



The Bentley Swift Current, Lena Romanova, Director of Active Living, Craft Room

March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 am Coffee talk (DR) 2:00pm Hot Chocolate & cookies (L) 3:00 pm Pick your game (2) 7:00pm Movie (3)	2 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (DR) 10:00 am TEP (2) 10:30pm What Am I? game (2) 1:30pm Paint & Sip (2) 7:00pm Trump Whist (2)	3 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk (DR) 10:00 am TEP (2) 10:30am What Am I? game (2) 1:00 pm Bus to Walmart 2:00 pm Card Bingo (2) 7:00pm *Bingo (2)	4 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (DR) 1:30 pm Craft time (2) 7:00pm Norwegian Whist (2)	5 09:30am Sit down & Tone up-encore (3) 10:00 am TEP (2) 10:30pm What Am I? game (2) 1:15 pm Generational visit (2) 2:00 pm Bentley Downs (2) 7:00pm *Bingo (2)	6 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (DR) 1:30 pm Christ the Redeemer Church(DR) 2:00 pm Happy Hour (2) 3:00 pm Bible study (RM308)) 7:00pm Trump Whist (2)	7 09:30am Simply Stretch(3) 2:00pm Ice cream Social (Main floor) 3:00 pm Marcus & Bob (DR) 7:00pm Movie& Popcorn (3) OPEN HOUSE 1 pm-4 pm
8 10:00 am Coffee talk (DR) 2:00pm Hot Chocolate & cookies (L) 3:00 pm Pick your game (2) 7:00pm Movie (3)	9 Happy Women's Day 09:30am Sit down & Tone up-original (3) 10:00 am TEP (2) 10:30pm What Am I? game (2) 2:00 pm Ron Howell (DR) 7:00pm Trump Whist (2)	10 09:30am Sit down & Tone up-encore (3) 10:00 am TEP (2) 10:30am What Am I? game (2) 1:00 pm Bus to Walmart 2:00 pm Card Bingo (2) 7:00pm *Bingo (2)	11 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (DR) 2:00 pm Yesterday band (DR) 7:00pm Norwegian Whist (2)	12 09:30am Sit down & Tone up(3) 10:00am Catholic Mass (W) 10:00 am TEP (2) 10:30pm What Am I? (2) 2:00 pm Bentley Downs (2) 7:00pm *Bingo (2)	13 09:30am Sit down & Tone up-original (3) 10:00 am Chase the Ace (2) 2:00pm Happy Hour (2) 3:00 pm Bible study (RM308)) 7:00pm Trump Whist (2)	14 09:30am Simply Stretch(3) 2:00pm Ice cream Social (2) 3:00 pm Pick your Game (2) 7:00pm Movie& Popcorn (3)
15 10:00 am Coffee talk (DR) 2:00pm Hot Chocolate & cookies (L) 3:00 pm Pick your game (2) 7:00pm Movie (3)	16 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (DR) 10:00 am TEP (2) 10:30pm What Am I? game (2) 2:00 pm Chase the Ace (2) 7:00pm Trump Whist (2)	17 09:30am Sit down & Tone up-encore (3) 10:00 am TEP (2) 10:30am What Am I? game (2) 1:00 pm Bus to Walmart 2:00 pm Card Bingo (2) 7:00pm *Bingo (2) St. Patrick's Day	18 09:30am Sit down & Tone up-original (3) 10:00 am Pharmasave talk (DR) 12:00 pm Lunch Out (L) 2:00pm T&T (DR) 7:00pm Norwegian Whist (2) Wellness Clinic 9:00 am-12:00 pm (2)	19 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk (DR) 10:00 am TEP (2) 10:30pm What Am I? game (2) 2:00pm Bentley Downs (2) 7:00pm *Bingo (2)	20 09:30am Sit down & Tone up-original (3) 10:00 am Chase the Ace (2) 1:30 pm Mount Calvary Church (DR) 2:00 pm Happy Hour (2) 7:00pm Trump Whist (2)	21 09:30am Simply Stretch(3) 10:00 am Coffee talk (DR) 2:00pm Ice cream Social (2) 3:00 pm Pick your Game (2) 7:00pm Movie& Popcorn (3)



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22 10:00 am Coffee talk (DR) 2:00pm Hot Chocolate & cookies (L) 3:00 pm Pick your game (2) 7:00pm Movie (3)	23 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (DR) 10:00 am TEP (2) 10:30pm What Am I? game (2) 2:00 pm Chase the Ace (2) 7:00pm Trump Whist (2)	24 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk (DR) 10:00 am TEP (2) 10:30am What Am I? game (2) 1:00 pm Bus to Walmart 2:00 pm Card Bingo (2) 7:00pm *Bingo (2)	25 09:30am Sit down & Tone up-original (3) 10:00 am Coffee talk (DR) 10 am-2 pm Bake Sale (L) 2:00 pm "Traveling Yank" (DR) 7:00pm Norwegian Whist (2)	26 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk (DR) 10:00 am TEP (2) 10:30pm What Am I? game (2) 2:00pm Bentley Downs (2) 7:00pm *Bingo (2)	27 09:30am Sit down & Tone up-original (3) 10:15am Coffee & Treats (2) 2:00pm Happy Hour (2) 3:00 pm Bible study (RM308) 7:00pm Trump Whist (2)	28 09:30am Simply Stretch(3) 10:00 am Coffee talk (DR) 2:00pm Ice cream Social (2) 3:00 pm Pick your Game (2) 7:00pm Movie & Popcorn (3)
29 10:00 am Coffee talk (DR) 2:00pm Hot Chocolate & cookies (L) 3:00 pm Pick your game (2) 7:00pm Movie (3)	30 09:30am Sit down & Tone up-original (3) 10:00 am TEP (2) 10:30pm What Am I? game (2) 2:00pm Monthly Birthday (2) 7:00pm Trump Whist (2)	31 09:30am Sit down & Tone up-encore (3) 10:00 am Coffee talk (DR) 10:00 am TEP (2) 10:30am What Am I? game (2) 1:00 pm Bus to Walmart 2:00 pm Card Bingo (2) 7:00pm *Bingo (2)				
				CALENDAR LEGEND Highlights OUTINGS *IPad/Apple TV Programs	DATES TO REMEMBER March 2 Paint & Sip March 7 Open House March 7 Music March 9 Women's Day March 11 Yesterday band March 17 St. Partrick's Day March 18 Lunch out March 18 T & T band March 25 Bake Sale March 25 Music	ROOM LEGEND (3) 3rd Floor (DR) Dining Room (2) 2 nd Floor (B) Bistro (L) Lobby (FP) Front Patio (W) Wellness Chapel