



## March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>CALENDAR NOTES</b></p> <p><b>Teatime</b> served every afternoon at <u>3:00 PM in the Lobby.</u></p> <p><b>Happy Hours</b> are held in the Recreation Room every <u>Friday at 2:45 PM.</u></p>	<p><b>Hairdresser / Exercise</b></p> <p><b>Hair Dressing Hours:</b> By Appointment ONLY</p> <p><b>Elanie's Exercise Classes:</b> Every Tuesday &amp; Thursday Located in Exercise Room</p> <p><b>Khatereh's Chair Yoga:</b> Located in the Recreation Room</p>					
<p><b>1</b></p> <p><b>All Day</b> Activity Booklet (R) <b>9:15</b> Holy Communion from Holy Redeemer Catholic Church (C) <b>1:00</b> Euchre (LB) <b>1:00</b> Stonehaven Cinema "The Time Machine" (FL) <b>2:00</b> Crokinole (L) <b>3:00</b> Teatime (L)</p>	<p><b>2</b></p> <p><b>10:30</b> Java Music Club (CR) <b>11:15</b> Meditation Mondays (CR) <b>1:00</b> Khatereh Chair Yoga (RR) <b>1:30</b> Walking Club (LB) <b>2:00</b> Bocce Ball Tournament (L) <b>3:00</b> Teatime (L) <b>6:15</b> Sing a Long with Gerry (L)</p>	<p><b>3</b></p> <p><b>10:00-10:30</b> Elanie's Exercise Classes (ER) <b>10:30-11:00</b> Elanie's Exercise Classes (ER) <b>1:30</b> Bridge (LB) <b>2:00</b> Pool (PR) <b>2:00</b> Ottawa Police Information Session – Scams and Fraud (RR) <b>3:00</b> Teatime (L) <b>6:45</b> Stonehaven Cinema "Legends of Fall" (FL)</p>	<p><b>4</b></p> <p><b>9:45</b> Coffee &amp; Conversation (L) <b>11:00</b> Communion with Kathryn (RR) <b>2:15</b> Jeopardy (CR) <b>3:00</b> Teatime (L) <b>3:30</b> Book Club Meeting (AB) <b>6:30</b> Cribbage (LB)</p>	<p><b>5</b></p> <p><b>9:45</b> Online Grocery Orders* (CR) <b>10:30</b> Active Living Meeting with Jamie-Lyn <b>10:00-10:30/</b> Elanie's Exercise Classes (ER) <b>10:30-11:00</b> Elanie's Exercise Classes (ER) <b>1:15</b> St James Grade 3 Reading Program (RR) <b>2:30</b> Fit Minds (RR) <b>3:00</b> Teatime (L) <b>3:30</b> Trivia with John J (AB) <b>6:45</b> Stonehaven Cinema "Annie" (FL)</p>	<p><b>6</b></p> <p><b>10:00 Walmart (BUS)</b> <b>10:00</b> Choir Practice (RR) <b>11:00</b> Hymn Sing (L) <b>12:00 The Glen (BUS)</b> <b>1:00</b> Artful Enrichment (AR) <b>2:45</b> Rae Palmer Performs for Happy Hour (RR) <b>3:00</b> Teatime (L) <b>6:30</b> Stonehaven Cinema "The Long Game" (FL)</p>	<p><b>7 National Flapjack Day</b></p> <p><b>All Day</b> Activity Booklet (Reception) <b>2:00</b> ALL Request Music Hour (L) <b>2:00</b> Knitters Drop-In Club (FL) <b>1:30</b> Bridge (LB) <b>3:00</b> Teatime (L) <b>3:00</b> St. John's Ambulance Therapy Dog Mozzie and Steph (L)</p>
<p><b>8 International Women's Day</b></p> <p><b>All Day</b> Activity Booklet (R) <b>9:15</b> Holy Communion from Holy Redeemer Catholic Church (C) <b>1:00</b> Euchre (LB) <b>1:00</b> Stonehaven Cinema "Enola Holmes"(FL) <b>2:00</b> Crokinole (L) <b>3:00</b> Teatime (L)</p>	<p><b>9</b></p> <p><b>10:30</b> Java Music Club (CR) <b>11:15</b> Meditation Mondays (CR) <b>1:30</b> Walking Club (LB) <b>2:00</b> Bocce Ball Tournament (L) <b>3:00</b> Teatime (L) <b>6:15</b> Sing a Long with Gerry (L)</p>	<p><b>10</b></p> <p><b>10:00</b> Jamaican Quiz (CR) <b>11:00</b> Jamaican