



**December 2025**

|  | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday   |
|--|---|--|---|--|---|--|
| <b>CALENDAR LEGEND</b>   | <b>ROOM LEGEND</b><br>A - Alcove<br>B - Bistro<br>CR - Club Room<br>G - Gym<br>GR - Games Room<br>L - Lobby<br>LIB - Library<br>P - Pool<br>SC - Spiritual Centre<br>T - Theatre<br>PDR – Private Dining Room   |  |   |  |   |  |
| <b>Sign up Required</b> <input checked="" type="checkbox"/>  |   |  |   |  |   |  |
| <b>Special Programs</b>  |   |  |   |  |   |  |
| <b>Outings</b>   |   |  |   |  |   |  |
| <b>Technology*</b>   |   |  |   |  |   |  |
| <b>SPECIAL NOTES</b>   | <b>1 Winter Wonderland Day</b><br><b>10:30 Bus Trip to Toys R Us</b> <input checked="" type="checkbox"/><br>10:30 Drum Fit with Michelle (G)<br><b>1:00 Visiting Library Presentation (T)</b><br>2:00 Cribbage (A)<br><b>2:00 Holiday Word Game - Scattergories (CR)</b><br>3:15 VON Exercise (G)<br>6:45 Bingo (CR)<br>PM Elevator Booking<br><b>Wear Snowy White Today!</b>         | <b>2</b><br>10:00 Exercise with Emily (G)<br><b>10:00 Bus Trip to Heemans for Christmas Shopping (L)</b> <input checked="" type="checkbox"/><br>10:30 Drum Fit with Michelle (G)<br><b>11-12 Tuck Shop (L)</b><br>1:00 Eyeglass Cleaning Station (L)<br>1:00 Billiards (GR)<br><b>2:00 Christmas Ornament Painting (CR)</b><br>7:00 Poker (GR)<br>7:00 Movie (T) | <b>3 Elvis' Blue Xmas Day</b><br>10:00 TEP – Level 1 (G)<br>10:30 TEP – Level 2 (G)<br><b>10:30 Bus Trip to Giant Tiger (L)</b> <input checked="" type="checkbox"/><br>11:00 TEP – Level 3 (G)<br>1:00 Bridge Club (CR)<br><b>2:00 Belair Brothers perform (B)</b><br>3:00 Bible Study with JP & Wendy (SC)<br>7:00 Movie (T)<br>Vendor Visit – 11am-2pm<br>5th Avenue Jewellery<br><b>Wear Blue Today!</b> | <b>4</b><br>9:30 VON Exercise (G)<br><b>9:30/10:30 Limo Trips to White Oaks Mall (L)</b> <input checked="" type="checkbox"/><br>10:30 Balance Building (G)<br>1-3pm Drop in Bridge with Daphne & Marj (A)<br>1:00 Billiards (GR)<br>1:00 Fit Minds (CR)<br><b>2:30 Activities Planning Meeting (T)</b><br>6:45 Bingo (CR)<br>Vendor Visit – 10am-2pm<br>Flowers, Fairs & Gifts | <b>5 GRINCH DAY</b><br>10:30 Exercise with Emily (G)<br><b>11:45/12:15 Limo Trips to the London Christmas Craft Show (L)</b> <input checked="" type="checkbox"/><br>1:00 Bridge Club ( <u>Moved to A</u> )<br>1:00 Ladies Billiards & Beer (GR)<br><b>2:00 Reindeer Games &amp; Christmas Cheer (CR)</b><br>7:00 Movie & Popcorn (T)<br><b>Wear Green Today</b><br>AM Elevator Booking            | <b>6</b><br>1:30 Men's Billiards & Beer (GR)<br><b>2:00 Food for Thought with Chef Darryl (T)</b><br>3:00 Cards & Games (GR)<br>7:00 Movie (T)<br><br>PDR Booking for Dinner<br>CR Booking 2-8pm   |
| <b>Bus Trip Sign-Ups will be the first Monday in January</b>   |   |  |   |  |   |  |
| <b>Michelle will be away the last week of December</b>   |   |  |   |  |   |  |
