



## February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1 Black History Month</b></p> <p><b>10:00am</b> Live stream Church Service (FR)  <b>11:00am</b> Hymn Sing-Along (FR)  <b>02:00pm</b> <b>Bingo (DK)</b>  <b>03:30pm</b> <b>DIY: Bright Button Afro Art (AR)</b>  <b>06:00pm</b> Documentary: Stamped from The Beginning (FR)</p>	<p><b>2</b></p> <p><b>09:00am</b> Indoor Walk  <b>10:00am</b> Exercise Session: Weighted Ball (FR)  <b>11:00am</b> Daily Crossword (FR)  <b>02:00pm</b> Black History Fun Fact  <b>03:30pm</b> Scent Guess Game (AR)  <b>06:00pm</b> TV Series: Call the Midwife (FR)</p>	<p><b>3</b></p> <p><b>09:00am</b> Indoor Walk  <b>10:00am</b> Exercise Session: Band Exercises (FR)  <b>11:00am</b> Who Am I? (FR)  <b>02:00pm</b> Bingo (FR)  <b>03:30pm</b> <b>DIY: Wooden Brush Painting (AR)</b>  <b>06:00pm</b> Movie Night (FR)</p>	<p><b>4</b></p> <p><b>10:00am</b> Indoor Walk  <b>11:00am</b> Activity Booklet Pickup (AR)  <b>02:00pm</b> Puzzle Corner (AR)  <b>03:30pm</b> <b>Cupcake Social: Decorate your own cupcakes (DR)</b>  <b>07:00pm</b> <b>Black Artist and Inventors Costume Tribute Show by Deidrey Francois (DK)</b></p>	<p><b>5</b></p> <p><b>10:00am-12:00pm: Walker Clinic on Site (DK)</b>  <b>10:00am</b> Exercise Session: Band Exercises (FR)  <b>11:00am</b> Bartender Quiz (FR)  <b>02:30pm</b> <b>Happy Hour: Featured Drink – Frozen Hot Chocolate Martini (BI)</b>  <b>04:00pm</b> Bean Bag Toss (AR)  <b>06:00pm</b> Movie Night (FR)</p>	<p><b>6 Winter Olympic Games</b></p> <p><b>09:00am</b> Indoor Walk  <b>10:00am</b> Name That Love Song (FR)  <b>11:00am</b> Chair Zumba with Naz (FR)  <b>02:00pm</b> Moneyball Olympic Game (AR)  <b>03:30pm</b> <b>DIY: Valentines Garland Craft (AR)</b>  <b>06:00pm</b> TV Series: The Crown (FR)</p>	<p><b>7</b></p> <p><b>10:00am</b> Exercise Session: Cardio (FR)  <b>11:00am</b> Music &amp; Manicure (FR)  <b>02:00pm</b> <b>Baking Class (DK)</b>  <b>06:00pm</b> TV Series: Grace and Frankie (FR)</p>
<p><b>8</b></p> <p><b>10:00am</b> Live stream Church Service (FR)  <b>11:00am</b> Hymn Sing-Along (FR)  <b>02:00pm</b> <b>Bingo (DK)</b>  <b>03:30pm</b> <b>Winter Olympic Games – Anagrams (FR)</b>  <b>06:00pm</b> Movie Night (FR)</p>	<p><b>9</b></p> <p><b>09:00am-3:00pm</b> <b>Vendor on Site: Triple Eight Clothing (DK)</b>  <b>10:00am</b> Exercise Session: Weighted Ball (FR)  <b>11:00am</b> Love Tree (AR)  <b>02:00pm</b> February Word Scrabbles (FR)  <b>03:30pm</b> <b>DIY: Clay Necklaces (AR)</b>  <b>06:00pm</b> TV Series: Call the Midwife (FR)</p>	<p><b>10</b></p> <p><b>09:00am</b> Indoor Walk  <b>10:00am</b> Exercise Session: Band Exercises (FR)  <b>11:00am</b> February Hangman (FR)  <b>02:00pm</b> Bingo (FR)  <b>03:30pm</b> <b>Coffee