Trivia (CR) <b>10:00-10:30</b> Elanie's Exercise Classes (ER) <b>10:30-11:00</b> Elanie's Exercise Classes (ER) <b>11:00</b> Sunshine Gifts (L) <b>1:30</b> Bridge (LB) <b>2:00</b> Pool (PR) <b>2:15</b> Bingo (CR) <b>3:00</b> Teatime (L) <b>6:45</b> Stonehaven Cinema "Bob Marley One Love"(FL) <b>Wear Green and Yellow, Black</b></p>	<p><b>11</b></p> <p><b>9:45</b> Coffee &amp; Conversation (L) <b>2:15</b> Jeopardy (CR) <b>3:00</b> Teatime (L) <b>6:30</b> Cribbage (LB)</p>	<p><b>12</b></p> <p><b>9:45</b> Online Grocery Orders* (CR) <b>10:00-10:30</b> Elanie's Exercise Classes (ER) <b>10:30-11:00</b> Elanie's Exercise Classes (ER) <b>2:30</b> Fit Minds (RR) <b>3:00</b> Teatime (L) <b>6:45</b> Stonehaven Cinema "The Judge" (FL)</p>	<p><b>13 Friday the 13<sup>th</sup></b></p> <p><b>10:00</b> Choir Practice (RR) <b>11:00</b> Hymn Sing (L) <b>1:00</b> Artful Enrichment "Rural Winter" (AR) <b>2:45</b> Denim and Lace Performs for Happy Hour (RR) <b>3:00</b> Teatime (L) <b>6:30</b> Stonehaven Cinema "Red Notice" (FL)</p> <p style="text-align: center;"><b>Backwards Day</b></p>	<p><b>14 Pi Day (3.14)</b></p> <p><b>All Day</b> Activity Booklet (Reception) <b>2:00</b> ALL Request Music Hour (L) <b>2:00</b> Knitters Drop-In Club (FL) <b>1:30</b> Bridge (LB) <b>3:00</b> Teatime (L) <b>3:00</b> St. John's Ambulance Therapy Dog Mozzie and Steph (L)</p> <p style="text-align: center;"><b>Pi Day</b></p>



## March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b> <b>All Day</b> Activity Booklet (R) <b>9:15</b> Holy Communion from Holy Redeemer Catholic Church (C) <b>1:00</b> Euchre (LB) <b>1:00</b> Stonehaven Cinema "Blue Miracle" (FL) <b>2:00</b> Martin Lacey Plays Piano (L) <b>2:00</b> Crokinole (L) <b>3:00</b> Teatime (L)	<b>16</b> <b>10:30</b> Hymns with Dai B (RR) <b>1:30</b> Walking Club (LB) <b>2:00</b> Bocce Ball Tournament (L) <b>3:00</b> Teatime (L) <b>6:15</b> Sing a Long with Gerry (L)	<b>17 St Patrick's Day</b> <b>10:00</b> St Patrick's Activities (CR) <b>10:00-10:30</b> Elanie's Exercise Classes (ER) <b>10:30-11:00</b> Elanie's Exercise Classes (ER) <b>1:30</b> Bridge (LB) <b>2:00</b> Pool (PR) <b>2:00</b> Sandy Shore (RR) <b>3:00</b> Teatime (L) <b>6:45</b> Stonehaven Cinema "Leap Year" (FL) <b>Wear Green</b>	<b>18</b> <b>8:00</b> Men's Breakfast (DR) <b>10:30</b> Ecumenical Communion (RR) <b>2:00</b> Townhall Meeting (RR) <b>3:00</b> Teatime (L) <b>6:30</b> Cribbage (LB)	<b>19</b> <b>9:45</b> Online Grocery Orders* (CR) <b>10:00-10:30</b> Elanie's Exercise Classes (ER) <b>10:30-11:00</b> Elanie's Exercise Classes (ER) <b>2:00</b> Food for Thought Meeting <b>2:30</b> Fit Minds (RR) <b>3:00</b> Teatime (L) <b>3:30</b> Trivia with John J (AB) <b>6:45</b> Stonehaven Cinema "Hustle" (FL)	<b>20 First day of Spring</b> <b>10:00-2:00 Hard Rock Casino (BUS)</b> <b>10:00</b> Choir Practice (RR) <b>11:00</b> Hymn Sing (L) <b>1:00</b> Artful Enrichment "Rousseau's Jungle" (AR) <b>2:45</b> Noel D Performs for Happy Hour (RR) <b>3:00</b> Teatime (L) <b>6:30</b> Stonehaven Cinema "Anyone But You" (FL) <b>International Day of Happiness- Wear bright colors and flowers</b>	