| <b>7</b><br>1:00 Krafty Knitters (CR)<br>2:00 Euchre ( <u>GR</u> )<br><b>2:00 The Nostalgic Theatre Performs (B)</b><br>7:00 Worship Service (SC)<br>7:00 TV Series (T)<br><br>Fun Facts Booklet<br>Pick up in the Lobby | <b>8 Christmas Socks Day</b><br><b>10:30 Qi Gong with Kim (G)</b><br><b>11:30 Bus Trip for Lunch at Swiss Chalet (L)</b> <input checked="" type="checkbox"/><br>2:00 Cribbage (A)<br><b>2:30 Gift Wrapping Station (L)</b><br>3:15 VON Exercise (G)<br>6:45 Bingo (CR)<br><br><b>Last day to sign up guests for the Resident Family Christmas Party</b><br><b>Wear Festive Socks!</b> | <b>9</b><br><b>10:00 Bus Trip to Petrolia for Lunch and to see Starbright (\$)(L)</b> <input checked="" type="checkbox"/><br>10:30 Exercise with Michelle (G)<br>1:00 Billiards (GR)<br><b>2:00 Martin on the Piano (B)</b><br>7:00 Poker (GR)<br>7:00 Movie (T)<br><br>AM Elevator Booking  | <b>10 Christmas Hat/Hair Day</b><br><b>10:30 Bus Trip to YMCA Walking Track (L)</b> <input checked="" type="checkbox"/><br>1:00 Bridge Club ( <u>in the GR</u> )<br>1:30 TEP – Level 1 (G)<br>2:00 TEP – Level 2 (G)<br>2:30 TEP – Level 3 (G)<br><b>2:30 Fun Bingo and Holiday Baking (CR)</b><br>3:00 Bible Study with JP & Wendy (SC)<br>7:00 Movie (T)<br><b>Wear a Festive Hat/Hairdo</b>              | <b>11</b><br>9:30 VON Exercise (G)<br><b>9:30/10:30 Limo Trips to Cherryhill Mall (L)</b> <input checked="" type="checkbox"/><br>10:30 Balance Building (G)<br>1-3pm Drop in Bridge with Daphne & Marj (A)<br>1:00 Billiards (GR)<br>1:00 Fit Minds (CR)<br>1:00 Flower Arranging (CR)(\$)<br><input checked="" type="checkbox"/><br>6:45 Bingo (CR)                           | <b>12 Rudolph Day</b><br><b>9:30/10:30 Limo Trips to No Frills and Dollarama (L)</b><br>10:30 Fun & Fitness with Ashley (G)<br>1:00 Bridge Club (CR)<br>1:00 Ladies Billiards & Beer (GR)<br><b>1:45 Bentley Hearing (T)</b><br><b>2:00 Christmas Wreath Craft (CR)</b> <input checked="" type="checkbox"/><br>7:00 Movie & Popcorn (T)<br>Visiting Library Delivery Day<br><b>Wear Red Today</b> | <b>13</b><br><b>10:00 Christmas Clay Art (CR)</b> <input checked="" type="checkbox"/><br><b>11-12pm Blood Pressure Clinic with Sheby (T)</b><br>1:30 Men's Billiards & Beer (GR)<br><b>3:00 Suzanne &amp; Stephen perform (B)</b><br>3:00 Cards & Games (GR)<br>7:00 Movie – <i>Mary Poppins</i> (T)<br>Dick Van Dyke Turns 100!<br>CR Booking 1-7pm |

More Active Living choices on the next page



# ActiveLiving

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## December 2025

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|--|--|---|--|---|--|---|
