



October 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Thanksgiving 			1 10:00am Country Drive Outing (10am-12pm) 11:00am Activity Booklet Pick-up (AR) 02:00pm Afternoon Entertainment by Deidrey Francois (IL) 03:30pm Oktoberfest Trivia (FR) 06:00pm Watch TV with Friends (FR)	2 09:30am Buddy Visits (1-on-1) 10:00am Seated Yoga (FR) 11:00am Light & Shadow Sorting Game (FR) 02:00pm Apple Fritters Social (DR) 03:30pm Card Game: Rummy (GR)	3 10:00am Would you Rather Trivia (FR) 11:00am Chair Zumba (FR) 1:30pm Word Scramble (FR) 02:30pm Happy Hour: Featured Drink – Apple Cider Mimosa (IL) 04:00pm Bingo (FR) 06:00pm Watch TV with Friends (FR)	4 10:30am Yoga (FR) 11:00am Crossword (FR) 02:00pm Afternoon Entertainment by Graffiti Park (IL) 4:00pm Leaf Walking and Talk (MC) 06:00pm Documentary Night: Night on Earth (FR)
5 10:00am Online Church Service (FR) 11:00am Nail Therapy: Manicure (AR) 02:00pm Bingo (IL) 04:00pm Art and Craft Corner (AR) 06:00pm Drop-in Puzzle Night (AR)	6 09:30am Buddy Visits (1-on-1) 10:00am Exercise Group (FR) 11:00am Living Target Game (FR) 02:00pm Pumpkin Spice Latte Social (DR) 04:00pm Outdoor Walk (MC) (Weather permitting) 06:00pm Movie Night: Forrest Gump (FR)	7 09:30am Buddy Visits (1-on-1) 10:00am Seated Dance Workout (FR) 11:00am Crossword Corner (FR) 02:00pm Ping Pong Challenge (AR) 03:30pm Yarn Pumpkin Craft (AR) 06:00pm Sing-Along with Sue O (FR)	8 09:30am Buddy Visits (1-on-1) 10:00am Gentle Stretch (FR) 11:00am Festive Traditions Discussion (FR) 02:00pm Apple Pie Social: Meet & Greet New Residents (IL) 03:30pm Card Game: Uno (GR) 06:00pm Watch TV with Friends (FR)	9 09:30am Indoor Walks with Friends (MLN) 10:00am Seated Yoga (FR) 11:00am Fall Trivia (FR) 02:00pm Bingo (FR) 04:00pm Puzzle Corner (AR) 06:00pm Watch TV with Friends (FR)	10 09:30am Indoor Walks with Friends (MLN) 10:00am Morning Stretches 11:00am Children Visit: NYAD Daycare (FR) 02:30pm Happy Hour: Featured Drink - Fall Mocktail Sangria (IL) 4:00pm Pumpkin Decorating (AR) 06:00pm Movie: Footloose	11 10:00am Exercise: Cardio (FR) 11:00am Pictionary (FR) 02:00pm Musical Sing-Along (FR) 04:00pm Ball Game (FR) 06:00pm Documentary Night: Rolling Thunder Revue- A Bob Dylan Story (FR)
12 10:00am Online Church Service (FR) 11:00am Gratitude Tree Activity (AR) 02:00pm Bingo (IL) 04:00pm Art and Craft Corner (AR) 06:00pm Drop-in Puzzle Night (AR)	13 Thanksgiving 09:30am Buddy Visits (1-on-1) 10:00am Exercise (FR) 11:00am Thanksgiving Fun Facts (FR) 02:00pm Afternoon Entertainment by Zack Erickson (IL) 04:00pm Making Thanksgiving Card (AR) 06:00pm Movie Night: The Boy Who Harnessed the Wind (FR)	14 09:30am Buddy Visits (1-on-1) 10:00am Seated Dance Workout (FR) 11:00am Crossword Corner (FR) 02:00pm Pool Noodle Hockey (AR) 03:30pm Pumpkin Craft (AR)	15 09:30am Buddy Visits (1-on-1) 10:00am Fall Tour Bus Outing 11:00am Colouring Booklet Pick-up (AR) 02:00pm Chocolate Fondue Social (DR) 03:30pm Card Game: Uno (GR) 06:00pm Watch TV with Friends (FR)	16 09:30am Buddy Visits (1-on-1) 10:00am Seated Yoga (FR) 11:00am Name That Place Game (FR) 02:00pm Ping Pong (AR) 04:00pm Musical Sing-Along (FR) 06:00pm Watch TV with Friends (FR)	17 09:30am Indoor Walks with Friends (MLN) 10:00am Crossword Corner (FR) 11:00am Chair Zumba (FR) 1:30pm Fall Coloring (AR) 02:30pm Happy Hour: Featured Drink - Orange Creamsicle Cocktail (IL) 04:00pm Outdoor Walk (MC) 06:00pm Watch TV with Friends (FR)	18 10:00am Manicure and Music 11:00pm Cardio (FR) 02:00pm Apple Pie Social (GR) 04:00pm Costume Hat Decoration 