





August 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 International Beer Day! 10:00am Seated Yoga [FR] 10:30am Pictionary [FR] 11:00am Short Stories [FR] 02:30pm Happy Hour Feat. Lemon Shandy [IL] 04:00pm Nature Walk [MC] <i>*Weather Permitting*</i> 06:30pm Series: The Office [FR]	2 10:00am Nail Therapy [AR] 10:30am Daily Chronicles & Conversations [FR] 11:00am Strength Exercises [FR] 02:00pm Puzzling Puzzles [AR] 03:00pm Scattegories [FR] 04:00pm Crosswords [FR] 06:30pm Documentary: Titan–The Ocean Gate [FR]
3 10:00am Church Service [FR] 10:30am Spiritual Hymns: Sing-Along [FR] 11:00am Dance Class on the Patio [MC] 02:00pm Sip & Social [GR] 03:00pm Ball Toss [FR] 04:00pm Daily Chronicles [FR] 06:30pm Movie Night: Yesterday [FR]	4 Civic Holiday 10:00am Gentle Stretches [FR] 10:30am Trivia: Quotes [FR] 11:00am Sing-Along with Diana [FR] 02:00pm Entertainment Feat. John Kim [IL] 03:30pm Crosswords [FR] 04:00pm Nature Walk [MC] <i>*Weather Permitting*</i> 06:30pm Series: Superstore [FR]	5 10:00am Meditation [FR] 10:30am Short Stories [FR] 11:00am Scattegories [FR] 02:00pm Sunbathing w/ Popsicles on the Patio [MC] 03:00pm Collaborative Art [AR] 04:00pm Indoor Walks [MC] 06:30pm Musical Movie: Whiplash [FR]	6 Nat. Root Beer Float Day 10:00am – 12:00pm Country Drive Outing [MC] 10:00am Exercise Video [FR] 10:30am Activity Booklet [AR] 11:00am Sing-Along with Diana [FR] 02:00pm Summer Special Fun & Flavour Root Beer Float [IL] 03:30pm Ball Toss [FR] 04:00pm Nature Walk [MC] <i>*Weather Permitting*</i> 06:30pm Drop-In Puzzles [AR]	7 10:00am Strength Exercise [FR] 10:30am Guess That Sound [FR] 11:00am Trivia [FR] 02:30pm Happy Hour Feat. Lemon Fizz [IL] 02:30pm Entertainment Feat. Fran [MC] 04:00pm Bingo [FR] 06:30pm Series: The Office [FR]	8 10:00am Activity Booklet [FR] 10:30am Sing-Along with Susie Q. [FR] 11:00am Chair Zumba with Naz [FR] 02:00pm Movie Matinee: Happy Gilmore [TR] 03:00pm Crossword [FR] 04:00pm Nature Walk [MC] <i>*Weather Permitting*</i> 06:30pm Series: The Office [FR]	9 Great Canadian BBQ! 10:00am Exercise Video [FR] 11:00am Activity Booklet [AR] 02:00pm Puzzling Puzzles [AR] 03:00pm Scattegories [FR] 04:00pm Crosswords [FR] 06:00pm Entertainment Feat. Andy Phillips [IL]
10 10:00am Church Service [FR] 10:30am Spiritual Hymns: Sing-Along [FR] 11:00am Dance Class on the Patio [MC] 02:00pm Sip & Social [GR] 03:00pm Ball Toss [FR] 04:00pm Daily Chronicles [FR] 06:30pm Movie Night: Eat, Pray, Love [FR]	11 10:00am Gentle Stretches [FR] 10:30am Trivia: [FR] 11:00am Sing-Along with Diana [FR] 02:00pm Movie Matinee: American Made [TR] 03:30pm Crosswords [FR] 04:00pm Nature Walk [MC] <i>*Weather Permitting*</i> 06:30pm Series: Superstore [FR]	12 Western Day! 10:00am Meditation [FR] 10:30am Short Stories [FR] 11:00am Scattegories [FR] 02:00pm Western Day Show Feat. Tony Puglisi [IL] 03:30pm Collaborative Art [AR] 04:00pm Indoor Walks [MC] 06:30pm Musical Movie: 8 Mile [FR]	13 10:00am – 12:00pm Country Drive Outing [MC] 10:00am Exercise Video [FR] 10:30am Activity Booklet [AR] 02:00pm Active Planning & Food for Thought Meeting [TR] 03:30pm Ball Toss [FR] 04:00pm Nature Walk [MC] <i>*Weather Permitting*</i> 06:30pm Drop-In Puzzles [AR]	14 10:00am Strength Exercise [FR] 10:30am Guess That Sound [FR] 11:00am Trivia [FR] 02:30pm Happy Hour Feat. Miami Vice [IL] 03:00pm Collaborative Art [AR] 04:00pm Bingo [FR] 06:30pm Series: The Office [FR]	15 10:00am Seated Yoga [FR] 10:30am Pictionary [FR] 11:00am Short Stories [FR] 02:00pm Chai Tea Social: Meet & Greet New Residents [IL] 03:30pm Crossword [FR] 04:00pm Nature Walk [MC] <i>*Weather Permitting*</i> 06:30pm Series: The Office [FR]	16 10:00am Nail Therapy [AR] 10:30am Daily Chronicles & Conversations [FR] 11:00am Strength Exercises [FR] 02:00pm Puzzling Puzzles [AR] 03:00pm Scattegories [FR] 04:00pm Crosswords [FR] 06:30pm Documentary: Flight 3054: Ep 1 [FR]



