






ActiveLiving

The Bentley Yorkton Kerri Anaka Active Living Coordinator:
 Kerri.Anaka@cogirseniorliving.ca

April 2026



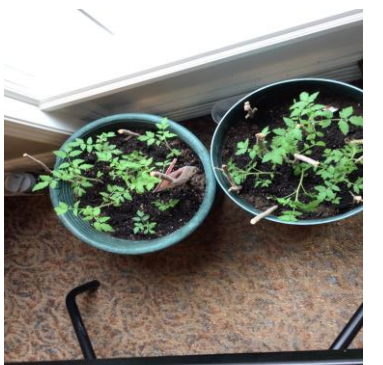

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Chair Yoga – A 2:15 Wall Darts – A 1:30 Crib & Whist – C 7:00 Tri-Ominos – C 7:00 Movie Night – A	2 9:15 Tiered One Exercises 9:30 – 11:30 Quilting – 2nd 9:45 Tiered Two Exercises 10:30 Bean Bag Baseball-A 1:30 Bingo – A 7:00 Shuffleboard – 3rd	3 9:15 Band Exercises – A 9:45 Band Exercises – A 10:30 Rosary – CH 10:30 Tic, Tac Toe – A 2:30 Happy Hour with Jim Bot – D 3:30 Skip-Bo – C 7:00 Kaiser – C	4 9:15 Weight Exercises – A 9:45 Weight Exercise – A 10:30 Beanbag Baseball 1:30 Horse Shoes – A 2:30 Golf Game – A 2:30 Crib and Whist – C 7:00 Kings Corner – C
5 9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Bingo – A 3:30 Tile Rummy – C 3:30 Crib and Whist – C 7:00 Checkers – C	6 9:15 Band Exercises – A 9:45 Band Exercises – A 10:00 Crafts with Faith-PD 10:30 Horseshoes – A 1:30 Hockey Shoot Out-A 2:00 Learning About Pool 1:30 Giant Tiger 7:00 Chicken Foot – C	7 9:15 Weight Exercises – A 9:45 Weight Exercises – A 10:00 Building Crafts-PD 10:30 Carpet Darts – A 2:00 Town Hall Meeting-D 2:30 Painting with Jeann 3:30 Phase 10 – C 7:00 Tile Rummy – C 7:00 Movie Night – A	8 9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Chair Yoga – A 1:30 Crib & Whist – C 2:15 Wall Darts– A 3:00 Book Club – PD 7:00 Movie Night – A	9 9:15 Tiered Exercises 9:30 – 11:30 Quilting – 2nd 9:45 Tiered Exercises 10:30 Bean Bag Baseball 1:30 Crib Tournament-A 7:00 Shuffleboard – 3rd	10 9:15 Band Exercises – A 9:45 Band Exercises – A 10:30 Rosary – CH 10:30 Tic, Tac Toe – A 2:30 Happy Hour with Tim Richards – D 3:30 Skip-Bo – C 7:00 Kaiser – C	11 9:15 Weight Exercises – A 9:45 Weight Exercises – A 10:30 Beanbag Baseball 1:30 Horse Shoes – A 2:00 Sing Along with Vera – D 3:30 Rummikub – C 3:30 Crib and Whist – C 7:00 Kings Corner – C
12 9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Bingo – A 3:30 Tile Rummy – C 3:30 Crib and Whist – C 7:00 Checkers – C	13 9:15 Band Exercises – A 9:45 Band Exercises – A 10:00 Crafts with Faith-PD 10:30 Horseshoes – A 1:30 Dollarama 1:30 to 3:30 Canadian Film Festival – A 3:30 King's Corner – C 7:00 Chicken Foot – C	14 9:15 Weight Exercises – A 9:45 Weight Exercises – A 10:30 Carpet Darts – A 10:00 Building Crafts-PD 2:00 Painting with Jeann 3:30 Phase 10 – C 7:00 Tile Rummy – C 7:00 Movie Night – A	15 9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Chair Yoga – A 1:30 Crib & Whist – C 2:15 Wall Darts – A 7:30 Masquerade Ball – D 7:30 Rodney & Stan – D	16 9:15 Tiered One Exercises 9:30 – 11:30 Quilting – 2nd 9:45 Tiered Two Exercises 10:30 Anglican Service-CH 10:30 Bean Bag Baseball-A 1:30 Bingo – A 2:30 United Service – CH 7:00 Shuffleboard – 3rd	17 9:15 Band Exercises – A 9:45 Band Exercises – A 10:30 Rosary – CH 10:30 Tic, Tac, Toe – A 2:30 Happy Hour with Marilyn & Gene – D 3:30 Skip-Bo – C 7:00 Kiaser – C	18 9:15 Weight Exercises – A 9:45 Weight Exercises – A 10:30 Beanbag Baseball – A 1:30 Horse Shoes – A 2:30 Golf Game – A 2:30 Crib and Whist – C 7:00 Kings Corner – C



