

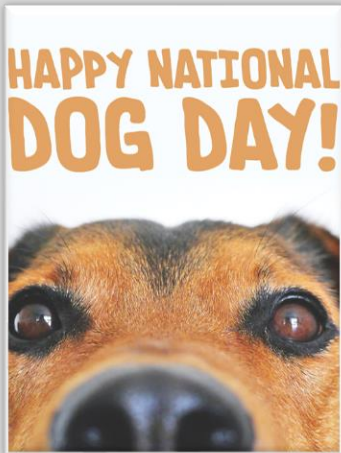


### AUGUST 2025

| Sunday                                                                                                                                                                                                                            | Monday                                                                                                                                                                                                                                                                                                                                                              | Tuesday                                                                                                                                                                                                                                                                                          | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                           | Thursday                                                                                                                                                                                                                                                                                                                                               | Friday                                                                                                                                                                                                                                                                                         | Saturday                                                                                                                                                           |
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| <b>CALENDAR LEGEND</b><br><br><b>Highlights</b><br><b>OUTINGS</b><br>*IPad/Apple                                                                                                                                                  | <b>ROOM LEGEND</b><br><b>GR</b> 2nd Floor Games Room<br><b>CC</b> Main Floor Country Café<br><b>FSL</b> Main Floor Fireside Lounge<br><b>L</b> Main Floor Lobby<br><b>WC</b> 4th Floor Wellness Centre<br><b>TR</b> 4th Floor Theatre Room<br><b>DR</b> Main Floor Dining Room<br><b>PT</b> 3rd Floor Pool Table<br><b>LIBRARY</b> 3 <sup>rd</sup> floor Centre     |  <p>CYCLING WITHOUT AGE TRISHAW RIDES</p> <p>Sign up at the Front Desk<br/>for a weekly adventure<br/>with Cycling Without Age<br/>Trishaw Excursions Wednesday Mornings</p>                                   |                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                        | <b>1</b><br><b>9:15</b> Cribbage FSL<br><b>10:00</b> DrumFit GR<br><b>1:30</b> <b>CAPRI MALL</b><br><b>1:30</b> Carpet Bowling GR<br><b>3:00</b> Texas Hold 'Em GR<br><b>7:15</b> Movie Night:<br>August Rush TR                                                                               | <b>2</b><br><b>9:15</b> Cribbage FSL<br><b>1:30</b> Bridge FSL<br><b>2:00</b> Card Bingo GR<br><b>7:15</b> Summer Blockbuster:<br>Castaway TR                      |