| <b>14</b><br>1:00 Krafty Knitters (CR)<br>2:00 Euchre (GR)<br>2:00 Giant Crossword Puzzle with Tom (CR)<br>7:00 Worship Service (SC)<br>7:00 TV Series (T)<br><br>Cranium Crunches<br>Pick up in the Lobby<br><br>CR Booking 12-4pm  | <b>15 Cozy Christmas Dress Up</b><br>10:30 Drum Fit with Michelle (G)<br><b>1:45 Mobility 1<sup>st</sup> (CR)</b><br>2:00 Cribbage (A)<br><b>2:00 Children's Choir from Our Lady Victory Academy performs (B)</b><br>3:15 VON Exercise (G)<br>6:45 Bingo (CR)<br><b>7:00 Bus Trip to see Christmas Lights around London (L)</b> <input checked="" type="checkbox"/><br>PM Move-In – Fl 6 – Welcome Bob!<br><b>Wear Plaid or Flannel Today!</b><br><b>Cutoff Date for guest sign up for remaining Banquet Dinners</b> | <b>16 Last Day for Donations</b><br>10:00 Exercise with Emily (G)<br>11-12 Tuck Shop (L)<br>1:00 Billiards (GR)<br><b>2:00 Birthday Party with Joel (B)</b><br><b>2:00 Communion (SC)</b> followed by refreshments in the (CR)<br>7:00 Poker (GR)<br>7:00 Movie (T)<br><b>7:00 Bus Trip to see Christmas Lights around London (if required)</b> <input checked="" type="checkbox"/><br>Vendor Visit – 11am-2pm – Suzanne M. Jewellery<br><b>Last Day for Toy/Food Donations</b> | <b>17 FESTIVE SWEATER DAY</b><br>10:00 Exercise with Emily (G)<br><b>10:30 Bus trip to drop off Food and Toy donations (L)</b> <input checked="" type="checkbox"/><br>1:00 Bridge Club (CR)<br>1:30 TEP – Level 1 (G)<br>2:00 TEP – Level 2 (G)<br>2:30 TEP – Level 3 (G)<br>3:00 Bible Study with JP & Wendy (SC)<br><b>4:30 Banquet Dinner - Resident Family Christmas Party with Tara and Dean's Walking Minstrel performance</b><br>7:00 Movie (T) | <b>18</b><br>9:30 VON Exercise (G)<br><b>9:30/10:30 Limo Trips to Shoppers and Remark (L)</b> <input checked="" type="checkbox"/><br>10:30 Balance Building (G)<br>1:00 Fit Minds (CR)<br><b>1:00 Limo Trips to Shoppers and Remark (L)</b> <input checked="" type="checkbox"/><br>1:00 Billiards (GR)<br><b>1:30 New Resident Orientation (PDR)</b><br>2:00 Toonie Happy Hour (B)<br>6:45 Bingo (CR) | <b>19 Christmas Colours Day</b><br><b>9:30/10:30 Limo Trips to White Oaks Mall (L)</b> <input checked="" type="checkbox"/><br>10:30 Fun & Fitness with Ashley (G)<br>1:00 Bridge Club <u>(in the GR)</u><br><b>1:00 Gingerbread Cookie Decorating (B)</b><br>1:00 Ladies Billiards & Beer (GR)<br><b>2:00 Resident &amp; Staff Christmas Party (B)</b><br>7:00 Movie & Popcorn (T)<br><br><b>Wear Red and Green Today!</b> | <b>20</b><br>10:30 Exercise with Andrea (G)<br>1:00 Puzzles with Andrea (GR)<br>1:30 Men's Billiards & Beer (GR)<br><b>2:00 Winter Wonderland Social with Baileys over Ice Cream (B)</b><br>3:00 Cards & Games (GR)<br>7:00 Movie (T) |
| <b>21</b><br>10:30 Exercise with Michelle (G)<br>1:00 Krafty Knitters (CR)<br>2:00 Euchre (GR)<br>7:00 Worship Service (SC)<br>7:00 TV Series (T)<br>Fun Facts Booklet<br>Pick up in the Lobby<br><br>Alcove Booking Lunch & Dinner<br>PDR Booking for Dinner<br>CR Booking 11am-7pm | <b>22 Jingle Bell Day!</b><br>10:30 Exercise with Michelle (G)<br><b>10:30 Bus Trip to Dollarama &amp; No Frills(L)</b> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/><br><b>2:00 Bring and Brag Holiday Stories and Treasures (B)</b><br>2:00 Cribbage (A)<br>3:15 VON Exercise (G)<br>6:45 Bingo (CR)<br><b>Wear your favourite Holiday Accessories! (Necklace, Earrings, etc.)