



August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Blue = Bus Outings Green = Vendors and Services Purple = Entertainment Red = Live to the Fullest Programs						9:00 Exercise DVD 10:15 Bowling Event 2:00 Wheel of Fortune 3:30 Happy Hour 7:30 Bingo
2	3	4	5	6	7 Footcare	8
9:00 Exercise DVD 10:00 Live Broadcast Church Service 7:00 Sunday Night Movie	9:00 Exercise DVD 1:00-2:00 Country Store 2:30 52 Card Bingo	9:00 Tai Chi with Vera 10:00 Shopping Shuttle (sign up required) 2:30 Entertainment the with "Shoe Shakers" 3:00 Happy Hour 7:00 Crib Club	9:00 Yoga with Cathy 10:00 Smoothies at the Bar 10:30 Hangman 2:00 Beach Art 3:00 Live to the Fullest Knitting Club (2 nd Floor) 3:30 Happy hour 12:00-2:30 Alterations with Olga 7:30 Bingo	9:00 Exercise DVD 9:30 Bloedel Conservatory / Lunch in the Park (cost 8.00) On Route to Woodstock 10:00- 11:00 Tri-City Walkers 2:15 Cornhole 3:30 Musical Bingo/ Happy Hour	9:00 Exercise DVD 10:15 Giant Crosswords 1:00-2:00 Country Store 2:00 Wheel of Fortune 3:00 Pool Party! 3:45 Live Piano	9:00 Exercise DVD 10:15 Bowling Event 2:00 Horseraces 3:30 Happy Hour 7:30 Bingo
9	10	11	12	13	14	15
9:00 Exercise DVD 10:00 Live Broadcast Church Service 7:00 Sunday Night Movie	9:00 Exercise with Nola 1:00-2:00 Country Store 2:30 52 Card Bingo	9:00 Tai Chi with Vera 10:00 Giant Crosswords 2:00 Painting with Keeret 2:30 Townhall Meeting 7:00 Crib Club	9:00 Yoga with Cathy 2:00 Physio Presentation 2:00 Iced Coffees/ Frappuccino's 3:00 Live to the Fullest Knitting Club (2 nd Floor) 4:30 RCMP Musical ride at Albion Fairgrounds/ Food Trucks (sign up required) 7:30 Bingo	9:00 Exercise DVD 10:00 On Route to Woodstock (walking club) 2:30 August Birthday Party! Entertainment with "Sincerely Yours" 3:00 Happy Hour	9:00 Power up with Chelsey Chair Exercise/ Yoga 9:30 Cultus Lake / Picnic (sign up required) 1:00-2:00 Country Store 3:45 Live Piano	9:00 Exercise DVD 10:15 Bowling Event 2:00 Family Feud 3:30 Happy Hour 7:30 Bingo



ActiveLiving

Venvi Renaissance • Tamie Vinaev, Active Living Manager

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 9:00 Exercise 10:00 Live Broadcast Church Service 7:00 Sunday Night Movie	17 Hearing Clinic 9:00 Exercise with Nola 10:15 Giant Crossword 1:00-2:00 Country Store 2:30 52 Card Bingo 3:30 Exercise DVD 3:30 On Route to Woodstock (Walking Club)	18 9:00 Tai Chi with Vera 8:00-5:00 Serene Nails (sign up required) 10:00-11:00 Blood Pressure Clinic 2:30 Summer Event! Entertainment with "Alyssa Nielsen" 7:00 Crib Club	19 9:00 Yoga with Cathy 12-2:30 Alterations with Olga 2:00 Left Center Right 3:00 Live to the Fullest Knitting Club (2nd Floor) 3:30 Exercise DVD 7:30 Bingo	20 National Lemonade Day 9:00 Exercise DVD 2:00 Art Class 7:30 Pub Night! Entertainment with "Classic Rewind" 	21 Footcare 9:00 Power up with Chelsey! Chair Exercise/ Yoga 10:15 Price is Right 1:00-2:00 Country Store 2:15 Musical Bingo 3:30 Happy Hour	22 9:00 Exercise DVD 10:15 Bowling Event 2:00 Darts 3:00 Painting Class 3:30 Happy Hour 7:30 Bingo
23 9:00 Exercise 10:00 Live Broadcast Church Service 2:30 Pub Quiz with Nick 7:00 Sunday Night Movie	24 9:00 Exercise with Nola 10:15 Giant Crossword 1:00-2:00 Country Store 2:30 52 Card Bingo 3:30 On Route to Woodstock (Walking Club)	25 9:00 Tai Chi with Vera 10:00 Art with Keeret 2:30 Sound Bath Therapy with "Tracy" 3:30 Courtyard Social 7:00 Crib Club	26 9:00 Yoga with Cathy 10:00 Hand Massages / Hot stone Therapy (Sign up Required) 10:00 Summer Art 2:30 Entertainment with "Brian Gimbel" 3:00 Happy Hour 7:30 Bingo	27 9:00 Exercise DVD 10:00 Juice Bar 10:30 Hangman 2:15 Blackjack 3:00 Live to the Fullest Knitting Club (2nd Floor) 3:30 Happy Hour	28 9:00 Power up with Chelsey! Chair Exercise/ Yoga 10:00 Smoothies 10:15 Cornhole 2:30 Bowling Finals in the Dining room (Everyone Welcome) 3:00 Happy Hour	29 9:00 Exercise DVD 10:15 Bowling Event 2:00 Horseraces 3:30 Happy Hour 4:00 Trivia 7:30 Bingo
30 9:00 Exercise DVD 10:00 Live Broadcast Church Service 3:00 Sangria with Samantha 7:00 Sunday Night Movie	31 9:00 Exercise DVD 11:00 -2:00 Casual Chic 10:15 Giant Crossword 1:00-2:00 Country Store 2:30 52 Card Bingo					