





### May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b>	<b>2 Open House</b>
					9:00 Exercise 10:15 Bowling <b>2:00 Cogir Historical Conference "That 70s Presentation"</b> 3:30 Happy Hour <b>3:45 Live Piano</b>	9:00 Exercise 10:00 Painting Class 10:15 Jeopardy <b>2:30 Entertainment with "Garth"</b> 3:00 Happy Hour 7:30 Bingo
<b>3 Salvation Army</b>	<b>4</b>	<b>5 Cinco de Mayo</b>	<b>6</b>	<b>7</b>	<b>8 Have a Coke Day!</b>	<b>9</b>
9:00 Exercise <b>10:00 Live Broadcast Church Service (CLA)</b> 7:00 Sunday Night Movie "	9:00 Exercise with Nola 10:15 Giant Crosswords <b>1:00-2:00 Country Store</b> 2:30 52 Card Bingo 3:30 Happy Hour 3:30 Exercise DVD	9:00 Tai Chi with Vera <b>10:00 Shopping Bus Shuttle (sign up required)</b> <b>2:30 Cinco de Mayo Party! With "Duo Del Mar"</b> 3:45 Live to Fullest 70's Musical Bingo 7:00 Crib Club	9:00 Exercise with Cathy <b>10:15 Active Living Meeting</b> <b>12:00-2:30 Alterations with Olga</b> <b>2:30 Townhall Meeting</b> 3:30 Exercise DVD 7:30 Bingo	9:00 Exercise <b>10:30 Walk through Derek Doubleday Arboretum (sign up required)</b> <b>11:00-3:00 Alta Vida Fashions</b> <b>2:30 Entertainment with "Senior Opus Singers"</b> <b>7:00 Hymn Sing</b>	<b>Footcare</b> 10:15 Flower Arrangements <b>1:00-2:00 Country Store</b> <b>2:00 Mother's Day Social with "Augmented Duo"</b> <b>3:45 Live piano</b>	9:00 Exercise 10:00 craft with "Keeret" 10:15 Darts 2:00 Horseraces 3:30 Happy Hour 7:30 Bingo
<b>10 Mother's Day</b>	<b>11</b>	<b>12 International Nurses Day</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
9:00 Exercise <b>10:00 Live Broadcast Church Service (CLA)</b> 7:00 Sunday Night Movie 	9:00 Exercise with Nola 10:15 Giant Crossword <b>1:00-2:00 Country Store</b> 2:30 52 Card Bingo 3:30 Happy Hour 3:30 Exercise DVD	9:00 Tai Chi with Vera 10:00 Juice Bar <b>8:00-5:00 Serene Nails (sign up required)</b> 2:00 Left Center Right 3:30 Happy Hour 7:00 Crib Club	9:00 Exercise with Cathy 10:00 Juice Bar <b>2:00 Physio Presentation</b> 3:30 Happy Hour 7:30 Bingo	9:00 Exercise <b>10:30 Whiterock Pier and Fish and Chips at Moby Dicks (sign up required)</b> 2:30 Blackjack 3:30 Happy Hour	9:00 Exercise 10:15 Royal Family Trivia / Tea <b>1:00-2:00 Country Store</b> <b>1:30 Cascades Casino Langley (sign up required)</b> <b>3:45 Live Piano</b>	9:00 Exercise 10:00 Hot Chocolate Social at the Bar 10:15 Cornhole 2:00 Family Feud 3:30 Happy Hour/ cucumber Sandwiches 7:30 Bingo



## May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b>	<b>18 Victoria Day</b>	<b>19</b>	<b>20 World Bee Day</b>	<b>21 Hearing Clinic</b>	<b>22 Footcare</b>	<b>23</b>
9:00 Exercise <b>10:00 Live Broadcast Church Service (CLA)</b> 7:00 Sunday Night Movie	9:00 Exercise with Nola <b>1:00-2:00 Country Store</b> 2:30 52 Card Bingo	9:00 Tai Chi with Vera <b>10:00 Shopping Bus Shuttle (sign up required)</b> <b>8:00-5:00 Serene Nails (sign up required)</b> <b>10:00-11:00 Blood Pressure Clinic</b> 7:00 Crib Club	9:00 Exercise with Cathy <b>12:00-2:30 Alterations with Olga</b> <b>2:30 Fire Safety Presentation with Captain Krista Barton from the Township of Langley Fire Department</b> 3:30 Honey Tasting/ Bee Watercolor Painting 7:30 Bingo	9:00 Exercise 10:00 Juice Bar <b>11:00 Fort Pub for Lunch (sign up required)</b> <b>2:30 100% Occupancy Celebration!</b> 3:30 Happy Hour <b>7:00 Hymn Sing</b>	9:00 Exercise 10:15 Mason Jar Craft <b>1:00-2:00 Country Store</b> <b>2:30 May Birthday Party! Entertainment with "Roy and Darla"</b> 3:00 Happy Hour <b>3:45 Live Piano</b>	9:00 Exercise 10:15 Bowling 2:00 Blackjack 3:00 Painting Class 3:30 Happy Hour 7:30 Bingo
<b>24</b>	<b>25</b>	<b>26</b>	<b>27 Grape Popsicle Day</b>	<b>28</b>	<b>29</b>	<b>30</b>
9:15 Exercise <b>10:00 Live Broadcast Church Service (CLA)</b> 7:00 Sunday Night Movie	9:00 Exercise 10:15 Giant Crosswords <b>1:00-2:00 Country Store</b> 2:30 52 Card Bingo 3:30 Happy Hour	9:00 Tai Chi with Vera <b>10:15 Boundary Bay Regional Park Picnic and Walk (sign up required)</b> <b>2:30 Food for Thought with Raj</b> 3:30 Happy Hour 7:00 Crib Club	9:00 Exercise with Cathy 10:15 Smoothies at the Bar 2:00 Pinecone Art 3:30 Happy Hour/ Grape Popsicles 7:30 Bingo	9:00 Exercise 10:00 Darts <b>2:30 John Lamberts "Renaissance Movie"</b> 3:30 Trivia Social/ Happy Hour	9:00 Exercise 10:15 Beginner Drawing Class <b>1:00-2:00 Country Store</b> <b>2:30 Welcome Home Tea (New Residents only)</b> 3:30 Happy Hour <b>3:45 Live Piano</b>	9:00 Exercise <b>3:00 Langley Ukelele Ensemble</b> 7:30 Bingo
<b>31</b> International Macaroon Day						
9:00 Exercise <b>10:00 Live Broadcast Church Service (CLA)</b> <b>2:30 Macaroons with "Danielle"</b> 7:00 Sunday Night Movie						<b>Blue= Bus Outings</b> <b>Green =Vendors and services</b> <b>Purple = Entertainment</b>