



September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ROOM LEGEND (L) Library (B) Bistro (FL) Fireside Lounge (PD) Private Dining Room (LL) Activity Room (E) Exercise Room (R) Reception	1 Labor Day 10:00am Bear the Therapy Dog (FL) 10:30pm Chair Balloon Volleyball Tournament (LL) 2:00pm Artful Enrichment (LL) 7:00pm Word Search Club (R)	2 10:00am Praise & Purpose (FL) 11:00am Exercise with Maryam (E) 2:00pm Giant Tiger Plaza Outing 3:00pm Café Creations (B)	3 10:30am Chair Yoga (LL) 11:00am Exercise with Maryam (E) 2:00pm Lawn Bowling (LL) 2:30pm Euchre w/ Mary (L) 3:30pm Baking with Allyssa (B) 7:00pm BINGO (LL)	4 National Wildlife Day 10:30am Hymn Sing Along with Sandra (PD) 11:00am Exercise with Maryam (E) 2:00 Sip n’Chat (L) 3:00pm Domino Tournament 3:30pm Book Listening (L)* 7:00pm Wildlife Documentary	5 10:30 Knit & Knatter (L) 11:00am Falls Prevention with Maryam (E) 2:30pm Bingo (LL) 3:30pm Tea Social (B) 7:00pm Charades (PD)	6 10:00am Therapeutic Colouring (B) 11:00am Games (B) 2:30pm Scrabble Club (L) 3:00pm Concert Series: The Rat Pack (FL)
7 2:30pm Euchre with Mary (L) 3:00pm Nail Painting (B) 7:00pm Billiards with Bud & Steven (LL)	8 10:00am Bear the Therapy Dog (FL) 10:30am Trivia w/ Terri (PD) 11:00am Exercise with Maryam (E) 2:00pm Scenic Drive & Picnic to Lake Simcoe 7:00pm Word Search	9 10:00am Praise & Purpose (FL) 11:00am Exercise with Maryam (E) 2:00pm 404 Plaza Outing 2:00pm Dance class w/Heather (E)	10 10:30am Jeopardy (FL) 11:00am Exercise with Maryam (E) 12:00pm Hanson Chinese Food Lunch Outing 7:00pm BINGO (LL)	11 National School Picture Day 10:30am Hymn Sing Along with Sandra (PD) 10:30am Chair Yoga (LL) 11:00am Exercise w/ Maryam(E) 2:00pm Sip’n Chat (L) 3:00pm Schoolyard Faces Trivia (PD) 3:30pm Book Listening (L)* 7:00pm Board Games (B)	12 National Video Game Day 10:30am Knit & Knatter (L) 11:00am Falls Prevention with Maryam (E) 2:30pm Bingo (LL) 3:30pm Wii Games Tournament 3:45pm Italian Wine Tasting Social (B) 7:00pm Charades (PD)	13 10:00am Therapeutic Colouring (B) 11:00am Games (B) 2:30pm Scrabble Club (L) 3:00pm Jeopardy (PD)
14 2:30pm Euchre with Mary (L) 2:00pm Sing with Cara Chisolm 3:00pm Downton Abbey themed Tea Party (PD) 3:00pm UNO (B) 7:00pm Billiards with Bud & Steven (LL)	15 10:00am Bear the Therapy Dog (FL) 10:30am Trivia w/ Terri (PD) 11:00am Exercise with Maryam (E) 2:00pm Wonderful World of Plants & Animals (LL) 7:00pm Word Search Club (R)	16 10:00am Praise & Purpose (FL) 11:00am Exercise with Maryam (E) 2:00pm Presentation w/ Spectrum (FL) 2:30pm Homesense & Winners Outing	17 10:30am Jeopardy (FL) 11:00am Exercise with Maryam (E) 2:00pm Lawn Bowling (LL) 2:30pm Euchre w/ Mary (L) 3:30pm Baking with Allyssa (B) 7:00pm BINGO (LL)	18 10:30am Hymn Sing Along with Sandra (PD) 11:00am Exercise with Maryam (E) 2:00pm Corn Shucking 2:30pm Sip n Chat (L) 3:30pm Book Listening Club (L)*	19 11:00am Falls Prevention with Maryam (E) BBQ: End of Summer Celebration 2:00pm Entertainment (FL) 7:00pm Charades (PD)	20 10:00am Therapeutic Colouring (B) 11:00am Games (B) 2:30pm Scrabble Club (L) 3:00pm Concert Series: Jackie Evancho (FL)



Alexander Muir • Victoria Brodowski, Active Living Manager, Victoria.Brodowski@cogirseniorliving.ca
Allyssa Cunningham, Activity Aide, Allyssa.cunningham2@cogirseniorliving.ca

September 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 2:30pm Euchre with Mary (L) 7:00pm Billiards with Bud & Steven (LL)	22 10:00am Bear the Therapy Dog (FL) 10:00am CASINO DAY! 10:30am Trivia w/ Terri (PD) 11:00am Exercise with Maryam (E) 2:00pm Classic Hollywood Movie Showing (FL) 7:00pm Birthday Social (FL)	23 10:00am Praise & Purpose (FL) 11:00am Exercise with Maryam (E) 2:30pm Longo’s Plaza Outing 7:00pm BINGO (LL)	24 10:30am Chair Yoga (LL) 11:00am Exercise with Maryam (E) 2:00pm Chair Balloon Volleyball Tournament (LL) 2:30pm Euchre with Mary (L) 3:30pm Welcome Home Social (B)	25 10:30am Hymn Sing Along with Sandra (PD) 11:00am Exercise with Maryam (E) 2:00pm Sip n Chat(L) 3:30pm Book Listening Club (L)* 7:00pm Board Games (B)	26 10:30am Knit & Knatter (L) 11:00am Falls Prevention with Maryam(E) 2:30pm Bingo (LL) 3:30pm Townhall: Meet the New Executive Director Isaac! (LL) 7:00pm Charades (PD)	27 10:00am Therapeutic Colouring (B) 11:00am Games (B) 2:00pm BINGO (LL) 2:30pm Scrabble Club (L) 3:00pm Jeopardy (PD)
28 2:30pm Euchre with Mary (L) 4:00pm UNO (B) 7:00pm Billiards with Bud & Steven (LL)	29 10:00am Bear the Therapy Dog (FL) 10:30am Trivia (PD) 11:00am Exercise with Maryam (E) 2:00pm Travel through time to the English Renisaance w/ Richard (LL) 7:00pm Word Search	30 Truth & Reconciliation Day Wear Orange! 10:30: Journey through Indigenous Cultures (FL) 11:00am Exercise with Maryam (E) 2:30pm 404 Plaza Outing 7:00pm BINGO (LL)				
					CALENDAR Special Programs Outings – Sign Up in Bistro	ROOM LEGEND (L) Library (B) Bistro (FL) Fireside Lounge (PD) Private Dining Room (LL) Activity Room (E) Exercise Room (R) Reception