



August 2026

			Wednesday	Thursday	Friday	Saturday
Please note Calendar is subject to change. **Please check daily sheets for updates**	ROOM LEGEND	DATES TO REMEMBER				1
	(3) 3rd Floor (DR) Dining Room (2) 2nd Floor (B) Bistro (L) Lobby (FP) Front Patio (W) Wellness Chapel (BP) Back Patio	Lunch out August 5 "Best of friends" August 8 Glenna & Mark August 8 Paint & Sip August 10 Yesterday band August 12 Garage Sale August 14 T & T band August 19 Picnic at the Lake August 20 Phoenix band August 22 Accordion music August 26 Monthly birthday August 31				09:30am Simply Stretch(3) 10:00 am Coffee talk (BP) 2:00pm Ice cream Social (2) 7:00pm Movie& Popcorn (3)
2 10:00 am Coffee talk (BP) 2:00pm Lemonade and cookies (L) 3:00 pm Pick your game (2) 7:00pm Movie (3)	3 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (BP) 2:00 pm Chase the Ace (2) 7:00pm Trump Whist (2) No activity person	4 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk (BP) 1:00 pm Bus to Walmart 2:00 pm Card Bingo (2) 7:00pm *Bingo (2) No activity person	5 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (BP) 10:15 am Walking group (L) 11:30 am Lunch Out (Landing) 7:00pm Norwegian Whist (2) No activity person	6 09:30am Sit down & Tone up(3) 10:00 am Coffee talk(BP) 2:00 pm Bentley Downs (2) 7:00pm *Bingo (2) No activity person	7 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk(BP) 10:00 am Chase the Ace (2) 2:00pm Happy Hour (2) 7:00pm Trump Whist (2) No activity person	8 Best of Friends 09:30am Simply Stretch(3) 1:00 pm Watermelon & Marshmallow (Back patio) 2:00 Glenna & Mark (DR) 7:00pm Movie& Popcorn (3)
9 10:00 am Coffee talk (BP) 2:00pm Lemonade and cookies (L) 3:00 pm Pick your game (2) 7:00pm Movie (3)	10 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (BP) 10:00 am TEP (2) 10:30pm What Am I? game (2) 1:30 pm Paint & Sip (2) 7:00pm Trump Whist (2)	11 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk (BP) 10:00 am TEP (2) 10:30am What Am I? game (2) 1:00 pm Bus to Walmart 2:00 pm Card Bingo (2) 7:00pm *Bingo (2)	12 09:30am Sit down & Tone up-original (3) 10:15 am Walking group (L) 2:00pm Yesterday band (DR) 7:00pm Norwegian Whist (2) Wellness Clinic 9:00 am- 3:30 pm (2)	13 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk (BP) 10:00 am TEP (2) 10:30pm What Am I? game (2) 2:00 pm Bentley Downs (2) 7:00pm *Bingo (2)	14 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (BP) 10 am- 4 pm Garage Sale (Front) 7:00pm Trump Whist (2)	15 09:30am Simply Stretch(3) 10:00 am Coffee talk (BP) 2:00pm Ice cream Social (2) 3:00 pm Pick your Game (2) 7:00pm Movie& Popcorn (3)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 10:00 am Coffee talk (BP) 2:00pm Lemonade & cookies (L) 3:00 pm Pick your game (2) 7:00pm Movie (3)	17 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (BP) 10:00 am TEP (2) 10:30pm What Am I? game (2) 2:00pm Chase the Ace (2) 7:00pm Trump Whist (2)	18 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk (BP) 10:00 am TEP (2) 10:30am What Am I? game (2) 1:00 pm Bus to Walmart 2:00 pm Card Bingo (2) 7:00pm *Bingo (2)	19 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (BP) 10:15 am Walking group (L) 2:00 pm T & T band (2) 7:00pm Norwegian Whist (2)	20 09:30am Sit down & Tone up-encore (3) 10:00 am TEP (2) 10:30pm What Am I? game (2) 11:30 am Picnic at the lake (Lac Pelletier) 7:00pm *Bingo (2)	21 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk(BP) 10:00 am Chase the Ace (2) 2:00pm Happy Hour (2) 7:00pm Trump Whist (2)	22 09:30am Simply Stretch(3) 10:00 am Coffee talk (BP) 2:00pm Ice cream Social (2) 3:00 pm Phoenix band (DR) 7:00pm Movie & Popcorn (3)
23 10:00 am Coffee talk (BP) 2:00pm Lemonade & cookies (L) 3:00 pm Pick your game (2) 7:00pm Movie (3)	24 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (BP) 10:00 am TEP (2) 10:30pm What Am I? game (2) 2:00pm Chase the Ace (2) 7:00pm Trump Whist (2)	25 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk (BP) 10:00 am TEP (2) 10:30am What Am I? game (2) 1:00 pm Bus to Walmart 2:00 pm Card Bingo (2) 7:00pm *Bingo (2)	26 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (BP) 10:15 am Walking group (L) 2:00 pm Lawrence Accordion (DR) 7:00pm Norwegian Whist (2)	27 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk (BP) 10:00 am TEP (2) 10:30pm What Am I? game (2) 2:00 pm Bentley Downs (2) 7:00pm *Bingo (2)	28 09:30am Sit down & Tone up-original (3) 10:15 am Coffee & Treats (2) 2:00 pm Happy Hour (2) 7:00pm Trump Whist (2)	29 09:30am Simply Stretch(3) 10:00 am Coffee talk (BP) 2:00pm Ice cream Social (2) 7:00pm Movie& Popcorn (3)
30 10:00 am Coffee talk (BP) 2:00pm Lemonade & cookies (L) 3:00 pm Pick your game (2) 7:00pm Movie (3)	31 09:30am Sit down & Tone up-original (3) 10:00 am TEP (2) 10:30pm What Am I? game (2) 2:00pm Monthly Birthday (2) 7:00pm Trump Whist (2)		**Please note** Calendar is subject to change. **Please check daily sheets for updates**	CALENDAR LEGEND Highlights OUTINGS *IPad/Apple TV Programs	DATES TO REMEMBER Lunch out August 5 "Best of friends" August 8 Glenna & Mark August 8 Paint & Sip August 10 Yesterday band August 12 Garage Sale August 14 T & T band August 19 Picnic at the Lake August 20 Phoenix band August 22 Accordion music August 26 Monthly birthday August 31	ROOM LEGEND (3) 3rd Floor (DR) Dining Room (2) 2 nd Floor (B) Bistro (L) Lobby (FP) Front Patio (W) Wellness Chapel (BP) Back Patio