<b>21 World Down Syndrome Day</b> <b>All Day</b> Activity Booklet (Reception) <b>2:00</b> ALL Request Music Hour (L) <b>2:00</b> Knitters Drop-In Club (FL) <b>1:30</b> Bridge (LB) <b>3:00</b> Teatime (L)  <b>Wear Funky Socks</b>
<b>22</b> <b>All Day</b> Activity Booklet (R) <b>9:15</b> Holy Communion from Holy Redeemer Catholic Church (C) <b>1:00</b> Euchre (LB) <b>1:00</b> Stonehaven Cinema "Enough Said" (FL) <b>2:00</b> Crokinole (L) <b>3:00</b> Gordon Lee Plays Piano (L) <b>3:00</b> Teatime (L)	<b>23</b> <b>1:30</b> Walking Club (LB) <b>2:00</b> Dale Ducharme Performs (RR) <b>3:00</b> Teatime (L) <b>6:15</b> Sing a Long with Gerry (L)	<b>24</b> <b>10:00-10:30</b> Elanie's Exercise Classes (ER) <b>10:30-11:00</b> Elanie's Exercise Classes (ER) <b>1:30</b> Bridge (LB) <b>2:00</b> Pool (PR) <b>2:15</b> Bingo (CR) <b>3:00</b> Teatime (L) <b>6:45</b> Stonehaven Cinema "Caramelo" (FL)	<b>25 International Waffle Day</b> <b>9:45</b> Coffee & Conversation (L) <b>10:00</b> TEP 1(ER) <b>10:00</b> Reading of the Rosary (C) <b>10:30</b> Roman Catholic Mass (C) <b>11:00</b> TEP 2 (ER) <b>2:15</b> Decade Jeopardy (CR) <b>3:00</b> Teatime (L) <b>6:30</b> Cribbage (LB) <b>Hat Day</b>	<b>26</b> <b>9:45</b> Online Grocery Orders* (CR) <b>10:00-10:30</b> Elanie's Exercise Classes (ER) <b>10:30-11:00</b> Elanie's Exercise Classes (ER) <b>1:15</b> St James Grade 3 Reading Program (RR) <b>2:30</b> Fit Minds (RR) <b>3:00</b> Teatime (L) <b>6:45</b> Stonehaven Cinema "The Thursday Murder Club" (FL)	<b>27</b> <b>10:00</b> Choir Practice (RR) <b>11:00</b> Hymn Sing (L) <b>1:00</b> Artful Enrichment "Torn Mountains" (AR) <b>2:45</b> Paul Lattanzio Performs for Happy Hour (RR) <b>3:00</b> Teatime (L) <b>6:30</b> Stonehaven Cinema "The Grand Budapest Hotel" (FL)	<b>28</b> <b>All Day</b> Activity Booklet (Reception) <b>2:00</b> ALL Request Music Hour (L) <b>2:00</b> Knitters Drop-In Club (FL) <b>1:30</b> Bridge (LB) <b>3:00</b> Teatime (L) <b>3:00</b> St. John's Ambulance Therapy Dog Mozzie and Steph (L)
<b>29</b> <b>All Day</b> Activity Booklet (R) <b>9:15</b> Holy Communion from Holy Redeemer Catholic Church (C) <b>1:00</b> Euchre (LB) <b>1:00</b> Stonehaven Cinema "Morning Glory" (FL) <b>2:00</b> Crokinole (L) <b>3:00</b> Teatime (L)	<b>30</b> <b>10:30</b> Java Music Club (CR) <b>11:15</b> Meditation Mondays (CR) <b>1:30</b> Walking Club (LB) <b>2:00</b> Bocce Ball Tournament (L) <b>3:00</b> Teatime (L) <b>6:00</b> Igor plays piano (L)	<b>31</b> <b>10:00-10:30</b> Elanie's Exercise Classes (ER) <b>10:30-11:00</b> Elanie's Exercise Classes (ER) <b>1:30</b> Bridge (LB) <b>2:00</b> Pool (PR) <b>2:00</b> Derek Favreau Performs (RR) <b>3:00</b> Teatime (L) <b>6:45</b> Stonehaven Cinema "The Legend of Tarzan"(FL)			<b>CALENDAR LEGEND</b>  <b>Special Programs</b> <b>Outings</b> <b>Technology*</b>	<b>ROOM LEGEND</b> L - Lobby CR - Craft Room FL - 1st Floor Lounge C - Chapel RR - Recreation Room AB - Apartment Bistro AR - Art Room LB - Library ER - Exercise Room PR - Pool Room DR - Dining Room SE - Second Floor Elevator SD - Small Dining Room B- Basement CY- Courtyard (Patio) PL - Parking Lot