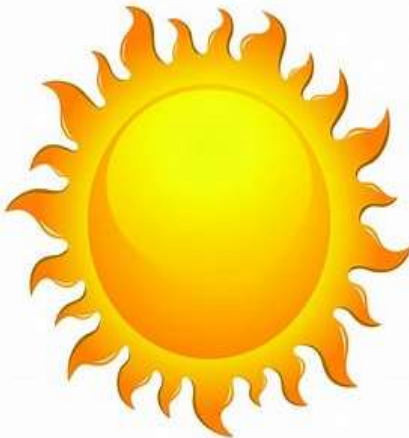
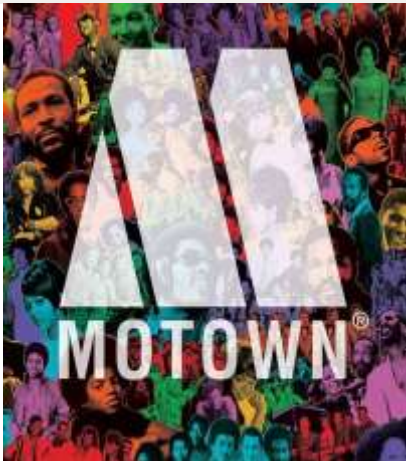


August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Motown Afternoon Come and enjoy our 1st Outdoor event with Motown presented by Xaver Solis			Summertime Tips • Get out and enjoy the Patio with friends or family • Stay Hydrated • Wear a Hat • Stay Connected with Residents	August Joke What do you call a sleeping bull in August? A bulldozer 	1 10:30 am Exercise Video (SL) 2:00 pm Music Concert With Celine Dion (T)
2 10:30 am Catholic Mass (T) 2:00 pm Little House on Prairie (T)	3 9:30 am Cranium Crunches (SL) 10:30 am Gentle Exercise (SL) 2:00 pm Bingo (SL) 3:00 pm Corn Hole Game (SL) 6:30 pm Pet Therapy (F)	4 Walmart Shopping 10:00 Walmart Shopping 2:00 pm Horse Races SL) 2:45 pm Musical Bingo (SL) 7:30 pm Jeopardy (SL)	5 9:30 am Fit Minds (SL) 10:30 am Seated Salsa (SL) 2:00 pm Knitting Program (SL) 2:45 pm Playing Euchre(SL) 3:30 pm VON Exercise (FR)	6 Motown Outdoor 9:30 am Motown Trivia 10:30 Motown Music Leg Workout 2:00-4:00 pm Motown Event In Tent 3:00 pm Kona Ice Treats (Parking lot) Motown Lunch and Dinner	7 10:30 am Yoga (FR) 1:30 pm Church Chat (SL) 2:00 pm Bingo (SL) 3:00 pm Happy Hour (AR)	8 10:30 am Exercise Video (FR) 2:00 pm Music with Andrea Boccelli
9 10:30 am Catholic Mass (T) 2:00 pm Little House on Prairie (T) (SL) 6:30 pm Euchre Club (SL)	10 10:30 am Cardio Drumming (FR) 2:00 pm Bingo (SL) 3:00 pm Playing Uno (SL) (AR) 6:30 pm Pet Therapy (F)	11 Town Hall Meeting 10:30 am Tai Chi(SL) 1:30 pm Town Hall (SL) 2:00 pm Horse Races (SL) 3:00 pm Playing Uno (SL) 6:30 pm Walking Program	12 Food Meeting 10:30 am Arm Workout (FR) 1:30 pm Food Meeting (SL) 2:00 pm Matinee Time (T) 3:30 VON Exercise (FR)	13 Corn Fest Day 10:30 am Cleaning Corn (AR) 2:00 pm Corn Eating Contest (AR) 3:30 pm Creative Memories (SL)	14 Musical Afternoon 10:30 am Yoga (FR) 1:30 pm Church Chat (SL) 2:00 pm Music with Mark (SL) 3:00 pm Bingo (SL)	15 10:30 am Shuffleboard (SL) 2:00 pm Playing Wii Bowling (SL)

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 10:30 am Catholic Mass (T) 2:00 pm Little House on Prairie (T)	17 10:30 Gentle Exercise (FR) 1:45 pm Blood Pressure Clinic 2 nd and 3 rd Floor (WC) 2:00 pm Bingo (SL) 3:00 pm Wii Bowling (SL) 6:30 pm Pet Therapy (FL)	18 Giant Tiger 10:00 Giant Tiger 10:30 am Leg Exercise (FR) 11:30 Walker Clinic(P) 1:45 pm Blood Pressure Clinic 4 th and 5 th Floor (SL) 2:00 pm Birthday Social-Music with Tim(SL)	19 9:30 am True or False (SL) 10:30 am Leg Workout 2:00 pm Karaoke (T) 2:45 pm Homemade Ice Cream with Phil(AR) 3:30 pm VON Exercise (FR)	20 Musical Afternoon 9:30 am Would you rather game ? (SL) 10:30 am Arm Workout (FR) 2:00 pm Summer Bingo (SL) 3:00 Creative Memories (SL)	21 Mass with Fr.Glenn 9:30 am Buzz Word (SL) 10:30 am Yoga (FR) 2:00 pm Mass with Father Glenn (SL) 3:00 pm Playing Uno (SL)	22 10:30 am Word Search (SL) 2:00 pm Tai Chi Video(T)
23 10:30 am Catholic Mass (SL) 2:00 pm Little House on Prairie (T)	24 9:30 am Word Association (SL) 10:30 am Cardio Drumming (FR) 2:00 pm Bingo (SL) 3:00 pm Playing Uno (SL) 6:30 pm Pet Therapy (FL)	25 Scenic Drive 9:30 am Fit Minds (SL) 10:30 Scenic Drive to Amherstburg 2:00 pm Horse Races 2:45 pm Musical Bingo 3:15 Happy Hour (AR)	26 9:30 am True or False Game (SL) 10:30 am Tai Chi (FR) 2:00pm Journalling (SL) 3:00 Playing Games (SL)	27 9:30 am Hole in One Golf (SL) 10:30 am Leg Workout (FR) 2:15 pm Karaoke (T) 3:00 Creative Memories (SL)	28 Musical Afternoon 9:30 am Trivia Time (SL) 1:30 pm Church Chat (SL) 2:00 pm Music with June (SL) 3:00 pm Bingo(AR)	29 10:30 am Gentle Exercise(SL) 2:00 pm Tai Chi Video(T)
30 10:30 am Catholic Mass (SL) 2:00 pm Little House on Prairie (T)	31 9:30 am Word Association (SL) PL 10:30 am Leg Workout (FR) 2:00 pm Bingo (SL) 3:00 pm Playing Uno (SL) 6:30 pm Pet Therapy (FL)			CALENDAR LEGEND Entertainment Special Programs Outings	Activity Reminder : Calendar is subject to change. Please continue to ready the Daily posters located near the front desk and in posted in both elevators.	ROOM LEGEND AR-Activity Room CK-Country Kitchen T-Theatre WC- Wellness Centre S-Sevill Lounge FR-Fitness Room FL -Front Lobby P-Pub