



March 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|---|--|
| 1 Salvation Army 9:00 Exercise 10:00 Live Broadcast Church Service 7:00 Sunday Night Movie "The Thursday Murder Club" | 2 9:00 Exercise with Nola 10:15 Giant Crosswords 1:00-2:00 Country Store 2:30 52 Card Bingo 3:30 Gentle Exercises | 3 9:00 Tai Chi with Vera 10:00 Shopping Bus Shuttle (sign up required) 3:00 Ancient China Ming Dynasty Craft 7:00 Crib Club | 4 9:00 Exercise with Cathy 10:00 Active Living Meeting 2:30 Celebrating Chinese New Year With "Jessica Yue" 3:30 Happy Hour 7:30 Bingo | 5 9:00 Exercise 10:00 Walk Around Brydon Lagoon (sign up required) 11:00-2:00 5th Avenue Jewelry 2:30 Entertainment with "Sincerely Yours" and Happy Hour 3:30 Spite and Malice | 6 National Oreo Cookie Day 9:00 Exercise 10:00 Juice Bar 10:15 Jeopardy 1:00-2:00 Country Store 2:00 Elvis Musical Bingo 3:30 Happy Hour 3:45 Live Piano | 7 Open House 9:00 Exercise 10:00 Painting Class 10:15 Cornhole 2:00 Horseraces 3:30 Happy Hour 7:30 Bingo |
| 8 International Woman's Day 9:00 Exercise 10:00 Live Broadcast Church Service 2:30 Mimosas and Masks with "Samantha" 7:00 Sunday Night Movie "Don't Look Up" | 9 9:00 Exercise with Nola 10:30 Bus Outing to Whiterock Pier (sign up required) 1:00-2:00 Country Store 2:30 52 Card Bingo | 10 9:00 Tai Chi with Vera 8:00-5:00 Serene Nails (sign up required) 2:30 Mexican Train 3:30 Happy Hour 7:00 Crib Club | 11 9:00 Exercise with Cathy 10:00 Smoothies at the Bar 12:30- 2:00 Alterations with Olga 2:30 Presentation on Brain Health with "Michelle Atlas" 3:00 Gentle Exercises 7:30 Bingo | 12 9:00 Exercise 10:30 Bus Trip to Willowbrook Mall Lunch at Food Fair (sign up required) 2:30 March Birthday Party! Entertainment with "Garth" 3:30 Happy Hour 7:00 Hymn Sing | 13 Footcare 9:00 Exercise 10:15 Lets Make Lucky Clover Leaf Pins 1:00-2:00 Country Store 2:00 Wheel of Fortune 3:30 Happy Hour 3:45 Live Piano | 14 National Potato Chip Day 9:00 Exercise 10:15 Darts 2:00 Blackjack 3:30 Happy Hour 7:30 Bingo |
| 15 9:00 Exercise 10:00 Live Broadcast Church Service 7:00 Sunday Night Movie "The Great Escaper" | 16 Hearing Clinic 9:00 Exercise with Nola 10:15 Giant Crossword 11:00-2:00 La-Z-Boy Demo 1:00-2:00 Country Store 2:30 52 Card Bingo | 17 St. Patrick's Day 9:00 Tai Chi with Vera 10:00 Art Class/ Clover Leaf Pins 8:00 -5:00 Serene Nails 10:00-11:00 Blood Pressure Clinic 2:30 St. Patrick's Day Celebration with Irish Dancers 7:00 Crib Club | 18 9:00 Exercise with Cathy 10:00 Second Floor Coffee Machine Demo with Danielle 2:30 Townhall Meeting 7:30 Bingo | 19 9:00 Exercise 11:15 Dublin Crossing Irish Pub for Lunch (sign up required) 2:15 3 Card Poker | 20 First Day of Spring 9:00 Exercise 10:15 Canadian Museum of Flight (sign up required) (cost 10.00) 11:00-4:00 Pretty Things 1:00-2:00 Country Store 2:00 Pictionary 3:30 Happy Hour 3:45 Live Piano | 21 9:00 Exercise 10:15 Cornhole 2:00 Family Feud 3:30 Happy Hour 7:30 Bingo |



ActiveLiving

Venvi Renaissance • Tamie Vinaev, Interim Active Living Manager

VENVY

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|---|---|
| 22 | 23 | 24 | 25 | 26 | 27 Footcare | 28 |
| 9:00 Exercise 10:00 Live Broadcast Church Service 7:00 Sunday Night Movie “The Adam Project” | 9:00 Exercise with Nola 1:00-2:00 Country Store 2:30 52 Card Bingo | 9:00 Tai Chi with Vera 10:00 Shopping Bus Shuttle (sign up required) 2:30 Food for Thought Meeting with Raj 7:00 Crib Club | 9:00 Exercise with Cathy 12-2:30 Alterations by Olga 2:00 Painting Class 2:45 Gentle Exercise 3:30 Juice Bar 7:30 Bingo | 9:00 Exercise 10:15 Beginner Drawing Class 11:00-3:00 Alta Vida Fashions 1:30 Bus Trip to Langley Cascades Casino (sign up required) 2:15 Wheel of Fortune 3:30 Happy Hour 7:00 Hymn Sing | 9:00 Exercise 10:15 Disco Bowling 1:00-2:00 Country Store 2:30 Groovy Get Together with “Beauty Shop Dolls” | 9:00 Exercise 10:15 Darts 2:00 Spite and Malice 2:30 Painting Class 3:30 Happy Hour 7:30 Bingo |
| 29 | 30 | 31 | | | | |
| 9:00 Exercise 10:00 Live Broadcast Church Service 7:00 Sunday Night Movie “The Last Laugh” | 9:00 exercise with Nola 10:15 Giant Crossword 1:00-2:00 Country Store 2:30 52 Card Bingo 3:30 Happy Hour | 9:00 Tai Chi with Vera 10:30 Thrift Stores and out to Lunch to A&W (sign up required) 10:30 Clark Shoes 2:30 Gentle Exercise 3:30 Juice Bar 7:00 Crib Club | | | Blue = Bus Outings Green = Vendors and Services Purple = Entertainment | |
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