CR)</b> 3:00 Bible Study – Video showing - <i>I am He</i> (T) 7:00 Movie (T)



## April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>12</b> 1:00 Creative Hands Club (CR) 2:00 Euchre (GR) 7:00 Worship Service (SC) 7:00 TV Series (T)</p> <p>Cranium Crunches Booklet Pick up in the Lobby</p> <p><b>To Celebrate Cogir's Green Week in Motion: Wear Green all Week!</b> <b>Club Room Booking 11am-4pm</b></p>	<p><b>13</b> <b>10:30 Green Week Zumba (G)</b> <b>10:30 Bus Trip to Dollarama and No Frills (L)</b> </p> <p>1-3pm Drop in Bridge with Daphne (A) 2:00 Cribbage (GR) <b>2:00 One on ones with Michelle</b> </p> <p>3:15 VON Exercise (G) 6:45 Bingo (CR)</p>	<p><b>14</b> <b>10:00 Bus trip to LCBO/Loblaws/Banks (L)</b> </p> <p>10:30 Exercise with Emily (G) 1:00 Billiards (GR) <b>1:30 Pole Walking (Meet in Lobby) followed by a Smoothie Bar Social (B)</b> 7:00 Poker (GR) 7:00 Movie (T)</p>	<p><b>15 Canadian Film Day</b> <b>Show your Canadian Spirit by Wearing Red and White!</b> <b>10:30 Seated Latin Dance Class with Amir (G)</b> <b>10:30 Bus Trip to YMCA Walking Track (L)</b> </p> <p>1:00 Bridge Club (GR) <b>1:30 Canadian Movie Matinee – One Week – Join us for VIP snacks, drinks and a chance to win a movie gift basket! (T)</b> </p> <p>3:00 Bible Study (SC) 7:00 Movie (T)</p>	<p><b>16</b> 9:30 VON Exercise (G) <b>9:30/10:30 Limo Trips to Shoppers &amp; Freshco (L)</b> </p> <p><b>10:30 Swim Fit (P)</b> 1:00 Fit Minds (CR) 1:00 Billiards (GR) <b>2:00 George Fulop performs (CR)</b> 6:45 Bingo (CR)</p>	<p><b>17</b> <b>9:45/10:45 Limo Trip to Indigo and Farm Boy (L)</b> </p> <p><b>10:30 Green Yoga with Michelle (G)</b> 1:00 Bridge Club (CR) <b>1:00 Limo Trips to Indigo and Farm Boy (L)</b> </p> <p>1:00 Ladies Billiards &amp; Green Beer (GR) <b>2:00 Cogir Green Week Social with Green Milkshakes &amp; Snacks (B)</b> 7:00 Movie &amp; Popcorn (T)</p>	<p><b>18</b> <b>10:30 Dancing with Wendy (G)</b> <b>11-12pm Blood Pressure Clinic with Sheby (T)</b> 1:30 Men's Billiards &amp; Beer (GR) <b>2:00 The Sigstrings perform (B)</b> 3:00 Cards &amp; Games (GR) 7:00 Movie (T) <b>Afternoon Move In – FI 3 – Welcome Danuta!</b></p>
<p><b>19</b> 1:00 Creative Hands Club (CR) 2:00 Euchre (GR) 7:00 Worship Service (SC) 7:00 TV Series (T)</p> <p>Fun Facts Booklets Pick up in the Lobby</p> <p><b>In preparation for Earth Day, we added some dress up days this week!</b></p>	<p><b>20</b> <b>Wear Flowers Today!</b> <b>10:30 Qi Gong with Kim (G)</b> <b>11:30 Bus Trip to Mandarin in North London for Lunch (L)</b> </p> <p><b>1:45 Mobility 1<sup>st</sup> Walker Tune Up (CR)</b> 2:00 Cribbage (GR) <b>2:30 Board Game Bonanza – Learn a New Board Game!</b> 3:15 VON Exercise (G) 6:45 Bingo (CR)</p>	<p><b>21</b> <b>Wear Brown, Green and Blue Today</b> 10:00 Exercise with Emily (G) <b>10:30 Bus Trip to Wortley Village (Pharmacy, Grocery &amp; TD Bank) (L)</b> </p> <p>11-12 Tuck Shop (L) <b>1:00 Town Hall Meeting (T)</b> 1:00 Billiards (GR) <b>2:00 Birthday Party with Joel (B)</b> 7:00 Poker (GR) 7:00 Movie (T)</p>	<p><b>22 Earth Day</b> <b>PROFESSIONAL ADMIN DAY!