



March 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR LEGEND	ROOM LEGEND				SPECIAL NOTES	SPECIAL NOTES
Sign up Required Special Programs Outings Technology*	A - Alcove B - Bistro CR - Club Room G - Gym GR - Games Room L - Lobby LIB - Library P - Pool SC - Spiritual Centre T - Theatre PDR - Private Dining Room				SPECIAL NOTES <i>Over the next few months we are planning Hometown History Tours, featuring day trips around Southwestern ON and Virtual Hometown Visits to places near and far! Look for the insert in your newsletter and help us celebrate the diverse stories within our community!</i>	SPECIAL NOTES <i>Wouldn't It Be Lovely in March! A season of fresh beginnings, timeless elegance, and simple pleasures! Keep an eye out for our special My Fair Lady themed activities, highlighted in purple throughout the calendar so you won't miss a single lovely moment!</i>
1	2	3	4 Spring Decorating	5	6 A Day at the Theatre	7
1:00 Creative Hands Club (SC) 2:00 Euchre (GR) 7:00 Worship Service (SC) 7:00 TV Series (T) CR Booking 12-4pm Cranium Crunches Pick up in the Lobby	10:30 Qi Gong with Kim (G) 10:30 Bus Trip to Shoppers and Remark (L) 2:00 Cribbage (GR) 2:00 Larry the Piano man performs (A) 3:15 VON Exercise (G) 6:45 Bingo (CR)	10:00 Morning Coffee and Painting with Emily (CR) 10:30 Bus Trip to YMCA Walking Track (L) 11-12 Tuck Shop (L) 1:00 Billiards (GR) 1:30 TEP – Level 1 (G) 2:00 TEP – Level 2 (G) 2:30 TEP – Level 3 (G) 7:00 Poker (GR) 7:00 Movie (T)	10:30 Exercise with Emily (G) 10:30 Bus Trip to Cherryhill Mall (L) 12:00 Rescheduled Pizza and Beer Lunch from February (\$10)(A) 1:00 Bridge Club (CR) 2:00 Marie Bottrell performs (B) 3:00 Bible Study (SC) 7:00 Movie (T) Vendor Visit – Ruth's Fashion 11am to 3pm (GR)	9:30 VON Exercise (G) 9:30/10:30 Limo Trips to Shoppers and Freshco (L) 10:30 Swim Fit (P) 1:00 Fit Minds (CR) 1:00 Billiards (GR) 2:30 Faux Flower Corsage Craft (CR) 6:45 Bingo (CR)	9:30/10:30 Limo Trips to No Frills & Dollarama (L) 10:30 Balance Building (G) 1:00 Bridge Club (CR) 1:00 Ladies Billiards & Beer (GR) 1:30 My Fair Lady Movie Matinee – Dress up in your most lovely spring outfit to enjoy the movie with fancy snacks and drinks! (T) 7:00 Movie & Popcorn (T)	10:30 Dancing with Wendy (G) 1:30 Men's Billiards & Beer (GR) 3:00 Cards & Games (GR) 7:00 Movie (T)
8 OPEN HOUSE 1-4PM	9	10	11	12	13	14
International Women's Day Daylight Savings – Move your clocks forward one hour 9:00 Bus Trip to Kinsmen Fanshawe Sugar Bush for Pancake Breakfast & Tour (L) 1:00 Creative Hands Club (CR) 2:00 Euchre (GR) 2:00 Leah and Jesse Grandmont perform (B) 7:00 Worship Service (SC) 7:00 TV Series (T) Fun Facts Booklets (L)	10:30 Drum Fit with Michelle (G) 1-3pm *NEW DAY* Drop in Bridge with Daphne (A) 2:00 Activities Planning Meeting (T) 2:00 Cribbage (GR) 3:15 VON Exercise (G) 6:45 