




August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1    Footcare</b> 9:15 Exercise 10:15 Painting class <b>10:00 Bus Trip to Indigo Bookstore, Laura Clothing Store and Starbucks (Sign up Required)</b> <b>1:00 – 2:00 Country Store</b> 2:00 Blackjack 2:00 Tic-tac-toe 3:30 Happy Hour and Trivia	<b>2    National Ice Cream Sandwich Day</b> 9:15 Exercise 1:45 Bowling <b>3:30 Ice Cream Social in the Courtyard</b> 7:30 Bingo
<b>3</b> 9:15 Exercise <b>10:00 Live Broadcast Church Service</b> <b>2:00 Salvation Army</b> 7:00 Sunday Night Movie – “The Best Exotic Marigold Hotel”	<b>4</b> 9:15 Exercise with Nola <b>1:00 - 2:00 Country Store Open</b> 2:30 52 Card Bingo	<b>5</b> 9:15 Exercise with Lorae <b>10:00 Bus Shuttle to Walmart, London Drugs, Save On Foods, Costco, Banks and Liquor Store (Sign Up Required)</b> <b>11:00 - 3:30 5<sup>th</sup> Avenue Jewelry</b> <b>2:30 Entertainment with “The Shoe Shakers”</b> 7:00 Crib Club	<b>6 Root Beer Float Day</b> 9:15 Exercise 10:15 Mexican Train 2:00 Blackjack <b>3:00 Root Beer Floats</b> <b>3:30 Live Piano</b> 7:30 Bingo	<b>7</b> 9:15 Exercise <b>10:00 – 11:00 Tri City Walkers</b> <b>10:00 Langley Casino with Lunch at the Glacier Bar / located in Casino (Sign up required)</b>	<b>8</b> 9:15 Exercise <b>10:00 La-Z-Boy Recliner Demo (sign up for a Test Ride)</b> 10:30 Bowling <b>1:00 – 2:00 Country Store</b> <b>2:00 Three Card Poker</b> 2:00 Mini Manicures 3:30 Happy Hour and Trivia	<b>9</b> 9:15 Exercise 1:45 Horseraces 3:00 Happy Hour and Trivia 7:30 Bingo
<b>10</b> 9:15 Exercise <b>10:00 Live Broadcast Church Service</b> 7:00 Sunday Night Movie “Hope Springs”	<b>11</b> 9:15 Exercise <b>1:00 -2:00 Country Store Open</b> 2:30 52 Card Bingo <b>3:30 Live Piano</b>	<b>12</b> 9:15 Exercise with Lorae <b>Serene Mobile Nails (sign up required)</b> <b>10:00 Bus to Sendall Gardens (Sign up Required)</b> <b>11:00 – 3:00 Casual Chic Couture</b> <b>2:00 Corn shucking</b> 7:00 Crib Club	<b>13</b> 9:15 Exercise <b>10:15 Active Living Meeting</b> <b>2:30 August Birthday Party! Entertainment with “Roy &amp; Darla”</b> 3:30 Happy Hour <b>6:00 Trivia in the Courtyard</b> 7:30 Bingo	<b>14</b> 9:15 Exercise 2:00 Matinee Movie “Cheaper by the Dozen” 2:30 Horseraces 3:30 Happy Hour <b>7:00 Campfire with Smores and Hot Chocolate</b> <b>7:00 Hymn Sing</b>	<b>15    Footcare</b> 9:15 Exercise <b>10:00 Picnic at Campbell Valley Park (Sign up required)</b> 10:15 Mini Manicures <b>1:00 – 2:00 Country Store</b> 2:00 Painting Class 2:30 Left Center Right 3:30 Happy Hour and Trivia	<b>16 World Honeybee Day</b> 9:15 Exercise  <b>2:30 Food Meeting with Raj</b>  7:30 Bingo

More Active Living choices on the next page



August 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> 9:15 Exercise <b>10:00 Live Broadcast Church Service</b> <b>2:30 “Name That Tune”</b> 7:00 Sunday Night Movie “Young Woman and The Sea”	<b>18 National Fajita Day</b> <b>Hearing Clinic</b> 9:15 Exercise with Nola 10:00 Giant Crosswords <b>1:00 – 2:00 Country Store</b> 2:30 52 Card Bingo <b>3:30 Live Piano &amp; Chocolate Fountain Social</b>	<b>19</b> <b>Blood Pressure Clinic</b> 9:15 Exercise with Lorae 10:00 Smoothies at the Bar 10:15 Spot the difference <b>2:30 Entertainment with “Peter Tam”</b> 3:30 Happy Hour	<b>20 National Lemonade Day</b> 9:15 Exercise 10:15 Tic Tac Toe <b>10:00 Bus Shuttle to Walmart, London Drugs, Save on Foods, Banks and Liquor Store (Sign up required)</b> <b>2:00 Cake Pop Party</b> 7:30 Bingo	<b>21</b> 9:15 Exercise <b>10:00 Bus Trip to Fort Langley (Sign up required)</b> <b>2:30 Entertainment with “Garth”</b> 3:00 Happy Hour	<b>22</b> 9:15 Exercise 10:15 Bowling <b>11:00 Mr. Mikes for Lunch (Sign up required)</b> <b>1:00 – 2:00 Country Store</b> 2:00 Lotus Clay Sculpting 2:00 Blackjack 3:30 Cider Tasting	<b>23</b> 9:15 Exercise 1:45 Horseraces 3:00 Happy Hour and Trivia
<b>24</b> 9:15 Exercise <b>10:00am Live Broadcast Church Service</b> <b>7:00 Sunday Night Movie “Joy”</b>	<b>25</b> 9:15 Exercise <b>1:00 – 2:00 Country Store</b> 2:00 52 Card Bingo <b>4:00 Dinner at C – Lovers Fish and Chips (sign up required)</b> 3:30 Live Piano	<b>26</b> 9:15 Exercise with Lorae <b>10:00 Walk at Derek Double Day Park (Sign up required)</b> 2:00 Left Center Right <b>3:00 Refreshment’s in the Courtyard</b>	<b>27 Banana Lovers Day</b> 9:15 Exercise 10:15 Color Me Happy  7:30 Bingo <b>Tamie Off</b>	<b>28</b> 9:15 Exercise 10:00 Walking Club 2:00 Hawaiian Craft 3:30 Roll a Flower <b>7:00 Hymn Sing</b>	<b>29</b> <b>Footcare</b> 9:15 Exercise <b>10:00 Coconut Bar (Demo)</b> 10:30 Hawaiian Game <b>1:00 – 2:00 Country Store</b> <b>2:30 Tevai’s Polynesia “Ports of Paradise” Live Show!</b> <b>Featured Drink Blue Hawaii</b>	<b>30</b> 9:15 Exercise 1:45 Blackjack 3:00 Happy Hour and Trivia
<b>31</b> 9:15 Exercise <b>10:00 Live Broadcast Church Service</b> 7:00 Sunday Night Movie “Snatched”				<b>CALENDAR LEGEND</b> <b>Special Programs</b> <b>Outings</b> Technology*	<b>DATES TO REMEMBER</b>	<b>ROOM LEGEND</b>