

## March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>CALENDAR LEGEND</b> <b>Special Programs</b> <b>Outings</b> <b>Entertainment</b> <b>Exercise</b>		(AR)-Activity Room (T)-Theatre (WC)-Wellness (SL)-Sevill Lounge (FR)-Fitness Room (FL) -Front Lobby (P)-Pub		<b>Save the Dates</b> March 17 <sup>th</sup> – St. Paddy's Day March 18 <sup>th</sup> - Ardan Academy of Dance	Time Change March 8  <small>This Photo by Unknown</small>	
<b>1 Catholic Mass</b> 10:30 am Catholic Mass (T) 1:30 pm Exercise Video (FR) 2:00pm Playing Crazy Eights (SL)	<b>2</b> 9:30 am Cranium Crunches (SL) 10:30am <b>Cardio Drumming</b> (FR) 2:00 pm Bingo (FR) 3:00 pm Learn to Play Rummoli (SL) 6:30 Pet Therapy (F)	<b>3</b> 10:15 am <b>Tai Chi</b> (FR) 2:00 pm Horse Races (SL) 3:00 pm 2 <sup>nd</sup> Artful Aging Drawing Class (SL) 6:45 pm Euchre Club- "Bring a Friend"	<b>4</b> 9:30 am Word Association (SL) 10:30pm <b>Leg Workout</b> (FR) 2:00 pm Making St. Paddy's Crafts (SL) 2:45 pm Calendar Review (SL) 3:30 pm <b>VON Exercise</b> (FR)	<b>5 Shopper's Outing</b> 9:30am Cranium Crunches (SL) 10:00 am Shopper's Outing 2:00 pm Journalling Club (SL) 3:00 pm Creative Memories (SL) 6:45 pm Lincoln Lawyer (T)	<b>6</b> 10:30 am <b>Yoga</b> (FR) 1:30 Church Chat (SL) 2:00pm Bingo (SL) 3:00pm Playing Uno (SL) 6:45 pm Open Games Night (SL)	<b>7 Comedy Series</b> 10:30 am Cranium Crunches (SL) 2:00 pm "Leanne" Series on Netflix (T) 3:00 pm Playing Crazy Eights (SL)
<b>8 Open House</b> 10:30 am Catholic Mass (T) 1:30 pm Exercise Video(FR) 1:30 pm Music with Mark (SL) 	<b>9</b> 10:30am <b>Cardio Drumming</b> (FR) 2:00 pm Bingo (FR) 3:00 pm Euchre Club (SL) Bring a Friend 6:30 Pet Therapy (F)	<b>10</b> 9:30 Two Truths and Lies (SL) 10:15 Tai Chi (FR) 2:00 pm Town Hall (SL) 2:45 pm Horse Races (SL) 3:15 pm Playing Rummikub (SL)	<b>11 Giant Tiger Outing</b> 10:00am Giant Tiger Outing 10:30pm <b>Gentle Exercise</b> (FR) 1:30 Food for Thought Meeting (SL) 2:00pm Painting Shamrocks (SL) 3:30 pm <b>VON Exercise</b> (FR)	<b>12</b> 10:30 am Arm Workout Exercise (FR) 2:00 pm Karaoke (T) 3:00 pm Creative Memories (SL) 6:45 pm Lincoln Lawyer Series (T)	<b>13Musical Afternoon</b> 10:30am <b>Yoga</b> (FR) 1:30 pm Church Chat (SL) 2:00 pm Music with Happy Duo (SL) 3:00 pm Bingo (SL) 6:45 pm Playing Crazy Eights (AR)	<b>14</b> 10:30 am Cranium Crunches (SL) 2:00 pm "Leanne" Series on Netflix (T)