Bingo (CR)	10:30 Exercise with Emily (G) 10:30 Bus Trip to Lunch at Moxies and the Golden Girls at the Grand Theatre (\$92) (L) 1:00 Billiards (GR) 2:00 Communion (SC) followed by refreshments in the (CR) 7:00 Poker (GR) 7:00 Movie (T) Vendor Visit – Connie's Crafts – 11am-3pm (L)	10:00 Java Music Club (A) 10:30 Bus Trip to YMCA Walking Track (L) 1:00 Bridge Club (GR) 1:00 Exercise with Emily (G) 2:00 Mindful Music and Colouring with Emily (CR) 3:00 Bible Study (SC) 7:00 Movie (T)	9:30 VON Exercise (G) 9:30/10:30 Limo Trips to White Oaks Mall (L) 10:30 Swim Fit (P) 1:00 Fit Minds (CR) 1:00 Billiards (GR) 2:30 Thank You Card Crafts (CR) 6:45 Bingo (CR)	LIFE ENRICHMENT STAFF APPRECIATION DAY 10:00 Limo Trip to Loblaws & Michaels (L) 10:30 Exercise with Emily (G) 1:00 Bridge Club (CR) 1:00 Activities Team Thank You Social! (B) 1:00 Ladies Billiards & Beer (GR) 2:00 Performance by the Our Lady of Victory Academy Children's Choir (A) 7:00 Movie & Popcorn (T)	11-12pm Blood Pressure Clinic with Sheby (T) 1:30 Men's Billiards & Beer (GR) 2:00 Suzanne & Stephen perform (B) 3:00 Cards & Games (GR) 7:00 Movie (T) Morning Move In – FI 3 - Welcome Thaddeus & Benita!



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15 Exercise Cancelled 1:00 Creative Hands Club (CR) 2:00 Euchre (GR) 7:00 Worship Service (SC) 7:00 TV Series (T)</p> <p><i>*No Walking Track this week due to March Break crowds!</i></p> <p>Brain Awareness Week – Start to exercise your brain by picking up Cranium Crunches Booklets in the Lobby</p>	<p>16 M off 10:30 Qi Gong with Kim (G) 10:30 Bus Trip to No Frills and Dollarama (L) 10:30am-2:00pm – March Break Family Swim – Bring the family in for a swim in our pool! 1:45 Mobility 1st Walker Tune Up (CR) 2:00 Cribbage (GR) 2:00 *NEW Music* Jan Denk performs (B) 3:15 VON Exercise (G) 6:45 Bingo (CR)</p>	<p>17 ST. PATRICKS DAY 10:00 Exercise with Emily (G) 10:00 Bus trip to LCBO/Loblaws/Banks (L) 11-12 Tuck Shop (L) 1:00 Town Hall Meeting (T) 1:00 Billiards (GR) 2:00 St Patrick's Day Social with Green Beer and music from the Well-Seasoned Quartet (B) 7:00 Poker (GR) 7:00 Movie (T) Wear Green Today!</p>	<p>18 10:30 Morning Crossword and Coffee with Emily (B) 10:30 Hometown History Bus Trip Tour featuring London, ON and Lunch at Angels (L) 1:00 Bridge Club (GR) 1:30 TEP – Level 1 (G) 2:00 TEP – Level 2 (G) 2:30 TEP – Level 3 (G) 3:00 Bible Study (SC) 7:00 Movie (T) Vendor Visit - Cyndy's Boutique - 10am-2:30pm (L)</p>	<p>19 9:30 VON Exercise (G) 9:30/10:30 Limo Trips to Shoppers and Freshco (L) 10:30 Swim Fit (P) 1:00 Billiards (GR) 2:00 Fit Minds (CR) 6:45 Bingo (CR)</p>	<p>20 World Happiness Day Wear Yellow Today! 9:30/10:30 Limo Trips to Cherryhill Mall (L) 10:30 Exercise with Michelle (G) 1:00 Lemonade and Cookie Stand (L) 1:00 Bridge Club (A) 1:00 Ladies Billiards & Beer (GR) 2:30 Build Your Own Kentucky Derby Fascinator (CR) 7:00 Movie & Popcorn (T) Visiting Library Day</p>	<p>21 10:30 Dancing with Wendy (G) 1:30 Men's Billiards & Beer (GR) 3:00 Cards & Games (GR) 7:00 Movie (T)</p> <p>Club Room Booking 7pm</p>