| <b>3</b><br><b>9:15</b> Cribbage FSL<br><b>10:00</b> Brain Teasers<br>Front Desk<br><b>2:00</b> <b>Live Music: Sing<br/>Along with Ray<br/>Turner L</b><br><b>7:15</b> Musical Showcase:<br>Neil Diamond: Hot<br>August Nights TR | <b>4 BC DAY</b><br><b>9:15</b> Cribbage FSL<br><b>1:30</b> *Vinyl Café TR<br><b>1:30</b> Bridge FSL<br><b>2:00</b> <b>BC Fruitfest</b> Featuring<br><b>Live Music by<br/>Jeremy Messenger L</b><br><b>7:15</b> National Geographic:<br>Europe from Above TR                                                                                                         | <b>5</b><br>8:30-9:30<br>HEARING CLINIC WITH LISA WC<br><b>9:15</b> Cribbage FSL<br><b>9:30</b> Catholic Service TR<br><b>10:00</b> CHAIR YOGA GR<br><b>1:30</b> <b>MISSION ICE<br/>CREAMERY</b><br><b>7:15</b> Classic Movie: Beach<br>Blanket Bingo TR                                         | <b>6</b><br>JESSICA'S ESTHETICS - 4 <sup>th</sup> Floor WC<br><b>9:15</b> Cribbage FSL<br>9:00 & 9:45<br><b>Cycling Without Age<br/>Trishaw Rides L</b><br><b>10:00</b> FUNctional Fitness GR<br><b>10:40</b> *Scattergories<br>Dorchester v. Fleetwood GR<br><b>1:30</b> <b>BANK RUN</b><br><b>2:30</b> <b>Happy Hour</b> with<br>Roland Quest GR<br><b>7:15</b> Wednesday Western:<br>She Wore a Yellow Ribbon TR | <b>7</b><br>CROSS CANADA WALK - TALLY<br><b>9:15</b> Cribbage FSL<br><b>10:00</b> <b>Chair Tai Chi &amp;<br/>Wellness GR</b><br><b>10:30</b> Dorchest-Store cc<br><b>1:30</b> <b>CASINO</b><br><b>1:30</b> Bridge FSL<br><b>2:00</b> Senior Helpers<br>Presentation GR<br><b>7:15</b> Docuseries: How the<br>Universe Works TR                         | <b>8</b><br><b>9:15</b> Cribbage FSL<br><b>10:00</b> DrumFit GR<br><b>11:15</b> <b>PICNIC IN THE<br/>PARK KFC CHICKEN</b><br><b>1:30</b> Long Table Cribbage<br>(\$5) GR<br><b>1:30</b> <b>CAPRI MALL</b><br><b>7:15</b> <b>Broadway à la mode<br/>Live Music by<br/>Rick Worrall DR</b>       | <b>9</b><br><b>9:15</b> Cribbage FSL<br><b>1:30</b> Bridge FSL<br><b>2:00</b> Wizard Game with<br>Clementine GR<br><b>7:15</b> Summer Blockbuster:<br>Gladiator TR |
| <b>10</b><br><b>9:15</b> Cribbage FSL<br><b>10:00</b> Brain Teasers L<br><b>2:00</b> <b>Live Music:<br/>Play it Again Sam</b><br><b>7:15</b> Musical Showcase:<br>West Side Story TR                                              | <b>11</b><br><b>9:15</b> Cribbage FSL<br><b>10:00</b> <b>Exercise Equipment<br/>Training 4<sup>th</sup> Floor<br/>Wellness Room</b><br><b>10:30</b> <b>DON-O-RAY FRUIT<br/>MARKET</b><br><b>1:30</b> *Vinyl Café TR<br><b>1:30</b> Bridge FSL<br><b>2:00</b> Acrylic Painting<br>Workshop: Full Moon GR<br><b>7:15</b> National Geographic:<br>Europe from Above TR | <b>12</b><br><b>9:15</b> Cribbage FSL<br><b>9:30</b> Catholic Service TR<br><b>10:00</b> CHAIR YOGA GR<br><b>1:30</b> <b>ORCHARD PARK</b><br><b>1:30</b> Resident Meeting GR<br><b>2:30</b> Resident Survey Wine<br>& Cheese GR<br><b>7:15</b> <b>Sun Moon &amp; Stars<br/>Songs by Tricia L</b> | <b>13</b><br>JESSICA'S ESTHETICS - 4 <sup>th</sup> Floor WC<br><b>9:15</b> Cribbage FSL<br>9:00 & 9:45<br><b>Cycling Without Age L</b><br><b>10:00</b> FUNctional Fitness GR<br><b>10:40</b> *Scattergories<br>Dorchester v. Fleetwood GR<br><b>1:30</b> <b>CAPRI MALL</b><br><b>2:00</b> <b>Royal Astronomical<br/>Society "Out of this<br/>World" Presentation GR</b><br><b>7:15</b> Movie: Apollo 13 TR          | <b>14</b><br>CROSS CANADA WALK - TALLY<br><b>9:15</b> Cribbage FSL<br><b>10:00</b> <b>Chair Tai Chi &amp;<br/>Wellness GR</b><br><b>10:30</b> Dorchest-Store cc<br><b>1:30</b> <b>BANK RUN</b><br><b>1:30</b> Bridge FSL<br><b>2:30</b> <b>Super Star Happy<br/>Hour</b> with Vic Ukrainetz GR<br><b>7:15</b> Docuseries: How the<br>Universe Works TR | <b>15</b> RESIDENT SURVEY ~ FINAL DAY<br><b>9:15</b> Cribbage FSL<br><b>10:00</b> DrumFit GR<br><b>10:30</b> Resident Survey<br>Coffee GR<br><b>1:30</b> <b>LONDON DRUGS</b><br><b>1:30</b> Carpet Bowling GR<br><b>3:00</b> Chase the Ace GR<br><b>7:15</b> Movie Night:<br>Hidden Figures TR | <b>16</b><br><b>9:15</b> Cribbage FSL<br><b>1:30</b> Bridge FSL<br><b>2:00</b> Card Bingo GR<br><b>7:15</b> Summer Blockbuster:<br>Armageddon TR                   |



