



## June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 1:00 Khaterah Chair Yoga (RR) 2:00 Bocce Ball Tournament (L) 3:00 Teatime (L) 6:15 Sing a Long with Gerry “Elvis and the Fab 4” (L)	<b>2</b> 10:00-10:30 Elanie’s Exercise Classes (ER) 10:30-11:00 Elanie’s Exercise Classes (ER) 2:00 Bridge (LB) 2:00 Pool (PR) 2:00 Care RX Information Session (RR) 2:00 Bingo (CR) 3:00 Teatime (L) 6:45 Stonehaven TV Showcase “Designated Survivor” (FL)	<b>3</b> 9:45 Coffee & Conversation (L) 10:30 Technology Support* (CR) 11:00 Communion with Kathryn (RR) 2:15 Jeopardy (CR) 3:00 Teatime (L) 3:30 Book Club Meeting (AB) 6:30 Cribbage (L)  <b>Garden Day – Wear Flowers</b>	<b>4</b> 9:45 Online Grocery Orders* (CR) 10:00-10:30 Elanie’s Exercise Classes (ER) 10:30-11:00 Elanie’s Exercise Classes (ER) 2:30 Fit Minds (RR) 3:00 Teatime (L) 3:30 Trivia with John J (AB) 6:30 Euchre (LB) 6:45 Stonehaven TV Showcase “The Good Doctor” (FL)  <b>National Cheese Day</b>	<b>5</b> 10:00 Choir Practice (RR) 11:00 Hymn Sing (L) 2:45 Birthday Party and Sandy Shore Performs for Happy Hour (RR) 3:00 Teatime (L) 6:30 Stonehaven Cinema “Riding in Cars with Boys” (FL)  <b>Feedback Fridays with Lynn</b>	<b>6</b> <b>All Day</b> Activity Booklet (Reception) 2:00 Chair Zumba/Discovery Hour (Craft Room) 2:00 Knitters Drop-In Club (FL) 2:00 Bridge (LB) 3:00 Teatime (CY) 3:00 St. John’s Ambulance Therapy Dog Mozzie and Steph (L)
<b>7</b> <b>All Day</b> Activity Booklet (R) 9:15 Holy Communion from Holy Redeemer Catholic Church (C) 1:00 Euchre (LB) 1:00 Stonehaven Cinema “Field of dreams” (FL) 2:00 Crokinole (L) 3:00 Teatime (CY)	<b>8</b> 11:00 Homeschool Students performance and games (Lobby) 2:00 Bocce Ball Tournament (L) 3:00 Cool Treats Ice Cream Truck (Parking Lot) 3:00 Teatime (L) 6:15 Sing a Long with Gerry (L)	<b>9</b> 10:00-10:30 Elanie’s Exercise Classes (ER) 10:30-11:00 Elanie’s Exercise Classes (ER) 11:00 – 2:00 Sunshine Gifts (L) 2:00 Bridge (LB) 2:00 Pool (PR) 2:00 Professor Cammy (RR) 3:00 Teatime (L) 6:45 Stonehaven TV Showcase “Designated Survivor” (FL) <b>National Strawberry Rhubarb Pie Day</b>	<b>10</b> 9:45 Coffee & Conversation (L) 10:00 TEP 2 (ER) 11:30 Technology Support* (CR) 1:30-4:00 “Drive In” Movie 3:00 Teatime (L) 6:30 Cribbage (L)  <b>National Egg Roll Day</b>	<b>11</b> 9:45 Online Grocery Orders* (CR) 10:00-10:30 Elanie’s Exercise Classes (ER) 10:30-11:00 Elanie’s Exercise Classes (ER) 2:30 Fit Minds (RR) 3:00 Teatime (L) 6:30 Euchre (LB) 6:45 Stonehaven TV Showcase “The Good Doctor” (FL)  <b>World Cup Kickoff – Wear Jerseys and Team colors</b>	<b>12</b> 10:00 Choir Practice (RR) 10:00 Walmart and Dollarama Outing (BUS) 11:00 Hymn Sing (L) 2:00 Farm Boy Outing (BUS) 2:45 Rae Palmer Performs for Happy Hour (RR) 3:00 Teatime (L) 6:30 Stonehaven Cinema “It Takes Two” (FL)  <b>Feedback Fridays with Jamie-Lyn</b>	<b>13</b> <b>All Day</b> Activity Booklet (Reception) 2:00 Chair Zumba/Discovery Hour (Craft Room) 2:00 Knitters Drop-In Club (FL) 2:00 Bridge (LB) 3:00 Teatime (CY) 3:00 St. John’s Ambulance Therapy Dog Mozzie and Steph (L)
