








ActiveLiving

The Bentley Yorkton Kerri Anaka Active Living Coordinator:
Kerri.Anaka@congirseniorliving.ca

August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:15 Band Exercises – A 9:45 Band Exercises – A 10:30 Rosary – CH 10:30 Tic, Tac, Toe – A 2:00 Happy Hour with 3:30 Skip-Bo – C 7:00 Kaiser – C	2 9:15 Weight Exercises –A 10:00 Bean Bag Baseball 1:30 Carpet Darts – A 2:30 Rummikub – C 7:00 Kings Corner – C
3 9:15 Tiered One Exercises 10:00 Bling Ball – A 1:30 Bingo – A 3:30 Tile Rummy – C 7:00 Checkers – C	4 State Holiday 9:15 Band Exercises – A 9:45 Band Exercises – A 10:30 Horseshoes – A 1:30 Crafts with Faith-PD 1:30 Horse Races – C 3:30 King's Corner – C 7:00 Chicken Foot – C	5 9:15 Weights Exercises – A 9:30 Pole Walking – L 9:45 Weights Exercises – A 10:30 Carpet Darts – A 2:00 Town Hall Meeting-D 2:00 Root Beer Floats-D 2:30 Painting with Jeann 3:30 Phase 10 – C 7:00 Tile Rummy – C 7:00 Movie Night – A	6 9:15 Tiered One Exercises 9:30 Pole Walking – L 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Whist and Crib – C 1:30 Hockey Shoot Out – A 7:00 Tri-Ominos – C 7:00 Documentary – A	7 9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bean Bag Baseball-A 1:30 Dollarama Shopping 2:00 Diane and Keith – D 7:00 Shuffleboard – C	8 9:15 Band Exercises – A 9:45 Band Exercises – A 10:30 Rosary – CH 10:30 Bling Ball – A 2:00 Happy Hour with 3:30 Skip-Bo – C 7:00 Kaiser – C	9 9:15 Weight Exercises – A 10:00 Beanbag Baseball 11:00 & 12:45 Lue Outua 2:30 Entertainment – D 3:00 Rummikub – C 7:00 Kings Corner – C
10 9:15 Tiered One Exercises 10:00 Bling Ball – A 1:30 Bingo – A 3:30 Tile Rummy – C 7:00 Checkers – C	11 9:15 Band Exercises – A 9:45 Band Exercises – A 10:30 Horseshoes – A 1:30 Crafts with Faith-PD 1:30 Wall Darts – A 3:30 King's Corner – C 7:00 Chicken Foot – C	12 9:15 Weight Exercises – A 9:30 Pole Walking – L 9:45 Weight Exercises – A 10:30 Carpet Darts – A 2:00 Painting with Jeann 3:30 Phase 10 – C 7:00 Tile Rummy – C 7:00 Movie Night – A	13 9:15 Tiered One Exercises 9:30 Pole Walking – L 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Chair Yoga – A 2:00 Presentation with Hearn's Pharmacy – A 7:00 Tri-Ominos – C 7:00 Documentary – A	14 9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bean Bag Baseball-A 1:30 Dollar Tree Shopping 1:30 Bingo – A 7:00 Shuffleboard – C	15 9:15 Band Exercises – A 9:45 Band Exercises – A 10:30 Rosary – CH 10:30 Horse Shoes – A 2:00 Happy Hour with 3:30 Skip-Bo – C 7:00 Kaiser – C	16 9:15 Weight Exercises – A 10:00 Beanbag Baseball –A 1:30 Carpet Darts – A 2:00 Sing Along with Vera – D 3:00 Rummikub – C 7:00 King's Corner – C



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17 9:15 Tiered One Exercises 10:00 Bling Ball – A 1:30 Bingo – A 3:30 Tile Rummy – C 7:00 Checkers – C	18 7:30 & 8:30 Manager's Breakfast – D 9:15 Band Exercises – A 9:45 Band Exercises – A 10:30 Horseshoes – A 1:30 Crafts with Faith-PD 1:30 Horse Races – C 3:30 King's Corner – C 7:00 Chicken Foot – C	19 9:15 Weight Exercises – A 9:30 Pole Walking – L 9:45 Weight Exercises – A 10:30 Ukrainian Service-CH 10:30 Carpet Darts – A 2:00 Painting with Jeann 3:00 Ice Cream Cookie-D 3:30 Phase 10 – C 7:00 Tile Rummy – C 7:00 Movie Night – A	20 Drop Off Library 9:15 Tiered One Exercises 9:30 Pole Walking – L 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Chair Yoga – A 1:30 Crib & Whist – A 2:00 Monthly Birthdays-D 7:00 Tri-Ominos – C 7:00 Documentary – A	21 9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Beanbag Baseball – A 1:30 Walmart Shopping 1:30 Bingo – A 7:00 Shuffleboard – C	22 9:15 Band Exercises 9:45 Band Exercises 10:30 Rosary – CH 10:30 Carpet Darts – A 2:00 Happy Hour with 3:30 Skip-Bo – C 7:00 Kaiser – C	23 9:15 Weight Exercises – A 10:00 Beanbag Baseball –A 1:30 Carpet Darts – A 2:30 Rummikub – C 7:00 King's Corner – C
24 9:15 Tiered One Exercises 10:00 Bling Ball – A 1:30 Bingo – A 3:30 Tile Rummy – C 7:00 Checkers – C	25 9:15 Band Exercises – A 9:45 Band Exercises – A 10:30 Horseshoes – A 1:30 Crafts with Faith-PD 1:30 Wall Darts – A 3:30 King's Corner – C 7:00 Chicken Foot – C	26 9:15 Weight Exercises – A 9:30 Pole Walking – L 9:45 Weight Exercises – A 10:30 Carpet Darts – A 2:00 Painting with Jeann 3:30 Phase 10 – C 7:00 Tile Rummy – C 7:00 Movie Night – A	27 9:15 Tiered One Exercises 9:30 Pole Walking – L 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Chair Yoga – A 2:00 Hockey Shoot Out – A 7:00 Tri-Ominos – C 7:00 Documentary – A	28 9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Beanbag Baseball – A 1:30 Mall Shopping 1:30 Bingo – A 7:00 Shuffleboard – C	29 9:15 Band Exercises 9:45 Band Exercises 10:30 Rosary – CH 10:30 Wall Darts – A 2:00 Happy Hour with 3:30 Skip-Bo – C 7:00 Kaiser – C	30 9:15 Weight Exercises – A 10:00 Beanbag Baseball –A 1:30 Carpet Darts – A 2:30 Rummikub – C 7:00 King's Corner – C
				DATES TO REMEMBER	DATES TO REMEMBER	ROOM LEGEND
						A – Activity Room D – Dining Room C – Common Area 1 st , 2 nd ,3 rd CH – Chapel on 2 nd Floor