</b>   | <b>23 CHRISTMAS PJS DAY</b><br><b>10:00 Bus Trip to LCBO/Loblaws/Banks (L)</b> <input checked="" type="checkbox"/><br>10:30 Exercise with Emily (G)<br><b>1:00 Merry Manicures (CR)</b><br>1:00 Billiards (GR)<br><b>2:30 Christmas Caroling with Hot Chocolate (T)</b><br>7:00 Poker (GR)<br>7:00 Movie (T)<br><br><b>Wear Cozy PJs Today!</b>   | <b>24 CHRISTMAS EVE</b><br>10:30 Exercise with Andrea (G)<br>1:00 Bridge Club (CR)<br>No Bible Study<br><b>2:00 Egg Nog Social with Andrea (B)</b><br><b>4:30 Banquet Dinner</b><br>7:00 Movie (T)<br><br>CR Booking 10am-2pm<br>CR Booking 3-7pm<br>Alcove Booking for Dinner   | <b>25 CHRISTMAS DAY</b><br>No VON Exercise<br>1:00 Billiards (GR)<br>1:00 Christmas Movie Matinee (T) – <i>It's a Wonderful Life</i><br><b>4:30 Tracy Sweet performs (B)</b><br><b>4:30 Banquet Dinner</b><br>6:45 Bingo (CR)<br>Christmas Puzzle Booklet<br>Pick up in the Lobby<br><b>Wear Your Christmas Best!</b><br>Alcove Booking for Dinner  | <b>26 BOXING DAY</b><br>10:30 Exercise with Emily (G)<br><b>1:00 Holiday Colouring and Meditation with Emily (SC)</b><br>1:00 Bridge Club <u>(in the A)</u><br>1:00 Ladies Billiards & Beer (GR)<br><b>2:00 White Board Games - Pictionary with Emily (B)</b><br><b>4:30 Banquet Dinner</b><br>7:00 Movie (T)<br>CR Booking 2-6pm  | <b>27</b><br>10:30 Exercise with Andrea (G)<br>1:00 Puzzles with Andrea (GR)<br>1:30 Men's Billiards & Beer (GR)<br><b>2:00 White Board Games – Family Feud (CR)</b><br>3:00 Cards & Games (GR)<br>7:00 Movie (T)                     |
| <b>28</b><br>1:00 Krafty Knitters (CR)<br>2:00 Euchre (GR)<br>2:00 Holiday Trivia with Sarah (CR)<br>7:00 Worship Service (SC)<br>7:00 TV Series (T)<br><br>Cranium Crunches<br>Pick up in the Lobby<br><br>**Michelle is on Vacation this week**                                    | <b>29</b><br><b>10:30 Bus Trip to Cherryhill Mall (L)</b><br><b>10:30 Qi Gong with Kim (G)</b><br>1:00 Fit Minds with Emily (CR)<br>2:00 Cribbage (A)<br><b>2:30 Artful Enrichment - Painting (CR)</b><br>3:15 VON Exercise (G)<br>6:45 Bingo (CR)   | <b>30</b><br><b>10:30 Bus Trip to YMCA Walking Track (L)</b> <input checked="" type="checkbox"/><br>11-12 Tuck Shop (L)<br>1:00 Exercise with Emily (G)<br>1:00 Billiards (GR)<br><b>2:00 Shuffleboard (CR)</b><br>7:00 Poker (GR)<br>7:00 Movie (T)  | <b>31 NEW YEARS EVE</b><br>10:30 Exercise with Andrea (G)<br><b>1:00 Time Capsule Craft (CR)</b><br>1:00 Bridge Club (CR)<br>No Bible Study<br><b>4:30 Banquet Dinner</b><br><b>7:00 School Daze Band Performs (B)</b><br>7:00 Movie (T)<br>9:30 New Years Countdown Party (T)<br><b>Silver and Gold Day – Where Your Dazzling New Years</b>   |    | <b>CALENDAR LEGEND</b><br>Sign up Required <input checked="" type="checkbox"/><br><b>Special Programs</b><br><b>Outings</b><br>Technology*   | <b>ROOM LEGEND</b><br>A - Alcove<br>B - Bistro<br>CR - Club Room<br>G - Gym<br>GR - Games Room<br>L - Lobby<br>LIB - Library<br>P - Pool<br>SC - Spiritual Centre<br>T - Theatre<br>PDR - Private Dining Room                         |