<p>22 1:00 Creative Hands Club (CR) 2:00 Euchre (GR) 2:00 British Word Games, Tea and Snacks with Michelle! (CR) 7:00 Worship Service (SC) 7:00 TV Series (T)</p> <p>Fun Facts Booklet Pick up in the Lobby</p>	<p>23 10:30 Drum Fit with Michelle (G) 10:30 Bus Trip to Pharmasave, TD & Independent Grocer (L) 1-3pm *NEW DAY* Drop in Bridge with Daphne (A) 2:00 Cribbage (GR) 2:00 Whiteboard Games with Michelle – Pictionary (CR) 3:15 VON Exercise (G) 6:45 Bingo (CR) Vendor Visit – 5th Avenue Jewelry – 11am to 2pm</p>	<p>24 "A Day at the Derby" 10:30 Exercise with Emily (G) 10:30 Bus Trip to YMCA Walking Track (L) 1:00 Resident Ambassador Meeting (A) 1:00 Billiards (GR) 2:00 Horse Races – Wear Your Fascinators to our very own Kentucky Derby (L) 7:00 Poker (GR) 7:00 Movie (T)</p>	<p>25 10:00 Java Music Club (A) 1:00 Bridge Club (GR) 1:00 Exercise with Emily (G) 2:00 March Birthday Party with Tara and Dean (CR) 3:00 Bible Study (SC) 6:10 Bus Trip to see the Music 3of the Night at Centennial Hall (\$60) (L) 7:00 Movie (T)</p>	<p>26 Epilepsy Awareness Day – Wear Purple 9:30 VON Exercise (G) 10:30 Swim Fit (P) 1:00 Limo Trip to White Oaks Mall (L) 1:00 Fit Minds (CR) 1:00 Billiards (GR) 1:30 Bentley Hearing (T) 2:00 Shuffleboard (G) 6:45 Bingo (CR)</p>	<p>27 Wear Blue Jays Outfit 10:30 Exercise with Emily (G) 1:00 Home Run Derby – Ball Toss Game (L) 1:00 Bridge Club (A) 1:00 Ladies Billiards & Beer (GR) 2:00 Easter Cookie Decorating (CR) 7:07 Blue Jays Home Opener with Peanuts & Popcorn (T) CR Booking 2-6pm</p>	<p>28 10:30 Dancing with Wendy (G) 1:30 Men's Billiards & Beer (GR) 3:00 Cards & Games (GR) 7:00 Movie (T)</p>
<p>29 Palm Sunday 1:00 Creative Hands Club (CR) 2:00 Euchre (GR) 7:00 Worship Service (SC) 7:00 TV Series (T)</p> <p>Cranium Crunches Booklet Pick up in the Lobby</p>	<p>30 9:30/10:30 Limo Rides to No Frills and Dollarama (L) 10:30 Exercise with Michelle (G) 2:00 Cribbage (GR) 1:00 New Resident Orientation (A) (By Invitation) 2:30 April Bus Trip Sign Up (CR) 3:15 VON Exercise (G) 6:45 Bingo (CR) 7:00 Sounds of Swing performs (B)</p>	<p>31 10:00 Bus Trip to Men's SHED at Horton's Senior Centre (L) 10:30 Exercise with Emily (G) 1:00 Eyeglass Cleaning (L) 1:00 Billiards (GR) 2:00 *New Music* Mike Fagan & Rick perform (B) 7:00 Poker (GR) 7:00 Movie (T) CR Booking 2-4</p>			<p>CALENDAR LEGEND</p> <p>Sign up Required </p> <p>Special Programs</p> <p>Outings</p> <p>Technology*</p>	<p>ROOM LEGEND</p> <p>A - Alcove B - Bistro CR - Club Room G - Gym GR - Games Room L - Lobby LIB - Library P - Pool SC - Spiritual Centre T – Theatre PDR – Private Dining Room</p>