

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Groundhog Day	3	4	5	6 Wear your Colours Day	7
	10:00am Bear the Therapy Dog (FL) 10:30am Trivia w/ Terri 11:00am Exercise with Maryam (E) 11:00am Church Service with Dorian Baxter (FL) 2:30pm Groundhog Day Jeopardy (FL) 7:00pm Word Search (R)	10:00am Creative Mornings w\ Simran: Country Flag Coloring (LL) 11:00am Exercise with Maryam (E) 2:30pm 404 Plaza Outing 7:00pm Board Games (B)	10:30am Chair Yoga LL 11:00am Exercise with Maryam (E) 2:30pm Euchre w/ friends (L) 3:30pm Artful Enrichment: Olympic Torch (LL)	10:30am Hymn Sing Along with Sandra (PD) 11:00am Exercise w/ Maryam(E) 2:30pm Dance Class w/ Heather (FL) 3:30pm Book Listening (L)* 7:00pm BINGO (LL)	10:15am Brain Gym (B) 11:00am Falls Prevention with Maryam (E) 2:00pm Vieweing Party: Olympics 2026: Opening Ceremony (FL) 7:30pm Charades & Chat (PD)	10:00am Therapeutic Colouring (B) 10:30am Chair Yoga with Menghan (LL) 2:30pm Jeopardy (PD)
8	9	10	11	12 Lunch Out	13	14 Valentine's Day
2:30pm Euchre with Mary (L) 3:00pm Jeopardy (PD) 7:00pm Billiards with Bud & Steven (LL)	10:00am Bear the Therapy Dog (FL) 10:30am Trivia w/ Terri 11:00am Exercise with Maryam (E) 11:00am Church Service with Dorian Baxter (FL) 2:30pm Valentine's Love Letter Activity (LL) 7:00pm Word Search (R)	10:00am Creative Mornings w\ Simran: Design your own Olympic Sign 11:00am Exercise with Maryam (E) 2:30pm Sing-along with Bruce (FL) 2:30pm Mission's Thrift Store/ Value Village Outing 7:00pm Board Games (B)	10:30am Jeopardy (FL) 11:00am Exercise with Maryam (E) 2:30pm Euchre w/ friends (L) 2:30pm Custom Health Pharmacy Information Session (FL) 3:30pm Chair Yoga (LL) 7:00pm BINGO (LL)	10:30am Hymn Sing Along with Sandra (PD) 11:00am Exercise w/ Maryam(E) 11:30 Lunch Out: Swiss Chalet 3:30pm Book Listening (L)* 7:00pm Board Games (LL)	10:15am Knit & Knatter (L) 11:00am Falls Prevention with Maryam (E) 2:30pm Bingo (LL) 3:30pm Love Letter Releasing Ceremony (LL) 7:30pm Charades & Chat (PD)	10:00am Therapeutic Coloring (B) 10:30am Chair Yoga with Menghan (LL) 2:30pm Valentine's Day Party w/ Entertainment by Cara Chisolm (LL)
15	16 Family Day	17	18 Bowling Outing	19	20	21
10:30am Zumba w/ Julie (LL) 2:30pm Euchre with Mary (L) 3:00pm UNO (B) 7:00pm Billiards with Bud & Steven (LL)	10:00am Bear the Therapy Dog (FL) 10:30am Trivia 11:00am Exercise with Maryam (E) 11:00am Church Service with Dorian Baxter (FL) 2:30pm Family Day Social 7:00pm Word Search (R)	10:00am Creative Mornings w\ Simran: Design your own Olympic Medal (LL) 11:00am Exercise with Maryam (E) 2:30pm Giant Tiger Outing 7:00pm Birthday Social w/ Entertainment by Brian Richards (FL)	10:30am Jeopardy (FL) 11:00am Exercise with Maryam (E) 2:30pm Euchre w/ friends (L) 2:30pm Bowling at Stellar Lanes	10:30am Hymn Sing Along with Sandra (PD) 11:00am Exercise with Maryam (E) 2:30pm Dance Class with Heather (LL) 2:30pm Sip n Chat (PD) 7:00pm BINGO (LL)	10:30am Pickering College Student Interviews 11:00am Falls Prevention with Maryam (E) 2:30pm Bingo (LL) 7:30pm Charades & Chat (PD)	10:00am Therapeutic Colouring (B) 10:30am Chair Yoga with Menghan (LL) 10:30am Games (B)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22 Olympics End 2:00pm Vieweing Party: Olympics 2026: Closing Ceremony (FL) 2:30pm Euchre with Mary (L) 3:00pm Jeopardy (PD) 7:00pm Billiards with Bud & Steven (LL)</p>	<p>23 10:00am Bear the Therapy Dog (FL) 10:30am Trivia w/ Terri 11:00am Exercise with Maryam (E) 11:00am Church Service with Dorian Baxter (FL) 2:30pm Hangman Tournament (B) 7:00pm Word Search (R) 7:00pm Entertainment w/ Kent Mills (FL)</p>	<p>24 10:30am Food for Thought (LL) 11:00am Exercise with Maryam (E) 2:30pm Sing-along with Bruce (FL) 2:30pm Upper Canada Mall Outing 7:00pm Board Games (B)</p>	<p>25 10:30am Jeopardy (FL) 11:00am Exercise with Maryam (E) 2:30pm Euchre w/ friends (L) 3:30pm Chair Yoga (LL) 7:00pm BINGO (LL)</p>	<p>26 Casino Day 10:00am Depart for Blue Heron Casino 10:30am Hymn Sing Along with Sandra (PD) 11:00am Exercise with Maryam (E) 2:30pm Dance Class w/ Heather (FL) 3:30pm Book Listening (L)* 7:00pm Board Games (LL)</p>	<p>27 10:30am Knit & Knatter (L) 11:00am Falls Prevention with Maryam(E) 2:30pm Bingo (LL) 3:30pm Town Hall / Executive Director (LL) 7:30pm Charades & Chat (PD)</p>	<p>28 10:00am St. Andrew's Sing a Long (FL) 10:00am Therapeutic Colouring (B) 10:30am Chair Yoga with Menghan (LL) 10:30am Games (B) 2:30pm Scrabble Club (L)</p>
					<p>CALENDAR Special Programs Outings – Sign Up in Bistro</p>	<p>ROOM LEGEND (L) Library (B) Bistro (FL) Fireside Lounge (PD) Private Dining Room (LL) Activity Room (E) Exercise Room (R) Reception</p>