</b> <b>Wear Multi-Colours today!</b> 10:00 Java Music Club (A) <b>10:30 Bus Trip to YMCA Walking Track (L)</b> </p> <p>1:00 Bridge Club (GR) <b>2:00 Natural Bird Feeder Craft (CR)</b> <b>3:00 Thank you Social - Join us for food, drinks &amp; to say thank you to our Concierge team (B)</b> 3:00 Bible Study (SC) 7:00 Movie (T)</p>	<p><b>23</b> 9:30 VON Exercise (G) <b>9:30/10:30 Limo Trips to White Oaks Mall (L)</b> </p> <p>10:30 Swim Fit (P) 1:00 Billiards (GR) <b>1-2:30 New Resident Orientation (By Invitation)</b> <b>2:00</b> Fit Minds (CR) 6:45 Bingo (CR)</p>	<p><b>24 Anniversary Party</b> <b>9:30/10:30 Limo Trips to Cherryhill Mall (L)</b> </p> <p>10:30 Exercise with Emily (G) 1:00 Bridge Club (CR) 1:00 Ladies Billiards &amp; Beer (GR) <b>1:30 Bentley Hearing (T)</b> <b>3:00 H'or D'oeuvres &amp; Dancing: Music by DJ Jason Hammer (B)</b> <b>4:00 Banquet Dinner with Champagne (Dining Room)</b> 7:00 Movie &amp; Popcorn (T) <b>Visiting Library Day</b></p>	<p><b>25</b> <b>10:30 Dancing with Wendy (G)</b> 1:30 Men's Billiards &amp; Beer (GR) <b>2:00 Suzanne and Stephen perform (A)</b> 3:00 Cards &amp; Games (GR) 7:00 Movie (T)</p>
<p><b>26</b> <b>1:00 Creative Hands Club – 2026 Knitting Project Discussion (CR)</b> 2:00 Euchre (GR) <b>2:00 Dance performance from Students from Dance Extreme (B)</b> 7:00 Worship Service (SC) 7:00 TV Series (T)</p> <p>Cranium Crunches Booklet Pick up in the Lobby</p>	<p><b>27</b> 10:30 Drum Fit with Michelle (G) <b>10:30 Bus Trip to Dollarama and No Frills (L)</b> </p> <p>1-3pm Drop in Bridge with Daphne (A) 2:00 Cribbage (GR) <b>1:00 Bus Trip to Dollarama and No Frills (L)</b> </p> <p><b>2:00 Flower Arranging (CR)</b> </p> <p>3:15 VON Exercise (G) 6:45 Bingo (CR)</p>	<p><b>28</b> 10:30 Exercise with Emily (G) <b>10:30 Bus Trip to YMCA Walking Track (L)</b> </p> <p>1:00 Shuffleboard (G) 1:00 Billiards (GR) <b>2:30 Bus Trip Sign Up (CR)</b> 7:00 Poker (GR) 7:00 Movie (T)</p>	<p><b>29</b> 10:30 Morning Crossword and Coffee with Emily (B) <b>10:30 Bus Trip to Missions Thrift Store (L)</b> </p> <p>1:00 Bridge Club (GR) 1:00 Exercise with Emily (G) <b>2:00 Tara and Dean perform (CR)</b> 3:00 Bible Study (SC) 7:00 Movie (T)</p>	<p><b>30</b> 9:30 VON Exercise (G) <b>9:30/10:30 Limo Trips to Shoppers and Freshco (L)</b> </p> <p>10:30 Swim Fit (P) 1:00 Fit Minds (CR) 1:00 Billiards (GR) <b>2:00 Virtual Presentation by Paul Dias - Sociological movements of the 1960s and 1970s (T)</b> 6:45 Bingo (CR)</p>	<p><b>CALENDAR LEGEND</b> Sign up Required </p> <p><b>Special Programs Club Room and Elevator Bookings Outings</b> Technology*</p>	<p><b>ROOM LEGEND</b> A - Alcove B - Bistro CR - Club Room G - Gym GR - Games Room L - Lobby LIB - Library P - Pool SC - Spiritual Centre T – Theatre PDR – Private Dining Room</p>