and Cake Social (GR)</b>  <b>06:00pm</b> Movie Night (FR)</p>	<p><b>11</b></p> <p><b>09:00am</b> <b>Outing: Dairy Queen (10am-12pm)</b>  <b>11:00am</b> Activity Booklet Pickup (AR)  <b>02:00pm</b> <b>DIY Bookmark (AR)</b>  <b>03:30pm</b> Ball Toss (FR)  <b>06:00pm</b> Puzzle Corner (AR)</p>	<p><b>12</b></p> <p><b>09:00am-2:00pm</b> <b>Vendor on Site: Sally Bubbles (DK)</b>  <b>09:00am</b> Indoor Walk  <b>10:00am</b> Exercise Session: Band Exercises (FR)  <b>11:00am</b> Daily Crossword (FR)  <b>02:00pm</b> The Price is Right Game (GR)  <b>03:30pm</b> DIY: Valentine's Day Card (AR)  <b>06:00pm</b> Movie Night (FR)</p>	<p><b>13</b></p> <p><b>09:00am</b> Indoor Walk  <b>10:00am</b> Exercise Session (FR)  <b>11:30am - 1:00 pm</b> <b>Pizza Lunch (SO)</b>  <b>02:30pm</b> <b>Happy Hour: Featured Drink – Cupid's Arrow Mocktail (BI)</b>  <b>04:00pm</b> Alphabet Quiz (FR)  <b>06:00pm</b> TV Series: The Crown (FR)</p>	<p><b>14 Valentine's Day</b></p> <p><b>10:00am</b> Indoor Walk  <b>11:00am</b> Break My Heart Game (FR)  <b>02:00pm</b> <b>Sweethearts Sugar Cookies - Valentines Edition (DK)</b>  <b>03:30pm</b> Unscramble words (FR)  <b>07:00pm</b> <b>Valentine's Day Show with Entertainment by Davis Steven (DK)</b></p>



Venvi Guildwood • Memory Care • Ana Luiza Walter Nuno • Active Living Manager ext. 1500

**February 2026**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b> 10:00am Live stream Church Service (FR) 11:00am Hymn Sing-Along (FR) 02:00pm <b>Bingo (DK)</b> 03:30pm <b>Winter Olympic Games - Guessing Game (DK)</b> 06:00pm <b>Movie Night (FR)</b>	<b>16 Family Day</b> 09:00am Indoor Walk 10:00am Exercise Session: Weighted Ball (FR) 11:00am Match Name to Face (FR) 02:00pm <b>Coffeehouse Connections Social – Meet &amp; Greet New Residents (BI)</b> 03:30pm Basket Pong Game (AR) 06:00pm TV Series: Call the Midwife (FR)	<b>17 Lunar New Year</b> <b>Mardi Gras Day</b> <b>Wear Purple, Green or Gold</b> 09:00am Indoor Walk 10:00am Exercise Session: Band Exercises (FR) 11:00am Mardi Gras Quiz (FR) 02:00pm <b>Mardi Gras Show with Entertainment by Tony Puglisi (DK)</b> 03:30pm <b>DIY: Festive Lantern (AR)</b> 06:00pm Movie Night (FR)	<b>18</b> 10:00am Exercise: Cardio (FR) 11:00am Activity Booklet Pickup (AR) 02:00pm Bingo (FR) 03:30pm <b>DIY: Pipe cleaner Flowers Craft (AR)</b> 06:00pm Puzzle Corner (AR)	<b>19</b> 09:00am Indoor Walk 10:00am Exercise Session: Band Exercises (FR) 11:00am Daily Crossword (FR) 02:00pm <b>Yogurt Parfait Social (DR)</b> 03:30pm Play Dough Guessing Competition (AR) 06:00pm Movie Night (FR)	<b>20</b> 09:00am Indoor Walk 10:00am Pictionary (FR) 11:00am Chair Zumba with Naz (FR) 02:30pm <b>Happy Hour: Featured Drink – Peachy Bellini (BI)</b> 04:00pm