



October 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:45 Coffee & Conversation (L) 10:00 Bracelet Making (CR) 10:00 TEP 1 (ER) 11:00 Anglican Communion with Kathryn (RR) 11:00 Technology Help* (CR) 11:00 TEP 2 (ER) 2:45 Just Us Band Performs (RR) 3:00 Teatime (L) 6:30 Cribbage (L) International Seniors Day	2 9:45 Online Grocery Orders* (CR) 10:30 Active Living Meeting with Jamie-Lyn (CR) 10:00-10:30 Elanie's Exercise Classes (ER) 10:30-11:00 Elanie's Exercise Classes (ER) 1:15 St James Grade 3 Reading Program (RR) 2:15 Fit Minds (RR) 3:00 Teatime (L) 3:30 Trivia with John J (AB) 6:45 Stonehaven TV Showcase "Man on the Inside " (FL)	3 10:00 Choir Practice (RR) 10:00 Scattegories (CR) 11:00 Hymn Sing (L) 1:15 Artful Enrichment "Maud's Butterflies" (AR) 2:45 Birthday Party and Ottawa Rube Band Performs for Happy Hour (RR) 3:00 Teatime (L) 6:30 Stonehaven Cinema "Holiday in the Wild" (FL)	4 Activity Booklet (pick up at reception) 2:00 ALL Request Music Hour (L) 2:00 Knitters Drop-In Club (FL) 2:00 Bridge (LB) 3:00 Teatime (L)
5 Activity Booklet (pick up at reception) 9:15 Holy Communion from Holy Redeemer Catholic Church (C) 1:00 Stonehaven Cinema (FL) 2:00 Crokinole (CR) 2:00 Chess Club (L) 3:00 Teatime (L)	6 1:00 Giant Crosswords (CR) 2:00 Bocce Ball Tournament (L) 3:00 Teatime (L) 6:00 Igor plays piano (L)	7 10:00-10:30 Elanie's Exercise Classes (ER) 10:30-11:00 Elanie's Exercise Classes (ER) 11:00 Java Music Club (CR) 10:00-2:00 Avon – Dawn Brown (L) 1:00 Giant Tiger Outing (BUS) 2:00 Bridge (LB) 2:15 Bingo (CR) 3:00 Teatime (L) 6:45 Stonehaven TV Showcase "Parenthood" (FL)	8 9:45 Coffee & Conversation (L) 10:00 TEP 1 (ER) 11:00 TEP 2 (ER) 2:00 Care RX information Session "Influenza, RSV and Covid Prevention" RR) 2:00 Pool (PR) 2:30 Jeopardy (RR) 3:00 Teatime (L) 6:30 Cribbage (L)	9 9:45 Online Grocery Orders* (CR) 10:00-10:30 Elanie's Exercise Classes (ER) 10:30-11:00 Elanie's Exercise Classes (ER) 1:15 St James Grade 3 Reading Program (RR) 2:15 Fit Minds (RR) 3:00 Teatime (L) 6:45 Stonehaven TV Showcase "Parenthood" (FL)	10 10:00 Choir Practice (RR) 11:00 Hymn Sing (L) 1:15 Artful Enrichment "Pumpkin" (AR) 2:45 Bob and Don Performs for Happy Hour (RR) 3:00 Teatime (L) 6:30 Stonehaven Cinema "Red 2" (FL)	11 Activity Booklet (pick up at reception) 2:00 ALL Request Music Hour (L) 2:00 Knitters Drop-In Club (FL) 2:00 Bridge (LB) 3:00 Teatime (L)
12 Activity Booklet (pick up at reception) 9:15 Holy Communion from Holy Redeemer Catholic Church (C) 1:00 Stonehaven Cinema (FL) 2:00 Crokinole (CR) 2:00 Chess Club (L) 3:00 Teatime (L)	13 Thanksgiving 2:00 Bocce Ball Tournament (L) 3:00 Teatime (L) 6:00 Igor plays piano (L)	14 10:00-10:30 Elanie's Exercise Classes (ER) 10:30-11:00 Elanie's Exercise Classes (ER) 11:00 The Glen Outing (BUS) 2:00 Bridge (LB) 2:00 Pool (PR) 2:15 Bingo (CR) 3:00 Teatime (L) 6:45 Stonehaven TV Showcase "Parenthood" (FL)	15 8:00 Men's Breakfast (DR) 10:00 TEP 1 (ER) 11:00 TEP 2 (ER) 10:30 Ecumenical Communion (RR) 2:00 Townhall Meeting (RR) 2:00 Townhall (RR) 3:00 Teatime (L) 6:30 Cribbage (L)	16 9:45 Online Grocery Orders* (CR) 10:00-10:30 Elanie's Exercise Classes (ER) 10:30-11:00 Elanie's Exercise Classes (ER) 2:00 Line Dancing (RR) 3:30 Trivia with John J (AB) 3:00 Teatime (L) 6:45 Stonehaven TV Showcase "Parenthood" (FL)	17 10:00 Choir Practice (RR) 11:00 Hymn Sing (L) 1:15 Artful Enrichment "Fall Shade" (AR) 2:45 Mary Ellen Performs for Happy Hour (RR) 