



October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 TEP – Level 1 (G) 10:30 TEP – Level 2 (G) 10:30 Bus Trip to White Oaks Mall (L)  11:00 TEP – Level 3 (G) 1:00 Bridge Club (<u>in the GR</u>) 2:00 Artful Enrichment (CR) 3:00 Bible Study with JP & Wendy (SC) 7:00 Movie (T)	2 9:30 VON Exercise (G) 9:30/10:30/11:30 Limo Trips to Cherry Hill Mall (L)  10:30 Swimfit (P) 1:00 Billiards (GR) 1:15 Welcome back Michelle (B) 2:00 Jimmy's Old Time Radio Show (B) 6:45 Bingo (CR)	3 10:30 Exercise with Ashley (G) 1:00 Bridge Club (CR) 1:00 Ladies Billiards & Beer (GR) 2:00 Oktoberfest Party with Rich Hubick (B) 7:00 Movie & Popcorn (T) Vendor Visit 10-2pm Flowers, Fairs & Gifts	4 1:30 Men's Billiards & Beer (GR) 1:30 Fun Bingo with Julie (CR) 3:00 Cards & Games (GR) 7:00 Movie (T) Welcome Keith – 4 th Floor
5 1:00 Krafty Knitters (CR) 2:00 Euchre (A) 7:00 Worship Service (SC) 7:00 TV Series (T) Cranium Crunches Pick up in the Lobby CR Booking 12-4pm	6 10:30 Bus Trip to Shoppers & Remark (L)  10:30 Qi Gong with Kim (G) 2:00 Cribbage (A) 2:00 Magic Show with Peter Mennie (B) 3:15 VON Exercise (G) 6:45 Bingo (CR) SC booking for Fall Decorating Day	7 10:30 Bus Trip to Giant Tiger (L)  10:30 Exercise with Emily (G) 12:00 Pizza & Beer Lunch (\$) (A)  1:00 Billiards (GR) 1:00 Water Walking (P) 2:00 Ambassadors Meeting (PDR) 2:30 Food for Thought (T) 7:00 Poker (GR) 7:00 Movie (T)	8 10:30 Bus Trip for Bowling & DQ Lunch at Fleetway (L)  1:00 Bridge Club (CR) 1:30 TEP – Level 1 (G) 2:00 TEP – Level 2 (G) 2:30 TEP – Level 3 (G) 3:00 Bible Study with JP & Wendy (SC) 7:00 Movie (T) Vendor Visit Ruth's Fashions (T)	9 9:30 VON Exercise (G) 9:30/10:30/11:30 Limo Trips to White Oaks Mall (L)  10:30 Swimfit with Michelle (P) 1:00 Billiards (GR) 1:00 Fit Minds (CR) 2:30 Planning Meeting (B) 6:45 Bingo (CR)	10 9:30/10:30/11:30 Limo Trips to No Frills & Dollarama (L)  10:30 Exercise with Ashley (G) 1:00 Bridge Club (<u>in the A</u>) 1:00 Ladies Billiards & Beer (GR) 2:00 Autumn Wreaths with Ashley (CR)  7:00 Movie & Popcorn (T)	11 1:30 Men's Billiards & Beer (GR) 2:00 Sam Hornby Sings (B) 3:00 Cards & Games (GR) 7:00 Movie (T)
12 1:00 Krafty Knitters (CR) 2:00 Euchre (A) 7:00 Worship Service (SC) 7:00 TV Series (T) Fun Facts Booklet Pick up in the Lobby	13 2:00 Cribbage (A) 3:15 VON Exercise (G) 4:30 Banquet Dinner 6:45 Bingo (CR) HAPPY THANKSGIVING MONDAY	14 10:00 Exercise with Emily (G) 12:00 Bus Trip to the Factory for Lunch & Tour of the Childrens Museum (L)  1:00 Billiards (GR) 2:00 Bday Party with Martin Wall (A) 7:00 Poker (GR) 7:00 Movie (T)	15 10:00 TEP – Level 1 (G) 10:30 TEP – Level 2 (G) 10:30 Bus Trip to Masonville Mall (L)  11:00 TEP – Level 3 (G) 1:00 Bridge Club (<u>in the GR</u>) 2:00 Shuffleboard (CR) 3:00 Bible Study with JP & Wendy (SC) 7:00 Movie (T)	16 9:30 VON Exercise (G) 9:30/10:30/11:30 Limo Trips to Cherry Hill Mall (L)  10:30 Swimfit with Michelle (P) <u>12:30</u> Fit Minds (CR) 1:00 Billiards (GR) 1:30 Town Hall (T) 2:30 White Board Games (B) 6:45 Bingo (CR)	17 10:30 Exercise with Michelle (G) 1:00 Bridge Club (CR) 1:00 Ladies Billiards & Beer (GR) 1:45 Bentley Hearing (T) 2:00 Toonie Happy Hour (B) 7:00 Movie & Popcorn (T) Visiting Library Delivery Day Pool Booking 10am-12pm	18 1:30 Men's Billiards & Beer (GR) 1-2pm Blood Pressure Clinic with Sheby (T) 2:00 Call Me Kate on Netflix (T) 3:00 Cards & Games (GR) 7:00 Movie (T)