Flower Arranging (GR) 06:00pm TV Series: The Crown (FR)	<b>21</b> 10:00am Exercise Session: Cardio (FR) 11:00am Music & Manicure (FR) 02:00pm <b>Baking Class (DK)</b> 03:30pm Guess the Dog Breed (FR) 06:00pm TV Series: Grace and Frankie (FR)
<b>22</b> 10:00am Live stream Church Service (FR) 11:00am Hymn Sing-Along (FR) 02:00pm <b>Bingo (DK)</b> 03:30pm <b>High Tea Social (AR)</b> 06:00pm Movie Night (FR)	<b>23</b> 09:00am Indoor Walk 10:00am Exercise Session: Weighted Ball (FR) 11:00am Old Wife's Tale- True or False? (FR) 01:30pm <b>Guest Speaker Barbara Dickson: Canada's Bomb Girls (TR)</b> 03:30pm Chuck the Duck Game (AR) 06:00pm TV Series: Call the Midwife (FR)	<b>24</b> 09:00am Indoor Walk 10:00am Exercise Session: Band Exercises (FR) 11:00am Pictionary (FR) 02:00pm <b>DIY: Make your own Mask (AR)</b> 03:30pm Hula Hoop Ball Toss (AR) 06:00pm Movie Night (FR)	<b>25</b> 09:00am <b>Outing: Dairy Queen (10am-12pm)</b> 11:00am Activity Booklet Pickup (FR) 02:00pm <b>Holy Trinity Church Service: Everyone Welcome! (TR)</b> 03:30pm Clay Art Session (AR) 06:00pm Puzzle Corner (AR)	<b>26</b> 09:00am Indoor Walk 10:00am Exercise Session: Band Exercises (FR) 11:00am Daily Crossword (FR) 02:00pm <b>Resident Birthday Party with Entertainment by John Kim (DK)</b> 03:30pm Horse Racing (AR) 06:00pm Movie Night (FR)	<b>27</b> 09:00am Indoor Walk 10:00am Exercise Session (FR) 11:00am Winter Sensory Bin (FR) 02:30pm <b>Happy Hour: Featured Drink – Clover Club (BI)</b> 04:00pm Finish the Phrase (FR) 06:00pm TV Series: The Crown (FR)	<b>28</b> 10:00am Exercise Session: Cardio (FR) 11:00am Music & Manicure (FR) 02:00pm Puzzle Corner (AR) 03:30pm <b>Cherry Pie Social (GR)</b> 06:00pm TV Series: Grace and Frankie (FR)
		<b>Active Living Team</b> <b>Neha-</b> Activity Aide Ext. 1501 <b>Asia-</b> Activity Aide <b>Naz-</b> Activity Aide <b>Noor-</b> Activity Aide <b>Ana-</b> Active Living Manager (Ex. 1500)		<b>CALENDAR LEGEND</b>  <b>Special Programs/Events</b> <b>Outings</b> <b>Memory Living Programs</b> <b>Daily Events</b>	<b>DATES TO REMEMBER</b> February 5 <sup>th</sup> – Walker Clinic on Site February 6 <sup>th</sup> - Winter Olympic Games February 12 <sup>th</sup> - Hearing Clinic on Site February 14 <sup>th</sup> - Valentines Day February 16 <sup>th</sup> - Family Day	<b>ROOM LEGEND</b> <b>AR:</b> Activity Room <b>BTR:</b> Basement Theatre Room <b>BI:</b> Bistro <b>DK:</b> Demo Kitchen <b>DR:</b> Dining Room <b>FR:</b> Family Room <b>GR:</b> Garden Room <b>MLN:</b> Memory Living Neighborhood <b>PO:</b> Pool (Basement) <b>SO:</b> Solarium (5 <sup>th</sup> Floor)
		<b>Venvi Guildwood Retirement Living</b> <b>65 Livingston Road</b> <b>Scarborough, ON M1E 0E6</b>  <b>(416) 883-6920</b>				