3:00 Teatime (L) 6:30 Stonehaven Cinema "Planes Trains and Automobiles" (FL)	18 Activity Booklet (pick up at reception) 2:00 ALL Request Music Hour (L) 2:00 Knitters Drop-In Club (FL) 2:00 Bridge (LB) 3:00 Teatime (L)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 Activity Booklet (pick up at reception) 9:15 Holy Communion from Holy Redeemer Catholic Church (C) 1:00 Stonehaven Cinema (FL) 2:00 Crokinole (CR) 2:00 Chess Club (L) 3:00 Teatime (L)	20 1:00 Khatereh Chair Yoga (RR) 2:00 Bocce Ball Tournament (L) 3:00 Teatime (L) 6:00 Igor plays piano (L)	21 10:00-10:30 Elanie’s Exercise Classes (ER) 10:30-11:00 Elanie’s Exercise Classes (ER) 11:00 Java Music Club (CR) 1:00 Carlingwood Mall Outing (BUS) 2:00 Bridge (LB) 2:15 Bingo (CR) 3:00 Teatime (L) 6:45 Stonehaven TV showcase “Parenthood” (FL)	22 9:45 Coffee & Conversation (L) 10:00 TEP 1 (ER) 11:00 TEP 2 (ER) 2:00 Giddy up and go ponies Pet Therapy (RR) 2:00 Pool (PR) 3:00 Teatime (L) 6:30 Men’s Club (AB) 6:30 Cribbage (L)	23 9:45 Online Grocery Orders* (CR) 10:00 Fall Leaves Tour (BUS) 10:00-10:30 Elanie’s Exercise Classes (ER) 10:30-11:00 Elanie’s Exercise Classes (ER) 2:00 Carries Karaoke (RR) 3:00 Teatime (L) 6:45 Stonehaven TV Showcase “Parenthood” (FL)	24 10:00 Choir Practice (RR) 11:00 Hymn Sing (L) 1:15 Artful Enrichment “Rainbow Valley” (AR) 2:45 Trudy Letourneau Performs for Happy Hour (RR) 3:00 Teatime (L) 6:30 Stonehaven Cinema “Murder Mystery” (FL)	25 Activity Booklet (pick up at reception) 2:00 ALL Request Music Hour (L) 2:00 Knitters Drop-In Club (FL) 2:00 Bridge (LB) 3:00 Teatime (L)
26 Activity Booklet (pick up at reception) 9:15 Holy Communion from Holy Redeemer Catholic Church (C) 1:00 Stonehaven Cinema (FL) 2:00 Crokinole (CR) 2:00 Chess Club (L) 3:00 Teatime (L)	27 10:30 Giant Crosswords (CR) 2:00 Bocce Ball Tournament (L) 3:00 Teatime (L) 6:00 Igor plays piano (L)	28 10:00-10:30 Elanie’s Exercise Classes (ER) 10:30-11:00 Elanie’s Exercise Classes (ER) 2:00 Sandy Shore Performs (RR) 2:00 Bridge (LB) 3:00 Teatime (L) 6:45 Stonehaven TV Showcase “Parenthood” (FL)	29 9:45 Coffee & Conversation (L) 1:00 Bracelet Making (CR) 2:00 Pool (PR) 2:15 Jeopardy (RR) 3:00 Teatime (L) 6:30 Cribbage (L)	30 9:45 Online Grocery Orders* (CR) 10:00-10:30 Elanie’s Exercise Classes (ER) 10:30-11:00 Elanie’s Exercise Classes (ER) 1:15 St James Grade 3 Reading Program (RR) 2:15 Fit Minds (RR) 3:00 Teatime (L) 3:30 Trivia with John J (AB) 6:45 Stonehaven TV Showcase “Parenthood” (FL)	31 Halloween 10:00 Choir Practice (RR) 10:30 Technology Help (CR) 11:00 Hymn Sing (L) 1:15 Artful Enrichment “Spooky Night” (AR) 1:30-2:30 Wheelchair and Walker Clinic (CR) 2:45 Derek F Performs for Happy Hour (RR) 3:00 Teatime (L) 6:30 Stonehaven Cinema “Murder Mystery 2” (FL)	
			CALENDAR NOTES Teatime served every afternoon at <u>3:00 PM in the Lobby.</u> Happy Hours are held in the Recreation Room every <u>Friday at 2:45 PM.</u>	Hairdresser / Exercise Hair Dressing Hours: By Appointment ONLY Elanie’s Exercise Classes: Every Tuesday & Thursday Located in Exercise Room Khatereh's Chair Yoga: Located in the Recreation Room	CALENDAR LEGEND Special Programs Outings Technology*	ROOM LEGEND L - Lobby CR - Craft Room FL - 1st Floor Lounge C – Chapel RR - Recreation Room AB - Apartment Bistro AR - Art Room LB - Library ER - Exercise Room PR – Pool Room DR - Dining Room SE – Second Floor Elevator SD – Small Dining Room B- Basement CY- Courtyard (Patio) PL – Parking Lot