



ActiveLiving

Stonehaven Retirement Residence • Jamie-Lyn Robertson • jamie-lyn.robertson@cogiseniorliving.ca • 613-292-7383

VEN VI

December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Bocce Ball Tournament (L) 1:30 Walking Club (LB) 2:00 Stonehaven Choristers Christmas Concert (RR) 3:00 Teatime (L) 6:00 Igor plays piano (L)	2 10:30-11:00 Elanie's Exercise Classes (ER) 11:00-11:30 Elanie's Exercise Classes (ER) 2:00 Care RX Information Session – Falls Prevention (RR) 2:00 Bridge (AB) 2:00 Pool (PR) 2:15 Bingo (CR) 3:00 Teatime (L) 6:45 Stonehaven Cinema "Wonka" (FL)	3 9:45 Coffee & Conversation (L) 10:00 Home sense and Winners (BUS) 10:00 Anglican Communion with Kathryn (RR) 2:00 Farm Boy (BUS) 2:00 Aged in Harmony performs (RR) 2:15 Jeopardy (CR) 3:00 Teatime (L) 3:30 Book Club Meeting (AB) 6:30 Cribbage (L)	4 9:45 Online Grocery Orders* (CR) 10:30 Active Living Meeting with Jamie-Lyn (CR) 10:30-11:00 Elanie's Exercise Classes (ER) 11:00-11:30 Elanie's Exercise Classes (ER) 1:15 St James Grade 3 Reading Program (RR) 2:30 Fit Minds (RR) 3:00 Teatime (L) 3:30 Trivia with John J (AB) 6:45 Stonehaven Cinema "Whitney Houston: I Wanna Dance with Somebody" (FL)	5 11:00 Hymn Sing (L) 1:15 Artful Enrichment "Christmas Ornaments" (AR) 2:00 Rose 123 Spa (RR) 3:00 Teatime (L) 7:00-9:00 Resident and Family Christmas Party with performances from Noel D and Johnny Vegas (RR and DR) <i>Its time to Party - Dress in Festive Wear</i>	6 All Day Activity Booklet (Reception) 10:00 Canadian Super Store (BUS) 2:00 ALL Request Music Hour (L) 2:00 Knitters Drop-In Club (FL) 2:00 Carlingwood Mall (BUS) 2:00 Bridge (AB) 3:00 Teatime (L)
7	8 All Day Activity Booklet (Reception) 9:15 Holy Communion from Holy Redeemer Catholic Church (C) 1:00 Euchre (LB) 1:00 Stonehaven Cinema "Elf" (FL) 2:00 Crokinole (CR) 3:00 Teatime (L)	9 10:30 TEP 1 (ER) 11:30 TEP 2 (ER) 1:30 Walking Club (LB) 2:00 Bocce Ball Tournament (L) 3:00 Teatime (L) 6:00 Igor plays piano (L)	10 10:00-2:00 Avon – Dawn Brown (L) 10:30-11:00 Elanie's Exercise Classes (ER) 11:00-11:30 Elanie's Exercise Classes (ER) 2:00 Bridge (LB) 2:00 Pool (PR) 2:00 Line Dancing (RR) 3:00 Teatime (L) 6:00 Christmas Lights Tour (BUS) 6:30 Men's Club (AB) 6:45 Stonehaven Cinema "Four Christmases" (FL)	11 9:45 Coffee & Conversation (L) 10:00 Metro (BUS) 2:00 Townhall Meeting (RR) 2:00 Pool (PR) 2:00 Dollar store and Value Village (BUS) 2:15 Jeopardy (CR) 3:00 Teatime (L) 6:30 Cribbage (L)	12 11:00 Hymn Sing (L) 1:15 Artful Enrichment "Winter Birches" (AR) 2:45 Birthday Party and Trudy Letourneau Performs for Happy Hour (RR) 3:00 Teatime (L) 6:30 Stonehaven Cinema "Deck the Halls" (FL)	13 All Day Activity Booklet (Reception) 2:00 Gordon Lee Plays Piano (L) 2:00 ALL Request Music Hour (L) 2:00 Knitters Drop-In Club (FL) 2:00 Bridge (LB) 3:00 Teatime (L)
14	15 All Day Activity Booklet (Reception) 9:15 Holy Communion from Holy Redeemer Catholic Church (C) 1:00 Euchre (LB) 1:00 Stonehaven Cinema "It's a Wonderful Life" (FL) 2:00 Crokinole (CR) 3:00 Teatime (L)	16 10:30-11:00 Elanie's Exercise Classes (ER) 11:00-11:30 Elanie's Exercise Classes (ER) 2:00 Allan Ryan Performs (L) 2:00 Pool (PR) 2:00 Bridge (LB) 3:00 Teatime (L) 6:45 Stonehaven Cinema "Audrey" (FL)	17 8:00 Men's Breakfast (DR) 10:30 Ecumenical Communion (RR) 10:00 Homesense and Winners (BUS) 10:00-2:00 Kanata Hazelden Lions Club (L) 11:00 Technology Help* (CR) 2:00 Canadian Super Store (BUS) 2:00 Pool (PR) 2:00 Sip and Color (L) 3:00 Teatime (L) 6:00 Allan Ryan Plays Piano (L)	18 9:45 Online Grocery Orders* (CR) 10:30-11:00 Elanie's Exercise Classes (ER) 11:00-11:30 Elanie's Exercise Classes (ER) 1:15 St James Grade 3 Reading Program (RR) 2:30 Fit Minds (RR) 3:00 Teatime (L) 3:30 Trivia with John J (AB) 6:45 Stonehaven Cinema "A Very Murry Christmas" (FL)	19 10:30 Holiday Sing-a-long (L) 1:15 Artful Enrichment "Winter Holiday Tree" (AR) 1:30-2:30 Wheelchair and Walker Clinic (CR) 2:45 Crackle Pop Duo Performs for Holiday Happy Hour (RR) 3:00 Teatime (L) 3:30 Teatime (L) 6:30 Stonehaven Cinema "The Holiday Calendar" (FL)	20 All Day Activity Booklet (Reception) 10:00 Carlingwood Mall (BUS) 2:00 ALL Request Music Hour (L) 2:00 Knitters Drop-In Club (FL) 2:00 Walmart (BUS) 2:00 Bridge (AB) 3:00 Teatime (L)
	<i>Wear Holiday Socks Day</i>	<i>Wear Red Day</i>	<i>Reindeer Day</i>	<i>Wear Blue Day</i>	<i>Wear Cozy Plaid Day</i>	



