



GUILDWOOD

Venvi Guildwood • Ana Luiza Walter Nuno • Active Living Manager ext. 1500

August 2025									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
					1 Intl. Beer Day 09:30am Making Milk Mats Drop-In (MP) 10:00am Guided Yoga Session (YR) 02:30pm Happy Hour: Featured Drink – Lemon Shandy (BI) 07:00pm Evening at the Movies: Sleeping Dogs (TR)	2 09:00am Crafts with Barb: Sign up at Reception (MP) 10:00am Drop-In Knitting Group (DK) 11:00am Activity/Game Pick- Up (LB) 02:00pm Aqua-Fit – Sign up at Reception (PO) 06:30pm Drop-In Cards Night (DK)			
3 10:00am Puzzlers Drop-In (PR) 11:00am Activity/Game Pick-Up (LB) 02:00pm Bingo (DK) 03:30pm Games Room Drop-In (GR) 07:00pm Evening at the Movies: Yesterday (TR)	4 Civic Holiday 10:00am Guided Exercise Booklet Pick-Up (LB) 02:00pm Afternoon Entertainment by John Kim (DK) 03:30pm Name that Tune (PR) 06:30pm Euchre Nights (DK)	10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Make your own Clay Craft with Naz – Sign up at Reception (MP) 03:30pm Horse Racing (MP) 06:30pm Bridge Night (MP)	6 Nalt. Root Beer Float Day 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 01:00pm Outings: Pickering Town Centre - Sign up at Reception 02:00pm Summer Fun & Flavours: Root Beer Float Day (BI) 03:30pm Wine n' Paint – Sign up at Reception (MP) 06:00pm Drop-In Cards Night (DK)	7 10:00-2:00pm Vendor on Site: Sally Baubles 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 01:00pm Outings: Edwards Gardens - Sign up at Reception 02:30pm Happy Hour: Featured Drink - Rosé Lemon Fizz (BI) 06:30pm Bridge Night (MP)	8 09:30am Making Milk Mats Drop-In (MP) 10:00am Chair Zumba with Naz (DK) 02:00pm Bingo (DK) 07:00pm Evening at the Movies: A Fall from Grace (TR)	9 Great Canadian BBQ 09:00am Crafts with Barb: Sign up at Reception (MP) 10:00am Drop-In Knitting Group (DK) 11:00am Activity/Game Pick- Up (LB) Outdoor Games, Trivia & More: Please see Posters for more info 06:00pm Evening Entertainment by Andy Philips (CY)			
10 10:00am Puzzlers Drop-In (PR) 11:00am Activity/Game Pick-Up (LB) 02:00pm Bingo (DK) 03:30pm Games Room Drop-In (GR) 07:00pm Evening at the Movies: Eat, Pray, Love (TR)	11 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm *Tech Support Program: Bring your own Device* (MP) 03:30pm Summer Fun & Flavours: Mango Lassi (BI) 06:30pm Euchre Nights (DK)	12 Western Day 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Western Day Show with Entertainment by Tony Puglisi (DK) 03:30pm Horse Racing (MP) 06:30pm Bridge Night (MP)	13 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 01:00pm Outings: White Feather Farm - Sign up at Reception 02:00pm Active Planning Meeting & Food for Thought Meeting: Everyone is Welcome! (TR) 03:30pm Bingo (DK) 06:00pm Drop-In Cards Night (DK)	14 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 12:00pm Outings: The Black Dog Pub Restaurant (Bring Money for Lunch) - Sign up at Reception 02:30pm Happy Hour: Featured Drink - Miami Vice (BI) 03:30pm Henna Designs with Naz (DK) 06:30pm Bridge Night (MP)	15 09:30am Making Milk Mats Drop-In (MP) 10:00am Resident Council Meeting (SO) 02:00pm Chai Tea Social: Meet & Greet New Residents (BI) 03:30pm Wine n' Paint — Sign up at Reception (MP) 07:00pm Evening at the Movies: The Firm (TR)	16 09:00am Crafts with Barb: Sign up at Reception (MP) 10:00am Drop-In Knitting Group (DK) 11:00am Activity/Game Pick- Up (LB) 02:00pm Guess the Price Game (DK) 06:30pm Drop-In Cards Night (DK)			