06:00pm Documentary Night: Diana (FR)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:00am Online Church Service (FR) 11:00am Nail Therapy: Manicure (AR) 02:00pm Bingo (IL) 04:00pm Art and Craft Corner (AR) 06:00pm Drop-in Puzzle Night (AR)	20 09:30am Buddy Visits (1-on-1) 10:00am Exercise Group (FR) 11:00am Fish pong Challenge (AR) 02:00pm Hot Apple Cider Social (DR) 04:00pm Outdoor Walk (MC) <i>(Weather permitting)</i> 06:00pm Watch TV with Friends (FR)	21 Diwali 09:30am Buddy Visits (1-on-1) 10:00am Seated Dance Workout (FR) 11:00am Trivia: Festivals Around the World (FR) 02:30pm Musical Sing-along with Kathy Thompson (FR) 04:00pm Craft Corner: Painting Diya's (AR)	22 09:30am Buddy Visits (1-on-1) 10:00am Gentle Stretch (FR) 11:00am Crossword Corner (FR) 02:00pm Afternoon Entertainment by Samira Yeo (IL) 04:00pm Newsletter Club (FR) 06:00pm Movie Night: Julie & Julie (FR)	23 09:30am Buddy Visits (1-on-1) 10:00am Seated Yoga (FR) 11:00am Scrambled Words (FR) 02:00pm Movie Matinee: The Hundred-Foot Journey (BTR) 04:00pm Puzzle Corner (AR) 06:00pm Watch TV with Friends (FR)	24 09:30am Fall Sing-a-long 10:00am Morning Yoga (FR) 11:30 – 1:30pm Pizza Lunch (SO) 02:30pm Happy Hour: Featured Drink - Poisoned Apple Cocktail (IL) 04:00pm Fall Door Decor (AR) 06:00pm Movie Night: E.T. the extra-terrestrial (FR)	25 09:30am Friendly Visits 10:00am Exercise: Morning Stretches 1:00pm Old Phrases trivia 02:00pm Movie Matinee: Adam's Family (BTR) 06:00pm Documentary Night: The Social Dilemma (FR)
26 Open House 10:00am Online Church Service (FR) 11:00am Nail Therapy: Manicure (AR) 02:00pm Bingo (IL) 04:00pm Art and Craft Corner (AR) 06:00pm Drop-in Puzzle Night (AR)	27 09:30am Buddy Visits (1-on-1) 10:00am Exercise Group (FR) 11:00am Aromatherapy (FR) 02:00pm Olympic Games Challenge (Patio) 04:00pm Scattegories (FR) 06:00pm Movie Night: Hocus Pocus (FR)	28 09:30am Buddy Visits (1-on-1) 10:00am Seated Dance Workout (FR) 11:00am Crossword Corner (FR) 02:00pm Board Game with Friends (AR) 04:00pm Outdoor Walk (MC) <i>(Weather permitting)</i> 06:00pm Watch TV with Friends (FR)	29 09:30am Buddy Visits (1-on-1)) 10:00am Country Drive Outing 11:00am Activity Booklet Pick-up (AR) 02:00pm Holy Trinity Church Service: Everyone is Welcome! (TR) 03:30pm Card Game: Uno (GR) 06:00pm Watch TV with Friends (FR)	30 09:30am Buddy Visits (1-on-1) 10:00am Seated Yoga (FR) 11:00am Bean Bag Toss (FR) 02:00pm Resident Birthday Party with Entertainment by Tony Puglisi (IL) 04:00pm Pictionary (FR)	31 Halloween 10:30am Morning Meditation (FR) 11:00am Halloween Trivia with treats (FR) 02:00pm Happy Hour: Featured Drink - Pumpkin Spice Wine Spritzer (IL) 03:00pm Kids Visit from NYAD Guildwood Day Care (IL) 4:00pm Halloween Bingo (FR)	Happy HALLOWEEN
 Happy Diwali	Trick-or-Treat on 31st October 3 PM 	Venvi Guildwood Retirement Living 65 Livingston Road Scarborough, ON M1E 0E6 (416) 883-6920	ACTIVE LIVING TEAM Neha, Activity Aide neha.johnson1@cogirseniorliving.ca Asia, Activity Aide Noor, Activity Aide Najiya, Activity Aide Ana, Active Living Manager (Ex. 1500) Activity Aides can be reached by extension 1501	CALENDAR LEGEND Black: Daily Programs Purple: ML Special Events Red: IL Special Events Blue: Outings	DATES TO REMEMBER 13th- Thanksgiving 21 st - Diwali 26 th -Open House 31 st - Halloween	ROOM LEGEND AR: Activity Room DR: Dining Room FR: Family Room GR: Garden Room IL: Main Level MC: Memory Care MLN: Memory Living Neighborhood PO: Pool (Basement) SO: Solarium (5 th Floor) BTR: Basement Theatre Room