



October 2025										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
			9:15 Tiered One Exercises 9:45 Tiered Two Exercises	9:15 Tiered One Exercises 9:45 Tiered Two Exercises	3 9:15 Band Exercises – A 9:45 Band Exercises – A	4 9:15 Weight Exercises – A 10:30 Beanbag Baseball				
ASSPLETON LANGER HOLD CHURCH	Welcome Neighbors and Passers-by Castleton United Church A Prairie Chapet	UNITED CRUISER WHITE GALOR SALETED IN SALET	10:30 Bling Ball – A 1:30 Chair Yoga – A 1:30 Whist and Crib – C 2:15 Hockey Shoot Out – A 3:00 Pole Walking – L 7:00 Tri-Ominos – C 7:00 Movie Night – A	10:30 Bean Bag Baseball-A 10:30 Quilting – 2 nd 1:30 Dollarama Shopping 1:30 Bingo – A 7:00 Shuffleboard – C	10:30 Rosary – CH 10:30 Bling Ball – A 2:30 Happy Hour with Marilyn & Gene – D 3:30 Skip-Bo – C 7:00 Kaiser – C	1:30 Bingo – A 2:30 Rummikub – C 2:30 Crib and Whist – C 7:00 Kings Corner – C				
5	6	7	8	9	10	11				
9:15 Tiered One Exercises 10:30 Bling Ball – A 1:30 Bingo – A 3:30 Tile Rummy – C 3:30 Crib and Whist – C 7:00 Checkers – C	9:15 Band Exercises – A 9:45 Band Exercises – A 10:30 Horseshoes – A 1:30 Horse Races – C 3:30 King's Corner – C 7:00 Chicken Foot – C	9:15 Weights Exercises – A 9:45 Weights Exercises – A 10:30 Carpet Darts – A 2:00 Townhall Meeting-D 2:00 Smoothies-D 3:00 Pole Walking – L 3:30 Phase 10 – C 7:00 Tile Rummy – C 7:00 Movie Night – A	9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Chair Yoga – A 1:30 Whist and Crib – C 2:15 Hockey Shoot Out – A 3:00 Pole Walking – L 7:00 Tri-Ominos – C 7:00 Movie Night – A	9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bean Bag Baseball-A 10:30 Quilting – 2 nd 1:30 Giant Tiger Shopping 1:30 Crib Tournament – A 4:00 Chair Dancing – A 7:00 Shuffleboard – C	9:15 Band Exercises – A 9:45 Band Exercises – A 10:30 Rosary – CH 10:30 Bling Ball – A 2:30 Happy Hour with TBA – D 3:30 Skip-Bo – C 7:00 Kaiser – C	9:15 Weight Exercises – A 10:30 Beanbag Baseball 1:30 Carpet Darts – A 2:30 Sing Along with Vera – D 2:30 Rummikub – C 2:30 Crib and Whist – C 7:00 Kings Corner – C				
12	13 Thanksgiving	14	15 Drop Off Library Books	16	17	18				
9:15 Tiered One Exercises	9:15 Band Exercises – A	9:15 Weight Exercises – A	9:15 Tiered One Exercises	9:15 Tiered One Exercises	9:15 Band Exercises – A	9:15 Weight Exercises – A				
10:30 Bling Ball – A	9:45 Band Exercises – A	9:45 Weight Exercises – A	9:45 Tiered Two Exercises	9:45 Tiered Two Exercises	9:45 Band Exercises – A	10:30 Beanbag Baseball –A				
1:30 Bingo – A 3:30 Tile Rummy – C	10:00 Crafts with Faith-PD 10:30 Horseshoes – A	10:30 Carpet Darts – A	10:30 Bling Ball – A 1:30 Chair Yoga – A	10:30 Quilting – 2 nd	10:30 Rosary – CH 10:30 Horse Shoes – A	11:00 & 12:45 Thanksgiving Buffot – D				
3:30 Tile Ruffing – C	1:30 Tic, Tac, Toe – A	2:00 Painting with Jeann 2:00 Decorate Halloween	2:15 Hockey Shoot Out – A	10:30 Bean Bag Baseball-A 10:30 Anglican Service-CH	2:30 Happy Hour with	Thanksgiving Buffet – D 2:30 The Rednecks – D				