AUGUST 2025

| Sunday                                                                                                                                                                                            | Monday                                                                                                                                                                                        | Tuesday                                                                                                                                                                                                                                                            | Wednesday                                                                                                                                                                                                                                                                                                                           | Thursday                                                                                                                                                                                                                                                  | Friday                                                                                                                                                                                                                                                                                                                                          | Saturday                                                                                                                                      |
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| <b>17</b><br>9:15 Cribbage FSL<br>10:00 Brain Teasers<br>Front Desk<br>2:00 Live Music:<br>Gillian Russell GR<br>7:15 Musical Showcase:<br>Joseph and the Amazing<br>Technicolour Dreamcoat<br>TR | <b>18</b><br>9:15 Cribbage FSL<br>10:30 COSTCO<br>1:30 *Vinyl Café TR<br>1:30 Bridge FSL<br>2:30 Scrapbook Cards<br>with Terry & Judy GR<br>7:15 National Geographic:<br>Europe from Above TR | <b>19</b><br>9:45 A-1 FOOTCARE<br>4 <sup>th</sup> Floor WC<br>9:15 Cribbage FSL<br>9:30 Catholic Service TR<br>10:00 CHAIR YOGA GR<br>1:30 CASINO<br>2:00 Sally Evans: Poems,<br>Rhymes & Reasons GR<br>7:15 Movie: Dead Poets<br>Society TR                       | <b>20</b><br>JESSICA'S ESTHETICS - 4 <sup>th</sup> Floor WC<br>9:15 Cribbage FSL<br>9:00 & 9:45<br>Cycling Without Age<br>Trishaw Rides L<br>10:00-2:00<br>Tymely Clothing Sale FSL<br>10:00 FUNctional Fitness GR<br>1:30 WALMART<br>2:30 Live Music: Kelly<br>David Belanger GR<br>7:15 Classic Movie: Run<br>Silent, Run Deep TR | <b>21</b><br>CROSS CANADA WALK - TALLY<br>9:15 Cribbage FSL<br>10:00 Chair Tai Chi &<br>Wellness GR<br>10:30 Dorchest-Store cc<br>1:30 Bridge FSL<br>1:30 DAIRY QUEEN<br>7:15 Docuseries: How the<br>Universe Works TR                                    | <b>22</b><br>9:15 Cribbage FSL<br>10:00 DrumFit GR<br>1:30 CAPRI MALL<br>2:00 Whist GR<br>7:15 BINGO NIGHT! GR                                                                                                                                                                                                                                  | <b>23</b><br>9:15 Cribbage FSL<br>1:30 Bridge FSL<br>2:00 Cat/Dog Fridge<br>Magnets with<br>Clementine GR<br>7:15 Live Music:<br>Jody Paton L |
| <b>24</b><br>9:15 Cribbage FSL<br>10:00 Brain Teasers<br>Front Desk<br>2:00 Live Music:<br>Roland Quest L<br>7:15 Homeward Bound:<br>The Incredible<br>Journey TR                                 | <b>25</b><br>9:15 Cribbage FSL<br>10:30 DON-O-RAY FRUIT<br>MARKET<br>1:30 *Vinyl Café TR<br>1:30 Bridge FSL<br>2:30 Fact or Cr*p Game GR<br>7:15 Movie: Old Yeller TR                         | <b>26</b><br>9:15 Cribbage FSL<br>9:30 Catholic Service TR<br>10:00 CHAIR YOGA GR<br>11:30 – 1:00<br>National Dog Day<br>BBQ Lunch<br>SPCA FUNDRAISER<br>1:30 CAPRI MALL<br>2:00 Dog Race Game GR<br>3:00 Left/RightMiddle GR<br>7:15 Movie: A Dog's Purpose<br>TR | <b>27</b><br>9:15 Cribbage FSL<br>9:00 & 9:45<br>Cycling Without Age L<br>10:00 FUNctional Fitness GR<br>10:40 *Scattergories<br>Dorchester v. Fleetwood GR<br>1:30 BANK RUN<br>2:30 Happy Hour with<br>Steppin' Out GR<br>7:15 Movie: Marley & Me TR                                                                               | <b>28</b><br>CROSS CANADA WALK - TALLY<br>9:15 Cribbage FSL<br>10:00 Chair Tai Chi &<br>Wellness GR<br>10:30 Dorchest-Store cc<br>1:30 Bridge FSL<br>1:30 WEST KELOWNA<br>WINNERS<br>3:30 Team Trivia GR<br>7:15 Docuseries: How the<br>Universe Works TR | <b>29</b><br>9:15 Cribbage FSL<br>10:00 DrumFit GR<br>1:30 MISSION PARK<br>MALL<br>1:30 Carpet Bowling GR<br>3:00 Blackjack GR<br>7:15 Live Music:<br>Devin Moody GR                                                                                                                                                                            | <b>30</b><br>9:15 Cribbage FSL<br>1:30 Bridge FSL<br>2:00 BINGO! GR<br>7:15 Movie: The Art of<br>Dancing in The Rain<br>TR                    |
| <b>31</b><br>9:15 Cribbage FSL<br>10:00 Brain Teasers<br>Front Desk<br>2:00 Live Music:<br>Harold Sher L<br>7:15 Musical Showcase:<br>King Creole TR                                              |                                                                                                            | <div>Let's Pawty!<br/>NATIONAL DOG DAY SPCA FUNDRAISER<br/><br/>TUESDAY AUGUST 26<sup>TH</sup><br/>🐾 BBQ Hot Dogs ~ by Donation<br/>🐾 Adoption Table Silent Auction<br/>🐾 SPCA Information Table &amp; Donation Booth<br/>Everyone Welcome!</div>                  |                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                           | <b>GR</b> 2nd Floor Games Room<br><b>CC</b> Main Floor Country Café<br><b>FSL</b> Main Floor Fireside<br>Lounge<br><b>L</b> Main Floor Lobby<br><b>WC</b> 4th Floor Wellness<br>Centre<br><b>TR</b> 4th Floor Theatre Room<br><b>DR</b> Main Floor Dining Room<br><b>PT</b> 3rd Floor Pool Table<br><b>LIBRARY</b> 3 <sup>rd</sup> floor Centre | <b>CALENDAR LEGEND</b><br><br><b>Highlights</b><br><b>OUTINGS</b><br>*iPad/Apple                                                              |