More Active Living choices on the next page



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19 1:00 Krafty Knitters (CR) 2:00 Euchre (A) 7:00 Worship Service (SC) 7:00 TV Series (T) Cranium Crunches Pick up in the Lobby	20 Wear Caribbean Attire 10:30 Bus Trip to Loblaws/LCBO/Banks (L) 10:30 Qi Gong with Kim (G) 1:45 Mobility 1st (CR) 2:00 Cribbage (A) 2:00 Carribean Music with Johnny Pebble (B) 3:15 VON Exercise (G) 6:45 Bingo (CR)	21 Wear Pink 10:00 Exercise with Emily (P) 10:30 Bus Trip to Cherryhill (L) 11-12 Tuck Shop (L) 1:00 Billiards (GR) 1:00 Water Walking with Emily (P) 2:00 Pink Bake Sale Breast Cancer Fundraiser (B) 7:00 Poker (GR) 7:00 Movie (T) Times TBD - Vaccination Consent Signing (CR)	22 10:00 Java Music Club (A) 11:30 Bus Trip to Peppermoon for Lunch & Appleland Station (L) 1:00 Bridge Club (CR) 1:30 TEP – Level 1 (G) 2:00 TEP – Level 2 (G) 2:30 TEP – Level 3 (G) 3:00 Bible Study with JP & Wendy (SC) 7:00 Movie (T)	23 9:30 VON Exercise (G) 9:30/10:30/11:30 Limo Trips to White Oaks Mall (L) 10:30 Swimfit with Michelle (P) 1:00 Billiards (GR) 1:00 Fit Minds (CR) 1:30 New Resident Orientation (PDR) 2:30 Giant Crossword (CR) 6:45 Bingo (CR)	24 10:30 Fun & Fitness with Ashley (G) 1:00 Bridge Club (<u>in the GR</u>) 1:00 Flower Arranging (CR) 1:00 Ladies Billiards & Beer (GR) 2:30 Pumpkin Painting with Ashley (CR) 7:00 Movie & Popcorn (T)	25 10:00 Bus Trip to Petrolia for Lunch & to see Big Band Benefit Bash (\$) (L) 1:30 Men’s Billiards & Beer (GR) 2:00 Suzanne Sings (B) 3:00 Cards & Games (GR) 7:00 Movie (T)
26 OPEN HOUSE 1:00 Krafty Knitters (CR) 2:00 Euchre (A) 7:00 Worship Service (SC) 7:00 TV Series (T) Farmers Market 1-4pm in the Lobby	27 10:30 Drumfit with Michelle (G) 11:45 Bus Trip to the Dawghouse for Lunch (L) 2:00 Cribbage (A) 2:30 Toonie Happy Hour (B) 3:15 VON Exercise (G) 6:45 Bingo (CR) Vendor Visit 11-2 Suzanne M Jewellery	28 10:00 Exercise with Emily (G) 11-12 Tuck Shop (L) 1:00 Billiards (GR) 2:00 Halloween Fun Bingo (B) 7:00 Poker (GR) 7:00 Movie (T)	29 Wear Orange & Black 10:00 Bus Trip Sign Ups (CR) 11:00 Exercise with Michelle (G) 1:00 Bridge Club (CR) 2:00 Tara & Dean Sing (B) 3:00 Bible Study with JP & Wendy (SC) 7:00 Bus Trip to See Halloween Home Displays (T) 2-4pm Club Room Booking	30 9:30 VON Exercise (G) 9:30/10:30/11:30 Limo Trips to Shoppers & Remark (L) 10:30 Swimfit with Michelle (P) 1:00 Billiards (GR) 1:00 Fit Minds (CR) 2:00 Traci Kennedy Sings (B) 6:45 Bingo (CR)	31 Halloween <i>Wear a Costume</i> 9:30/10:30/11:30 Limo Trips to No Frills & Dollarama (L) 10:30 Exercise with Ashley (G) 1:00 Bridge Club (CR) 1:00 Ladies Billiards & Orange Beer (GR) 2:00 Halloween Party (L) 7:00 Halloween Movie & Popcorn (T)	CALENDAR LEGEND Sign up Required Special Programs Outings Technology*
						ROOM LEGEND A - Alcove B - Bistro CR - Club Room G - Gym GR - Games Room L - Lobby LIB - Library P - Pool SC - Spiritual Centre T – Theatre PDR – Private Dining Room