




June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 am Cranium Crunches (SL) 10:30 am Cardio Drumming (FR) 2:00 pm Bingo (SL) 3:00 pm Playing Skipbo (SL) 6:30 pm Pet Therapy (F)	2 Walmart Shopping 10:30 Walmart Shopping 10:30 am Tai Chi (FR) 2:00 pm OLPH Student's Bingo (SL) 3:00 pm Band Workout on Patio	3 National Chocolate Bar 9:30 am Playing Scrabble (SL) 10:30 am Leg Workout (FR) 2:00 pm Drawing Class (SL) 3:00 pm Chocolate Bar Social (SL)	4 Musical Afternoon 10:00 am Shopper's Outing 2:00 pm Music with Tim (SL) 3:00 pm Creative Memories(SL)	5 Donut Social 9:30 am Fit Minds (SL) 10:30 am Yoga (SL) 1:30 pm Church Chat (SL) 2:00 pm Bingo (SL) 3:00 pm National Donut Day Social (SL)	6 10:30 am Coffee Talk Program (Time to meet new Residents) (SL) 2:00 pm Summer Treats (P)
	7 10:30 am Catholic Mass (T) 2:00 pm Euchre with Friends (SL) 6:30 pm Grace and Frankie Series on Netflix (T)	8 Ice Cream Sandwiches 9:30 am Cranium Crunches (SL) 10:30 am Seated Salsa (SL) 2:00 pm Bingo (SL) 3:00 pm Ice Cream Social (SL) 6:30 pm Pet Therapy (F)	9 Picnic outing 9:30 am Fit Minds (SL) 10:30 am Tai Chi (FR) 11:15 am Picnic Outing 2:00 pm Horse Races (SL) 3:00 pm Band Workout on Patio 7:30 pm Entertainment Tonight Series (SL)	10 Ice Tea Social 9:30 am Fit Minds (SL) 10:30 am Leg Workout (FR) 2:00 pm Drawing Class (SL) 3:00 pm National Ice Tea day (P)	11 Italian Heritage Lunch 9:30 am Italian Trivia (SL) 10:30 Tarantella Line Stretching Class (SL) 11:30 am Italian Heritage Lunch 2:00 pm Travelogues to Venice (T) 3:00 pm Creative Memories (SL)	12 Musical Afternoon 9:30 am Trivia Time 10:30 am Yoga (FR) 1:30 pm Church Chat (SL) 2:00 pm Music with Adriana (SL) 3:00 pm Bingo (SL)
14 10:30 am Catholic Mass (T) 2:00 pm Crazy Eights with Friends (SL) 6:30 pm Grace and Frankie Series on Netflix (T)	15 9:30 am True or False Trivia (SL) 10:30 am Cardio Drumming (FR) 2:00 pm Bingo (SL) 3:00 pm Milkshake Social (SL) 6:30 pm Pet Therapy (F)	16 Giant Tiger 10:00 am Giant Tiger Outing 10:30 am Tai Chi (FR) 2:00 pm Horse Races (SL) 3:00 pm Smores Social (P) 6:30 pm Walking Program	17 National Veggie Day 9:30 am Veggie Trivia (SL) 10:30 am Arm Workout (FR) 2:00 pm Horse Racing (SL) 3:00 pm Veggie cup social (P) 6:30 pm Playing cards (SL)	18 Caricature Drawing 9:30 am Art Trivia (SL) 10:30 am Leg Workout (FR) 11:30-1:00pm Caricature Drawing with Robin(SL) 11:30 am Picnic Style Menu (S) 2:00 pm Karaoke (T) 3:00 pm Creative Memories (SL)	19 Mass with Fr. Glenn 9:30 am Jeopardy (SL) 10:30 am Yoga (FR) 2:00 pm Mass with Fr. Glenn (SL) 3:00 pm Bingo (SL)	20 Popsicle Social 10:30 am Coffee Talk Program (SL) 2:00 pm Popsicle Social (P)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 Father's Day 10:30 am Catholic Mass (SL) 11:30 am Father's Day Menu 2:00 pm Music with Luciano "Vegas Style"	22 9:30 am Hole in One Golf (SL) 10:30 am Seated Salsa(SL) 1:45 pm Blood Pressure Clinic 2 nd and 3 rd Floor (WC) 2:00 pm Bingo (SL) 3:00 pm Wii Bowling (SL) 6:30 pm Pet Therapy (FL)	23 Birthday Social 9:30 am Fit Minds (SL) 10:30 am Leg Exercise (FR) 1:45 Blood Pressure Clinic 4 th and 5 th Floor (SL) 2:00 pm Music with Bev Birthday Social (SL) 3:00 pm Horse Races (SL)	24 Praline's Day 9:30 am Truth or Lie (SL) 10:30 am Arm Workout 2:00 pm Baking Praline Treats (CK) 3:30 pm VON Exercise (FR)	25 Beatle's Day 9:30 am Beatles' Music Trivia (SL) 10:30 am Shake it up Workout on Patio 2:00 Birthday Social "NEW" Piano Player Music with June (SL) 3:00 pm Creative Memories (SL)	26 Chocolate Pudding Day 9:30 am Word Association (SL) 10:30 am Yoga (FR) 2:00 pm Bingo (SL) 3:00 pm Exercise on Patio	27 National Pride Week 10:30 am Coffee Chat 2:00 pm Resident's Matinee Time (T) Rainbow Sweets on the Menu
28 National Pride Week 10:30 am Catholic Mass (SL) 2:00 pm Neil Diamond Concert (T) 6:30 pm Grace and Frankie Series on Netflix (T) Rainbow Sweets on the Menu	29 9:30 am Word Association (SL) 10:30 am Cardio Drumming (SL) 2:00 pm Bingo (SL) 3:00 pm Playing Uno (SL) 6:30 pm Pet Therapy (FL)	30 9:30 am Fit Minds (SL) 10:30 am Leg Exercise (FR) 2:00 pm Horse Races (SL) 3:00 pm Win/Lose or Draw (SL)	Healthy Tips for June <ul style="list-style-type: none"> Keep moving Drink water 			
		<p>What does June represent ?</p> <p>J-Joy finds you when you U-Understand your value and N-Nourish your need E- Especially when you have been heard</p>		CALENDAR LEGEND Entertainment Special Programs Outings	DATES TO REMEMBER 	ROOM LEGEND AR-Activity Room CK-Country Kitchen T-Theatre WC- Wellness Centre S-Sevill Lounge FR-Fitness Room FL -Front Lobby P-Pub