<b>14</b> <b>All Day</b> Activity Booklet (R) 9:15 Holy Communion from Holy Redeemer Catholic Church (C) 1:00 Euchre (LB) 1:00 Stonehaven Cinema “Get smart” (FL) 2:00 Martin Lacey plays Piano (L) 2:00 Crokinole (L) 3:00 Teatime (CY)	<b>15</b> 10:30 Java Music Club (AB) 11:15 Meditation Mondays (AB) 2:00 Bocce Ball Tournament (L) 3:00 Teatime (L) 6:15 Sing a Long with Gerry (L)	<b>16</b> 10:00-10:30 Elanie’s Exercise Classes (ER) 10:30-11:00 Elanie’s Exercise Classes (ER) 11:00-2:00 Avon with Dawn Brown (L) 2:00 Townhall Meeting (RR) 2:00 Bridge (LB) 2:00 Pool (PR) 3:00 Teatime (L) 6:45 Stonehaven TV Showcase “Designated Survivor” (FL)	<b>17</b> 8:00 Men’s Breakfast (DR) 10:30 Technology Support* (CR) 10:30 Ecumenical Communion (RR) 2:00 Just us Band performs (RR) 3:00 Teatime (L) 6:30 Cribbage (L)  <b>Sunshine Day – Wear Yellow and bright colors</b>	<b>18</b> 9:45 Online Grocery Orders* (CR) 10:00-10:30 Elanie’s Exercise Classes (ER) 10:30-11:00 Elanie’s Exercise Classes (ER) 1:30 Wheelchair and Walker Clinic (CR) 2:30 Fit Minds (RR) 3:00 Teatime (L) 3:30 Trivia with John J (AB) 6:30 Euchre (LB) 6:45 Stonehaven TV Showcase “The Good Doctor” (FL)	<b>19</b> 10:00 Choir Practice (RR) 11:00 Hymn Sing (L) 1:00 Artful Enrichment “Under the Sea” (AR) 2:45 Bob and Don Performs for Happy Hour (RR) 3:00 Teatime (L) 6:30 Stonehaven Cinema “RV” (FL)  <b>Feedback Fridays with Lynn</b>	<b>20</b> <b>All Day</b> Activity Booklet (Reception) 2:00 Chair Zumba/Discovery Hour (Craft Room) 2:00 Knitters Drop-In Club (FL) 2:00 Bridge (LB) 3:00 Teatime (CY) 3:00 St. John’s Ambulance Therapy Dog Mozzie and Steph (L)



## June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>21 First Day of Summer</b>  <b>All Day</b> Activity Booklet (R)  <b>9:15</b> Holy Communion from Holy Redeemer Catholic Church (C)  <b>1:00</b> Euchre (LB)  <b>1:00</b> Stonehaven Cinema "Steel Magnolias" (FL)  <b>2:00</b> Crokinole (L)  <b>3:00</b> Teatime (CY)</p> <p style="text-align: center;"><b>Fathers Day</b></p>	<p><b>22</b>  <b>1:00</b> BBQ Lunch and Dale Ducharme and Band Performs (Parking Lot)  <b>3:00</b> Teatime (L)  <b>6:15</b> Sing a Long with Gerry (L)</p> <p style="text-align: center;"><b>National Onion Rings Day</b></p>	<p><b>23</b>  <b>10:00-10:30</b> Elanie's Exercise Classes (ER)  <b>10:30-11:00</b> Elanie's Exercise Classes (ER)  <b>10:00-2:00</b> Photo Repair Service with Adam (L)  <b>2:00</b> Bridge (LB)  <b>2:00</b> Pool (PR)  <b>2:00</b> Music with Carrie (RR)  <b>3:00</b> Teatime (L)  <b>6:45</b> Stonehaven TV Showcase "Designated Survivor" (FL)</p>	<p><b>24</b>  <b>9:45</b> Coffee &amp; Conversation (L)  <b>10:00-2:00</b> Photo Repair Service with Adam (L)  <b>10:00</b> Reading of the Rosary (C)  <b>10:00</b> TEP 2 (ER)  <b>10:30</b> Roman Catholic Mass (C)  <b>11:30</b> Technology Support* (CR)  <b>2:00</b> Dale