**March 2026**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15 Catholic Mass</b> 10:30am Catholic Mass (T) 1:30 pm Exercise Video(FR) 2:00 pm Playing Skipbo (SL)	<b>16</b> 10:30 am <b>Cardio Drumming</b> (FR) 2:00 pm Bingo (SL) 3:00 pm Playing Crazy Eights (SL) 6:45 pm Pet Therapy (F)	<b>17 St. Patrick's Day</b> 10:00 Walmart Shopping 10:30 am <b>Tai Chi</b> (FR) 2:00 pm Horse Races (SL) 3:00 pm Green Beer and Pretzels 7:30 pm Watching Jeopardy( SL)	<b>18 Irish Dancers</b> 10:30am Buzz Word (SL) 2:00 pm Irish Ardan Dancers Group (SL)  3:30pm <b>VON Exercise</b> (FR) 6:45 pm Playing Yahtzee (SL)	<b>19</b> 9:30 am True or False Trivia (SL) 10:30am <b>Gentle Exercise</b> (FR) 2:00 pm Mass with Father Glenn (SL) 3:00 pm Playing Scrabble (SL)	<b>20 National Ravioli Day</b> 10:30am <b>Yoga</b> (FR) 2:00pm Bingo (SL) 3:00 pm Buzz Word (SL_) 3:00 Adult Coloring(SL)	<b>21 Comedy Series</b> 10:30am Word Unscramble Puzzles (SL) 2:00 pm "Leanne" Series on Netflix (T)
<b>22 Catholic Mass</b> 10:30am Catholic Mass (T) 1:30 pm Exercise Video(FR) 2:00 pm Playing Shuffleboard (SL)	<b>23</b> 10:30am <b>Cardio Drumming</b> (FR) 1:45pm Blood Pressure Clinic 2 <sup>nd</sup> and 3 <sup>rd</sup> Floor (WC) 2:00 pm Bingo (SL) 3:00 pm Playing Rummoli (SL) 6:30 Pet Therapy (F)	<b>24</b> 10:30 am <b>Tai Chi</b> (FR) 1:45 pm Blood Pressure Clinic 4 <sup>th</sup> and 5 <sup>th</sup> Floor (WC) 2:00 pm Happy Hour <b>Green Baileys on Ice</b> (P) 3:00pm Wii Bowling Club (SL)	<b>25 Windsor Police Chat</b> 9:30 am Fit Minds (SL) 10:30am <b>Gentle Exercise</b> (FR) 2:00 pm "How to avoid scams" Seminar with Windsor Police (SL) 3:30pm <b>VON Exercise</b> (FR) <b>National Waffle Day</b>	<b>26 Birthday Social</b> 9:30 am Cranium Crunches (SL) 10:30 am <b>Leg Workout</b> (FR) 2:00 pm Birthday Social with Peter and Silvio (SL) 3:00 Creative Memories (SL)	<b>27</b> 10:30am <b>Yoga</b> (FR) 1:30 pm Church Chat (SL) 2:00 pm Bingo (SL) 3:00 pm Playing Euchre (SL)	<b>28 Comedy Series</b> 10:30am Word Unscramble Puzzles(SL) 2:00pm "Leanne" Series on Netflix (T)
<b>28</b> 10:30am Catholic Mass (T) 1:30 pm Exercise Video(FR) 2:00 pm Playing Shuffleboard (SL)	<b>29</b> 10:30 am <b>Cardio Drumming</b> (FR) 2:00 pm Bingo (SL) 3:00 pm Playing Crazy Eights (SL) 6:45 pm Pet Therapy (F)	<b>30</b> 10:30 am <b>Tai Chi</b> (FR) 2:00 pm Horse Races (SL) 3:00 pm 2 <sup>nd</sup> Artful Aging Art Chat (SL) 6:45 pm Playing Euchre (SL)	<b>31 Spring Garden Event</b> 9:30 am Word Association (SL) 10:30 am Arm Workout (FR) 1:30 pm Healthy Vendors (FL) 2:00 pm Music with Bev (SL) 	(AR)-Activity Room (T)-Theatre (WC)-Wellness (SL)-Sevill Lounge (FR)-Fitness Room (FL) -Front Lobby (P)-Pub		