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 All Day Activity Booklet (Reception) 9:15 Holy Communion from Holy Redeemer Catholic Church (C) 1:00 Euchre (LB) 1:00 Stonehaven Cinema "Miracle on 34 th Street" (FL) 2:00 Crokinole (CR) 3:00 Teatime (L)	22 10:30 TEP 1 (ER) 11:30 TEP 2 (ER) 1:30 Walking Club (LB) 2:00 Bocce Ball Tournament (L) 3:00 Teatime (L) 6:00 Igor plays piano (L) <i>Wear Christmas Hats and Scarves Day</i>	23 9:45 Online Grocery Orders* (CR) 2:00 Paul Lattanzio Performs (RR) 2:00 Pool (PR) 2:00 Bridge (LB) 3:00 Teatime (L) 6:45 Stonehaven Cinema "WHAM!" (FL) <i>Santas Coming Wear Santa Hats!</i>	24 Christmas Eve 9:45 Coffee & Conversation (L) 10:00 Canadian Super Store (BUS) 11:00 Technology Help* (CR) 2:00 Mary Ellen Performs (RR) 2:00 Giant Tiger (BUS) 3:00 Teatime (L) 6:30 Cribbage (L) <i>Wear Ugly Sweater and Holiday Sweater Day</i>	25 Christmas Day 1:30 – Stonehaven Cinema "How the Grinch Stole Christmas" (FL) 3:00 Teatime (L) 6:45 Stonehaven Cinema "Hot Frosty" (FL)	26 Boxing Day 10:30 Giant Crossword (CR) 2:45 Bob and Don Perform for Happy Hour (RR) 3:00 Teatime (L) 6:30 Stonehaven Cinema "The Knight before Christmas" (FL)	27 All Day Activity Booklet (Reception) 2:00 ALL Request Music Hour (L) 2:00 Knitters Drop-In Club (FL) 2:00 Bridge (LB) 3:00 Teatime (L)
28 All Day Activity Booklet (Reception) 9:15 Holy Communion from Holy Redeemer Catholic Church (C) 1:00 Euchre (LB) 1:00 Stonehaven Cinema "The Polar Express" (FL) 2:00 Crokinole (CR) 3:00 Teatime (L)	29 10:00 Bocce Ball Tournament (L) 1:30 Walking Club (LB) 2:00 Carries Karaoke (RR) 3:00 Teatime (L) 6:00 Igor plays piano (L)	30 9:45 Online Grocery Orders* (CR) 10:00 Reading of the Rosary (C) 10:30 Roman Catholic Mass (C) 2:00 Bridge (LB) 2:00 Pool (PR) 2:15 Bingo (CR) 3:00 Teatime (L) 6:45 Stonehaven Cinema "Sense and Sensibility" (FL)	31 New Years Eve 9:45 Coffee & Conversation (L) 10:00 Metro (BUS) 11:00 Technology Help* (CR) 2:00 Walmart (BUS) 2:30 Malcom Wade New Years Eve Party Countdown to 2026 (RR) 3:00 Teatime (L) <i>Happy New Year! Dress in Black and Gold!</i>			
			CALENDAR NOTES Teatime served every afternoon at <u>3:00 PM in the Lobby</u> . Happy Hours are held in the Recreation Room every <u>Friday at 2:45 PM</u> .	Hairdresser / Exercise Hair Dressing Hours: By Appointment ONLY Elanie's Exercise Classes: Every Tuesday & Thursday Located in Exercise Room Khaterreh's Chair Yoga: Located in the Recreation Room	CALENDAR LEGEND Special Programs Outings Technology*	ROOM LEGEND L - Lobby CR - Craft Room FL - 1st Floor Lounge C - Chapel RR - Recreation Room AB - Apartment Bistro AR - Art Room LB - Library ER - Exercise Room PR - Pool Room DR - Dining Room SE - Second Floor Elevator SD - Small Dining Room B - Basement CY - Courtyard (Patio) PL - Parking Lot

More Active Living choices on the next page