ActiveLiving

The Bentley Yorkton Kerri Anaka Active Living Coordinator:
 Kerri.Anaka@congriseniorliving.ca

April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Bingo – A 3:00 Salvation Army Sing Along – D 3:30 Tile Rummy – C 3:30 Crib and Whist – C 7:00 Checkers – C	20 Manager's Breakfast – D 9:15 Band Exercises – A 9:45 Band Exercises – A 10:00 Crafts with Faith-PD 10:30 Horseshoes – A 1:30 Hockey Shoot Out – A 1:30 Mall Shopping 2:30 Left, Right, Center-D 7:00 Chicken Foot – C	21 9:15 Weight Exercises – A 9:45 Weight Exercises – A 10:00 Building Crafts-PD 10:30 Carpet Darts 10:30 Ukrainian – CH 2:00 Painting with Jeann 7:00 Tile Rummy – C 7:00 Movie Night – A	22 9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Chair Yoga – A 2:30 Monthly Birthdays 2:30 Entertainment – D 7:00 Tri-Ominos – C	23 9:15 Tiered One Exercises 9:30 – 11:30 Quilting – 2nd 9:45 Tiered Two Exercises 10:30 Beanbag Baseball – A 1:30 Bingo – A 2:00 Black Jack – D 1:30 Crib & Whist – C 7:00 Shuffleboard – 3rd	24 9:15 Band Exercises 9:45 Band Exercises 10:30 Rosary – CH 10:30 Tic, Tac, Toe – A 2:30 Happy Hour with Len Gadcia – D 3:30 Skip-Bo – C 7:00 Kiaser – C	25 9:15 Weight Exercises – A 9:45 Weight Exercises – A 3:30 Rummikub – C 3:30 Crib and Whist – C 7:00 King's Corner – C
26 9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Bingo – A 3:30 Tile Rummy – C 3:30 Crib and Whist – C 7:00 Checkers – C	27 9:15 Band Exercises – A 9:45 Band Exercises – A 10:00 Crafts with Faith-PD 10:30 Horseshoes – A 1:30 Horse Races – A 1:30 Walmart Shopping 2:30 Left, Right, Center-D 7:00 Chicken Foot – C	28 9:15 Weight Exercises – A 9:45 Weight Exercises – A 10:00 Building Crafts-PD 10:30 Carpet Darts 2:00 Town Hall Meeting-D 2:30 Painting with Jeann 7:00 Tile Rummy – C 7:00 Movie Night – A	29 9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Chair Yoga – A 2:15 Wall Darts – A 7:00 Tri-Ominos – C	30 9:15 Tiered One Exercises 9:30 – 11:30 Quilting-2nd 9:45 Tiered Two Exercises 10:30 Beanbag Baseball – A 1:30 Bingo – A 1:30 Crib & Whist – C 7:00 Shuffleboard – 3rd		
				DATES TO REMEMBER April 3 rd Jim Bot April 10 th Tim Richards April 17 th Marilyn & Gene April 24 th Len Gadcia	DATES TO REMEMBER April 11 th Sing Along with Vera April 15 th Rodney & Stan April 15 th Wine and Cheese Masquerade Ball	ROOM LEGEND A – Activity Room D – Dining Room C – Common Area 1 st , 2 nd , 3 rd CH – Chapel on 2 nd Floor