7:00 Checkers – C	3:30 King's Corner – C	3:00 Pole Walking – L	3:00 Pole Walking – L	1:30 Dollar Tree Shopping	Virgina & Don – D	3:30 Crib and Whist – C				
	7:00 Chicken Foot – C	3:30 Phase 10 – C	7:00 Tri-Ominos – C	2:00 Diane & Keith – D	3:30 Skip-Bo – C	3:30 Rummikub – C				
		7:00 Tile Rummy – C 7:00 Movie Night – A	7:00 Movie Night – A 7:00 Piano Music with Evia – D	7:00 Shuffleboard – C	7:00 Kaiser – C	7:00 King's Corner – C				





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9:15 Tiered One Exercises 10:30 Bling Ball – A 1:30 Bingo – A 3:30 Tile Rummy – C 3:30 Crib and Whist – C 7:00 Checkers – C	9:15 Band Exercises – A 9:45 Band Exercises – A 10:00 Crafts with Faith-Pd 10:30 Horseshoes – A 1:30 Horse Races – C 3:30 King's Corner – C 7:00 Chicken Foot – C	9:15 Weight Exercises – A 9:45 Weight Exercises – A 10:30 Carpet Darts – A 10:30 Ukrainian Service 2:00 Town Hall – D 2:00 Ice Cream Sundaes 2:30 Painting with Jean 3:00 Pole Walking – L 7:00 Tile Rummy – C	22 10:00 Flu Shots - A 1:30 Chair Yoga - A 1:30 Crib & Whist - A 2:00 Monthly Birthdays Janis and Friends - D 7:00 Tri-Ominos - C 7:00 Movie Night - A	9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Quilting – 2 nd 10:30 Beanbag Baseball – A 1:30 Walmart Shopping 1:30 Bingo – A 7:00 Shuffleboard – C	9:15 Band Exercises 9:45 Band Exercises 10:30 Rosary – CH 10:30 Carpet Darts – A 2:30 Happy Hour with Len Gadica – D 3:30 Skip-Bo – C 7:00 Kaiser – C	25 9:15 Weight Exercises – A 10:30 Beanbag Baseball – A 1:30 Carpet Darts – A 2:30 Rummikub – C 2:30 Crib and Whist – C 7:00 King's Corner – C				
9:15 Tiered One Exercises 10:30 Bling Ball – A 2:30 Bingo – A 3:30 Tile Rummy – C 3:30 Crib and Whist – C 7:00 Checkers – C	7:30 & 8:30 Manager's Breakfast – D 9:15 Band Exercises – A 9:45 Band Exercises – A 10:00 Crafts with Faith-Pd 10:30 Horseshoes – A 1:30 Pumpkin Carving-D 4:00 Chair Dancing-A 7:00 Chicken Foot – C	7:00 Movie Night – A 28 9:15 Weight Exercises – A 9:45 Weight Exercises – A 10:30 Carpet Darts – A 2:00 Painting with Jeann 3:00 Pole Walking – L 3:30 Phase 10 – C 7:00 Tile Rummy – C 7:00 Movie Night – A	9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Bling Ball – A 1:30 Chair Yoga – A 3:00 Pumkin Social – D 3:00 Roy – D 3:00 Pole Walking – L 7:00 Movie Night – A	9:15 Tiered One Exercises 9:45 Tiered Two Exercises 10:30 Quilting – 2 nd 10:30 Beanbag Baseball – A 1:30 Mall Shopping 1:30 Bingo – A 7:00 Shuffleboard – C	31 Halloween 9:15 Band Exercises 9:45 Band Exercises 10:30 Rosary – CH 10:30 Tic, Tac, Toe – A 2:30 Happy Hour with Lawrence Kitz – D 3:30 Skip-Bo – C 7:00 Kaiser – C	OUR LADY DE LASSUMPTION				
				DATES TO REMEMBER Oct. 3 rd Marilyn & Gene Oct. 17 th Virgina & Don Oct. 24 th Len Gadica Oct. 29 th Pumpkin Social with Roy	DATES TO REMEMBER Oct. 15 th Piano with Evia Oct. 16 th Diane & Keith Oct. 18 th The Rednecks Oct. 22 nd Janis &	ROOM LEGEND A – Activity Room D – Dining Room C – Common Area 1 st , 2 nd ,3 rd CH – Chapel on 2 nd Floor				