Ducharme Performs (Parking Lot Rain Date)  <b>3:00</b> Teatime (L)  <b>6:30</b> Cribbage (L)</p> <p style="text-align: center;"><b>Straw Hat/Farmer Day</b></p>	<p><b>25</b>  <b>9:45</b> Online Grocery Orders* (CR)  <b>10:00-10:30</b> Elanie's Exercise Classes (ER)  <b>10:30-11:00</b> Elanie's Exercise Classes (ER)  <b>2:00</b> Ottawa Mounted Police Visit (Parking Lot)  <b>3:00</b> Teatime (L)  <b>6:30</b> Euchre (LB)  <b>6:45</b> Stonehaven TV Showcase "The Good Doctor" (FL)</p>	<p><b>26</b>  <b>10:00</b> Choir Practice (RR)  <b>11:00</b> Hymn Sing (L)  <b>11:30</b> Chip Truck Outing (BUS)  <b>2:45</b> Johnny Vegas Performs for Happy Hour (RR)  <b>1:30</b> Metro Outing (BUS)  <b>3:00</b> Teatime (L)  <b>6:30</b> Stonehaven Cinema "27 Dresses" (FL)</p> <p style="text-align: center;"><b>Feedback Fridays with Jamie-Lyn</b></p>	<p><b>27</b>  <b>All Day</b> Activity Booklet (Reception)  <b>2:00</b> Chair Zumba/Discovery Hour (Craft Room)  <b>2:00</b> Knitters Drop-In Club (FL)  <b>2:00</b> Bridge (LB)  <b>3:00</b> Teatime (CY)  <b>3:00</b> St. John's Ambulance Therapy Dog Mozzie and Steph (L)</p>
<p><b>28</b>  <b>All Day</b> Activity Booklet (R)  <b>9:15</b> Holy Communion from Holy Redeemer Catholic Church (C)  <b>1:00</b> Euchre (LB)  <b>1:00</b> Stonehaven Cinema When Harry met Sally" (FL)  <b>2:00</b> Crokinole (L)  <b>3:00</b> Teatime (CY)</p>	<p><b>29</b>  <b>2:00</b> Bocce Ball Tournament (L)  <b>3:00</b> Teatime (L)  <b>6:00</b> Igor plays piano (L)</p>	<p><b>30</b>  <b>10:00-10:30</b> Elanie's Exercise Classes (ER)  <b>10:30-11:00</b> Elanie's Exercise Classes (ER)  <b>2:00</b> Bridge (LB)  <b>2:00</b> Pool (PR)  <b>2:15</b> Bingo (CR)  <b>6:45</b> Stonehaven TV Showcase "Designated Survivor" (FL)</p>				
			<p style="text-align: center;"><b>CALENDAR NOTES</b></p> <p style="text-align: center;"><b>Teatime</b>  served every afternoon at <u>3:00 PM</u> in the Lobby.</p> <p style="text-align: center;"><b>Happy Hours</b>  are held in the Recreation Room every <u>Friday at 2:45 PM.</u></p>	<p style="text-align: center;"><b>Hairdresser / Exercise</b></p> <p style="text-align: center;"><b>Hair Dressing Hours:</b>  By Appointment ONLY  Call Leslie 613-720-5511</p> <p style="text-align: center;"><b>Elanie's Exercise Classes:</b>  Every Tuesday &amp; Thursday  Located in Exercise Room</p> <p style="text-align: center;"><b>Khatereh's Chair Yoga:</b>  Located in the Recreation Room</p>	<p style="text-align: center;"><b>CALENDAR LEGEND</b></p> <p style="text-align: center;"><b>Special Programs</b>  <b>Outings</b>  Technology*</p>	<p style="text-align: center;"><b>ROOM LEGEND</b></p> <p style="text-align: center;">L - Lobby  CR - Craft Room  FL - 1st Floor Lounge  C - Chapel  RR - Recreation Room  AB - Apartment Bistro  AR - Art Room  LB - Library  ER - Exercise Room  PR - Pool Room  DR - Dining Room  SE - Second Floor Elevator  SD - Small Dining Room  B - Basement  CY - Courtyard (Patio)  PL - Parking Lot</p>