GUILDWOOD

— Retirement Living —

August 2025										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
17	18	19	20	21	22	23				
10:00am Puzzlers Drop-In (PR) 11:00am Activity/Game Pick- Up (LB) 02:00pm Bingo (DK) 03:30pm Games Room Drop-In (GR) 07:00pm Evening at the Movies: Primal Fear (TR)	10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm High Tea Social – Sign up at Reception (SO) 03:30pm Name that Tune (PR) 06:30pm Euchre Nights (DK)	11:00-3:30pm: Vendor on Site: Litrato Studios (DK) 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Clay Painting with Naz – Sign up at Reception (MP) 03:30pm Horse Racing (MP) 06:30pm Bridge Night (MP)	10:00am Activity/Game Pick-Up (LB) 01:00pm Outings: Parkwood Estate - Sign up at Reception 01:30pm Wildlife Talk with Ann Brokelman (TR) 03:30pm Summer Fun & Flavours: Ice Cream Sandwich (BI) 06:30pm Trivia Pub Night (BI)	10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 12:00pm Outings: The Dogfish Pub & Eatery at Bluffers Park (Bring Money for Lunch) – Sign up at Reception 02:30pm Happy Hour: Featured Drink - Pineapple Vodka Cocktail (BI) 06:30pm Bridge Night (MP)	09:30am Making Milk Mats Drop-In (MP) 10:00am Chair Zumba with Naz (DK) 02:00pm Bingo (DK) 07:00pm Evening Entertainment by Deidrey Francois (CY)	09:00am Crafts with Barb: Sign up at Reception (MP) 10:00am Drop-In Knitting Group (DK) 02:00pm Guess the Flavour Game: Summer Non- Alcoholic Shots (CY) 06:30pm Drop-In Cards Night (DK) 07:00pm Evening at the Movies: Flight (TR)				
24 National Waffle Day 10:00am Puzzlers Drop-In (PR) 11:00am Activity/Game Pick-Up (LB) 02:00pm Bingo (DK) 03:30pm Summer Fun & Flavours: National Waffle Day (BI) 07:00pm Evening at the Movies: World War Z (TR)	10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 12:00-01:00pm Pizza Lunch \$5 (pop, a slice, chips) – Sign up at Reception (SO) 02:00pm Resident Town Hall Meeting: Everyone is Welcome! (TR) 06:30pm Euchre Nights (DK)	10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Book Club (SO) 03:30pm Horse Racing (MP) 06:30pm Bridge Night (MP)	10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 12:00pm Outings: Picnic at Rosetta Gardens - Sign up at Reception 02:00pm Holy Trinity Guildwood: Church Service (TR) 03:30pm Bingo (DK) 06:00pm Drop-In Cards Night (DK)	10:00am Activity/Game Pick-Up (LB) 01:00pm Outings: Scarborough Town Centre - Sign up at Reception 02:00pm Pictionary (DK) 03:30pm Bingo Buck Shop (DK) 06:30pm Bridge Night (MP) 07:00pm Resident Birthday Party with Entertainment by Zack Erickson (CY)	09:30am Making Milk Mats Drop-In (MP) 10:00am Guided Yoga Session (YR) 02:30pm Happy Hour: Featured Drink - Passion Fruit Hurricane Cocktail (BI) 07:00pm Evening at the Movies: The King (TR)	30 09:00am Crafts with Barb: Sign up at Reception (MP) 10:00am Drop-In Knitting Group (DK) 11:00am Activity/Game Pick- Up (LB) 02:00pm Guess the Price Game (DK) 06:30pm Drop-In Cards Night (DK)				
31		Guildwood Service Outings	Guildwood Courtesy Car	CALENDAR LEGEND	DATES TO REMEMBER	ROOM LEGEND				
10:00am Puzzlers Drop-In (PR) 11:00am Activity/Game Pick- Up (LB) 02:00pm Bingo (DK) 03:30pm Games Room Drop-In (GR) 07:00pm Evening at the Movies: 6 Underground (TR)	Venvi Guildwood Retirement Living 65 Livingston Road Scarborough, ON M1E 0E6	Thursday Mornings 9:30am & 10:30am Shuttle runs to Morningside Crossing Plaza, TD Bank, RBC, Scotia Bank & CIBC Booking is required at	Monday, Tuesday & Fridays 9:30am until 4:00pm Booking is required at Reception on a first come, first serve basis. Locations limits &	Special Programs/Events Outings *Technology Program*	Aug 1 st – Intl Beer Day Aug 4 th – Civic Holiday Aug 6 th – Nalt Root Beer Float Day Aug 9 th – Great Canadian BBQ Aug 12 th – Western Day Aug 24 th – Nat. Waffle Day	YR: Yoga Room TR: Theatre Room BI: Bistro DK: Demo Kitchen MP: Multi-Purpose PR: Puzzle Room SO: Solarium GR: Games Room CY: Courtyard (outside)				
Drop-In (GR)	M1E 0E6 (416) 883-6920		Locat		r, first serve basis. rions limits &	e, first serve basis. Aug 24 th – Nat. Waffle Day				