August 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 10:00am Church Service [FR] 10:30am Spiritual Hymns: Sing-Along [FR] 11:00am Dance Class on the Patio [MC] 02:00pm Sip & Social [GR] 03:00pm Ball Toss [FR] 04:00pm Daily Chronicles [FR] 06:30pm Movie Night: Primal Fear [FR]	18 10:00am Gentle Stretches [FR] 10:30am Trivia [FR] 11:00am Daily Chronicles & Conversations [FR] 02:00pm Movie Matinee: Moment by Moment [TR] 03:30pm Crosswords [FR] 04:00pm Nature Walk [MC] *Weather Permitting* 06:30pm Series: Superstore [FR]	19 10:00am Meditation [FR] 10:30am Short Stories [FR] 11:00am Scattegories [FR] 02:00pm Wine & Cheese Social [SO] 03:30pm Collaborative Art [AR] 04:00pm Indoor Walks [MC] 06:30pm Musical Movie: Wonka [FR]	20 10:00am Exercise Video [FR] 11:00am Activity Booklet [AR] 01:30pm Wildlife Lecture with Ann Brokelman [TR] 03:00pm – 04:00pm Summer Fun & Flavours: Ice Cream Sandwich [IL] 04:00pm Nature Walk [MC] *Weather Permitting* 06:30pm Drop-In Puzzles [AR]	21 10:00am Strength Exercise [FR] 10:30am Guess That Sound [FR] 11:00am Trivia [FR] 02:30pm Happy Hour Feat. Pineapple Vodka Cocktail [IL] 03:30pm Collaborative Art [AR] 04:00pm Bingo [FR] 06:30pm Series: The Office [FR]	22 10:00am Exercise Video [FR] 10:30am Activity Booklet [AR] 11:00am Chair Zumba with Naz [FR] 02:00pm Movie Matinee: Happy Gilmore 2 [TR] 04:00pm Nature Walk [MC] *Weather Permitting* 07:00pm Evening Performance by Deidrey Francois [IL]	23 10:00am Nail Therapy [AR] 10:30am Daily Chronicles & Conversations [FR] 11:00am Strength Exercises [FR] 02:30pm Entertainment: Sing-Along with Kathy T. [FR] 03:30pm Scattegories [FR] 04:00pm Crosswords [FR] 06:30pm Documentary: Flight 3054: Ep 2 [FR]
24 National Waffle Day 10:00am Church Service [FR] 10:30am Spiritual Hymns: Sing-Along [FR] 11:00am Dance Class on the Patio [MC] 02:00pm Sip & Social [GR] 03:30pm Summer Fun & Flavours: Nat. Waffle Day [IL] 04:00pm Daily Chronicles [FR] 06:30pm Movie Night: World War Z [FR]	25 10:00am Gentle Stretches [FR] 10:30am Trivia [FR] 11:00am Daily Chronicles & Conversations [FR] 02:00pm Resident Town Hall Meeting [IL_TR] 03:30pm Crosswords [FR] 04:00pm Nature Walk [MC] *Weather Permitting* 06:30pm Series: Superstore [FR]	26 10:00am Meditation [FR] 10:30am Short Stories [FR] 11:00am Scattegories [FR] 02:00pm Movie Matinee: Flight Plan [TR] 04:00pm Indoor Walks [MC] 06:30pm Musical Movie: Purple Hearts [FR]	27 10:00am Strength Exercise [FR] 11:00am Daily Chronicles & Articles [FR] 02:00pm Holy Trinity Church Service [TR] 03:30pm Ball Toss [FR] 04:00pm Nature Walk [MC] *Weather Permitting* 06:30pm Drop-In Puzzles [AR]	28 10:00am Exercise Video [FR] 11:00am Activity Booklet [AR] 02:00pm Refreshing Iced Tea on the Patio [MC] 03:30pm Collaborative Art [AR] 04:00pm Bingo [FR] 07:00pm Evening Performance Feat. Zack Erickson [IL]	29 10:00am Seated Yoga [FR] 10:30am Pictionary [FR] 11:00am Short Stories [FR] 02:30pm Happy Hour Feat. Passionfruit Hurricane Cocktail [IL] 03:30pm Crossword [FR] 04:00pm Nature Walk [MC] *Weather Permitting* 06:30pm Series: The Office [FR]	30 10:00am Nail Therapy [AR] 10:30am Daily Chronicles & Conversations [FR] 11:00am Strength Exercises [FR] 02:00pm Puzzling Puzzles [AR] 03:00pm Scattegories [FR] 04:00pm Crosswords [FR] 06:30pm Documentary: Flight 3054: Ep 3 [FR]
31 10:00am Church Service [FR] 10:30am Spiritual Hymns: Sing-Along [FR] 11:00am Dance Class on the Patio [MC] 02:00pm Sip & Social [GR] 03:00pm Ball Toss [FR] 04:00pm Daily Chronicles [FR] 06:30pm Movie Night: 6 Underground [FR]	Venvi Guildwood Retirement Living 65 Livingston Road Scarborough, ON M1E 0E6 (416) 883-6920	ACTIVE LIVING AIDES NEHA, ASIA, NOOR & NAZ	DATES TO REMEMBER Aug. 6 th – Country Drive Aug. 13 th – Country Drive August 27 th – Church Service by The Holy Trinity Church	REMINDERS See Active Living Team if interested in any outings or programs.	CALENDAR LEGEND ML Programs IL Programs, & ML Outings,	ROOM LEGEND AR: Activity Room FR: Family Room GR: Garden Room IL: Main Level MC: Memory Care PA: Patio [Memory Care] SO: Solarium [5 th Floor] TR: Theatre Room [Basement]